A New Treatment for a More Attractive Neck and Chin

Kybella®, the first and only FDA-approved injectable medication for dissolving submental fatty tissue ("double chin"), became available in June 2015. The Kimberly and Eric J. Waldman Department of Dermatology was a key center for clinical trials of the new treatment.

Lead investigator Heidi A. Waldorf, MD, Director of Laser and Cosmetic Dermatology at the Mount Sinai Doctors Faculty Practice, was one of the first physicians to use Kybella®, and she now teaches physicians around the world how to perform the nonsurgical procedure.

The active ingredient in Kybella® is deoxycholic acid, a synthetic bile salt that breaks down fat. At present, Kybella® is indicated only for fat under the chin, but according to Dr. Waldorf, part of the excitement surrounding this technique is that it has been used successfully for focal areas of fat elsewhere on the body and may be approved for such use in the future.

Before treating the neck area, the physician must...
The Kimberly and Eric J. Waldman Department of Dermatology is pleased to welcome new and established patients to the East 85th Street Mount Sinai Skin and Laser Center, our brand new state-of-the-art facility at 234 East 85th Street, between Second and Third Avenues in Manhattan. This modern outpatient building has been thoughtfully designed for optimal patient services in primary care disciplines and specialties such as dermatology.

Director Julide T. Celebi, MD, points out that the Center occupies seven thousand square feet—the entire fifth floor—and is equipped with the most modern technology for all dermatological care, skin surgery, and cosmetic procedures. “Our board certified dermatologists are experts who practice a comprehensive approach to every condition that affects the skin. We are proud of our mission of excellence in patient care,” said Dr. Celebi.

The Icahn School of Medicine at Mount Sinai takes pride in the world-class faculty members who care for patients at this location: Dr. Celebi, Vice Chair of the Department of Dermatology; Hooman Khorasani, MD, Director, Division of Dermatologic and Cosmetic Surgery; Annette Czernik, MD, Clinical Director, Dermatology Faculty Practice; and Lisa Anthony, MD, Director, Dermatology Faculty Practice at Brooklyn Heights.

The Center features a comfortable reception area.

To make an appointment, please call 212-241-9728 or 212-731-3311, or book online at www.MountSinaiDermatology.com.
in chemistry and biology. He served in the United States Navy Medical Corps during World War II, from 1943 to 1945. After the war, he attended the New York University (NYU) College of Medicine, where he was elected to the Alpha Omega Alpha Honor Medical Society. As a top medical student, he was accepted to the dermatology training program at NYU’s Skin and Cancer Hospital, where he was a resident physician from 1950 to 1953.

After completing his residency in dermatology, Dr. Orentreich joined the practice of Dr. Abner Kurtin on Fifth Avenue. Together they advanced the technique of wire-brush dermabrasion that Dr. Kurtin invented. After Dr. Kurtin’s death in 1956, Dr. Orentreich established the Orentreich Medical Group at 909 Fifth Avenue.

His accomplishments brought him to the attention of cosmetics magnate Leonard Lauder, son of Estée Lauder, and Vogue Beauty Editor Carol Phillips. Collaborating with Lauder and Phillips, Dr. Orentreich created the popular Clinique™ line of cosmetics and skin care products. In the 1970s, Dr. Orentreich invented the Buf-Puf™, a synthetic exfoliating sponge for treating acne and maintaining healthy skin.

Over the decades, the Orentreich Medical Group has provided expert care to a vast number of patients, including some of the world’s most celebrated dignitaries and artists. Two of Dr. Orentreich’s children, David and Catherine, are dermatologists who practice in the medical group he founded. Dr. Orentreich’s life-long interest in biomedical research inspired him to establish the Orentreich Foundation for the Advancement of Science in 1961, located in Cold Spring-on-Hudson, New York.

“Mount Sinai dermatology is deeply grateful to the Orentreich family. Their gift enables us to appoint an outstanding physician-scientist as the Norman Orentreich Professor while at the same time honoring a hero of our specialty,” said Mark G. Lebwohl, MD, Sol and Clara Kest Professor and Chair of the Department.

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evaluate the patient to confirm that the fullness is composed of fatty tissue and not another anatomical structure, such as an enlarged thyroid gland. Each treatment consists of tiny injections spaced about one-half inch apart. The number of treatment sessions depends on the amount of fat to be treated. Patients usually require two to four sessions at six-to eight-week intervals to reach their goals (see photos).

After treatment, patients may experience tenderness and swelling, which can last several weeks but tend to be less pronounced with successive treatments. Results are seen in about four to six weeks and appear to be long-lasting. Dr. Waldorf and other Mount Sinai dermatologists offer Kybella® therapy at the Mount Sinai Doctors Faculty Practice. In most cases, treatment can begin on the same day as a patient’s initial consultation.
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Where to find a Mount Sinai Dermatologist

Mount Sinai Doctors Faculty Practice

5 East 98th Street
5th Floor, New York, NY 10029

638 Columbus Avenue
New York, NY 10024

234 East 85th Street
5th Floor, New York, NY 10028

300 Cadman Plaza West
17th Floor, Brooklyn Heights, NY 11201

495 Central Park Avenue
Suite 305, Scarsdale, NY 10583
(Pediatric Dermatology only)

Appointments for the above locations:
(212) 241-9728 or (212) 731-3311
www.MountSinaiDermatology.com

Mount Sinai Doctors Beth Israel

10 Union Square East at 14th Street Suite 3C
New York, NY 10003
Appointments: (212) 844-8800

Mount Sinai Doctors West

425 West 59th Street, Suite 5C
(Between 9th and 10th Avenues)
New York, NY 10019
Appointments: (212) 523-6003

Mount Sinai Doctors St. Luke’s

1090 Amsterdam Avenue
Suite 11D (Between 113th and West 114th Streets)
New York, NY 10025
Appointments: (212) 523-5898

The Kimberly and Eric J. Waldman Department of Dermatology is one of the largest in the country, with a world-class faculty of nearly 300 dermatologists. You can find our clinical faculty at the locations above and our voluntary faculty members in practices throughout the New York metropolitan area and around the country. Please view our doctors' profiles at: icahn.mssm.edu/dermdocs