In order to provide safe and quality patient care, APRNs not only need to provide evidence-based care, but also disseminate new practices or changes in practice to front line nurses and be mentors to those new to research and evidence-based practice (EBP). Despite the consensus on the necessity of research and EBP, the number of APRNs conducting research and utilizing EBP remains low. The Center for Nursing Research and Education (CNRE) was established to emphasize the importance of research in the advancement of the nursing field and patient care, as well as nursing leadership. The CNRE aims to address the concern that limited relevant research by APRNs is a barrier to research utilization by creating an advanced practice nursing division, whose implementation will be announced during NP week 2013.

The mission of the APRN division is to promote the expansion of nursing and advanced practice nursing nationally and globally through conducting high quality research and promoting new knowledge through the utilization of research. The division seeks to improve patient care through the generation and implementation of evidence-based and innovative practices and establish APRNs as clinical leaders and change agents. The CNRE hopes to foster an environment that promotes EBP provide mentors for novice researchers, and offer educational workshops relating to APRNs. The APRN division seeks to provide a pathway for APNs to improve health care worldwide. For more information contact bonnie.tong@mountsinai.org

Dr Loretta Ford—Guest speaker for NP week

An internationally renowned nursing leader, Dr. Loretta C. Ford has transformed the profession of nursing and made health care more accessible to the general public. In the early 1960s, Dr. Ford discovered that, because of a shortage of primary care physicians in the community, health care for children and families was severely lacking.

In 1965, she partnered with Henry K. Silver, a pediatrician at the University of Colorado Medical Center, to create and implement the first pediatric nurse practitioner model and training program. The program combined clinical care and research to teach nurses to factor in the social, psychological, environmental and economic situations of patients when developing care plans. Today, it is estimated there are 160,000 practicing nurse practitioners in the United States, and close to 9,000 new nurse practitioners are prepared each year at over 325 colleges and universities. Dr Ford will be speaking both on Nov 7 at the announcement of the APRN division of the CRNE and after lunch at the MSH NP Symposium.

Events for NP Week
- 11/7 Announcement of APRN division of CNRE Goldwurm Auditorium, 2pm
- 11/8 Mount Sinai Heart Nurse Practitioner Symposium, New York Academy of Medicine
- 11/13 Celebration Breakfast Sponsored by Dept of Medicine
- 11/14 NP Grand Rounds Goldwurm Auditorium Dr Mary Foley 5-7pm
One out of 6 adults have diabetes and 1 out of 3 adults have hypertension in East Harlem. Brett Ives, a nurse practitioner and certified diabetes educator at the Mount Sinai Diabetes Center, addresses vision health and diabetes for this group with a project called Vision Voice. The Vision Voice project was supported by Dr. Carol Horowitz and the Communities IMPACT Diabetes Center (Funded by Centers for Disease Control and Prevention’s REACH-US Program), based in the Department of Health Policy at the Mount Sinai School of Medicine.

Vision Voice was a qualitative community-based participatory research study. The study sought to understand the needs and experiences of people living with vision loss and diabetes in East Harlem, through a research method called photovoice, which utilizes video or photography to share their stories. In addition, the team created a documentary film, which further developed the narratives of the photovoice participants. The project’s photographs and film depict how vision loss has a significant effect on a person’s independence, safety, diabetes self-management (such as reading medication bottles and food labels) and the overall enjoyment of life.

The result of the project was a multimedia exhibit and discussion forum which sought to raise awareness among community members, community leaders and health care providers about diabetes and vision loss in the local community. According to Ms. Ives, “Vision Voice attempts to channel the power of people’s stories, to present information and raise awareness about diabetes and vision loss in a very relatable format: through pictures. It has and can continue to serve as an educational piece and advocacy tool for patients and communities dealing with high rates of chronic illness.”

Vision Voice has appeared at many East Harlem community-based organizations as well as the Hunter Schools of Social Work and Public Health and is currently on permanent display at the MS Diabetes Center. In addition to local community sites, the film appeared at the 2012 East Harlem International Film Festival and will be screened at the American Public Health Association Annual Film Festival in November 2013.

Mount Sinai well represented at AANP national conference

by Mary Ann Whelan Gales, ANP-BC, DNP

Cardiology Telemetry

The 2013 AANP National Conference, held June 19-23, 2013 at The Venetian, The Palazzo, and Sands Expo and Convention Center in Las Vegas, Nevada was the largest conference in AANP history and by all accounts an outstanding success. This year’s AANP national conference brought Nurse Practitioners from all 50 of the United States and Puerto Rico.

Mount Sinai was well represented by Nurse Practitioner attendees and presenters: Patrick Singh, MSN, ANP-C, inpatient Hematology/Oncology; Jacqueline Chiang, ADS Cardiac Telemetry; and Anne Kudlacik, NP, ADS Cardiac Telemetry. Donald Gardenier, DNP, FNP-BC, AANP Director at Large, had two podium presentations: Hepatitis C: Diagnosis and Management in the New Age of Treatment, and GI Secrets: The Inside Tract on Treating Gastrointestinal Illness in the Primary Care Setting. Alexandra (Sandy) Derevnuk, MEd, FNP-C, Department of Infection

Control Needle stick/BBFE Coordinator and Mariamma Kurian, MS, NP, EHS presented the poster: Three HIV Post-Exposure Prophylaxis Regimens for Health Care Workers. Mary Ann Whelan-Gales, DNP, ADS Cardiac Telemetry presented the poster: Should Metformin be held prior to contrast dye studies in diabetic patients?

The fellows of the American Association of Nurse Practitioners (FAANP) inaugurated 60 new nurse practitioners into its ranks and our own Janet Johnson MA, ACNP, ANP-BC was among them. Congratulations to Janet for this prestigious achievement and all the presenters who enhance the professional practice of NPs or the treatment and education of their patients.
Donald Gardenier DNP, FNP cofounder of IMA Hepatitis C program, AANP board member

Donald Gardenier’s interest in nursing began when he was a Peace Corps volunteer in Paraguay. He noticed that the nurses in his training group were uniquely qualified to do their jobs and had a camaraderie even though they had never worked together.

Fast forward about 10 years to the Pace University combined degree program where he earned his BSN and MS and, after a short stint as a Visiting Nurse, Donald became an FNP and began working at Betances Health Center on the Lower East Side of Manhattan. He came to Mount Sinai in 1999 as a primary care provider, then co-founded the IMA-based hepatitis C program. He completed a clinical hepatology fellowship in 2012 and now divides his time between general medicine and liver disease. In addition to patient care, he has presented and published extensively – most recently for the Texas Nurse Practitioners’ 25th Annual Conference in Houston.

He completed his DNP with the second Mount Sinai/Case Western Reserve cohort in 2009. Donald is currently serving on the board of directors of the American Association of Nurse Practitioners, advocating for full practice authority for NPs nationwide, and is on the editorial board of the Journal for Nurse Practitioners.

Roberto Galeo-Malo MSN, ACNP - new NP in Cardiology ADS Telemetry

Roberto Galao-Malo, a Nurse Practitioner from Spain has recently joined the ADS-telemetry cardiology service. Roberto worked as an ICU RN in Spain, where he received his first Masters degree with a specialization in Mental Health. Several years ago he obtained a grant, which allowed him the opportunity to come to the United States to study and receive his degree as an Acute Care Nurse Practitioner in 2009 from NYU. He eventually returned to Spain but career opportunities for nurses are limited and advanced practice nursing roles are undeveloped. One year ago, he had the opportunity to return to United States.

Working at Mount Sinai Heart is a dream come true for any Spaniard, according to Roberto. Dr. Valentín Fuster, the director of Mount Sinai Heart, is a native of Barcelona and a reputed physician and director of a prominent research institute in Spain. The fame of Mount Sinai Hospital has crossed the ocean.

Roberto loves the many opportunities that exist for nurses in the U.S. According to this humble man, “I just want to continue learning in order to be at the same level as my coworkers, which it is very high!” Roberto also hopes to be able to further his education. His variety of interests range from culture and phenomenology to health care systems comparisons and patient safety.

Rachel Lerner graduated from the University of Maryland, College Park where she developed her own major, a BS in Wellness Advocacy. Rachel then furthered her education at Frontier Nursing University with a MSN in WHNP and is now Board certified. She is a member of Oncology Nursing Society who is currently working toward AOCN certification. Currently, Rachel is employed at the Dubin Breast Center in Breast Surgery since Oct 2011.

As a member of the Public Health Association of NYC and participating on their Advocacy Committee and as member of the Nurse Practitioners of NY (NPNY), she has been involved in Advocacy and Policy. Rachel is the current chair of the A&P committee of the NPNY. She organizes their annual advocacy day in Albany, updates their members at monthly CE meetings and works on current state legislative bills that affect both NP practice and patients. Her goal as A&P Chair is to advocate for meaningful, long sited legislation and work with legislators and their policy team regarding creating and passing such legislation. Examples of bills she has worked on include: prohibiting teens under 16 years from using indoor ultraviolet tanning devices, NPs signing death certificates and NPs practicing to the full extent of their licensure and education.

“Working at Mount Sinai is a dream come true for any Spaniard”

Rachael Lerner MSN, RN, WHNP-BC-Dubin Breast Center

Advocate for Meaningful Legislation

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Democracy is a Participatory Sport
By Janet Johnson, MA, ANP, ACNP, FAANP CardiologyTelemetry

No matter what your political views are, a class with the Washington Health Policy Institute at George Mason University (GMU) is highly recommended. The largest public university in Virginia, GMU offers a five day course on health policy every June, for college credits or thirty four CEUs.

The course provides an overview on the process of health care politics as it relates to delivery and financing in the U.S. The dynamic classroom format combines experienced political professors who are involved in the national arena and guest lecturers who presently work on Capitol Hill in D.C. as “think tanks”.

Topics vary from what happens to a bill after it is passed to Health Information Technology Policy (and we think Epic is complicated!).

The highlight of the course is a unique field experience to Capitol Hill. You can experience sitting in on a hearing of the House Oversight and Government Reform Committee (topic in progress was one on IRS spending), lobby a Representative's staffer about your particular health care policy/bill of interest or even receive a photo op with your favorite Senator. As the most trusted profession, an NP's opinion and their expertise is highly regarded.

So, if your affiliation is red, blue or even purple, consider a political update at GMU. Next class will be held June 1-6, 2014

For more information check their website: chpre.org

Two of the goals of the NP PPC is to provide a forum for communication, and develop and implement a plan to promote and disseminate communication between committee members and other NPs. The idea of the NP Newsletter was born.

The objective of the NP Newsletter is to provide information to all MSH NPs on emerging trends in health systems, practice management, research, and political care issues that affect our practice on a national, state or local level. The Newsletter links NPs together by recognizing outstanding individual or group achievements in either the professional arena, practice settings or in community service.

The goal will be to publish 3 issues a year. Please send any comments or suggestions for articles to the email listed.

Please let us know if any of your colleagues did not receive this Newsletter.