UNITED IN SOLIDARITY
RESOURCE GUIDE

A CATALOG OF PRINT AND SOCIAL MEDIA TO LEARN ABOUT RACISM, PREJUDICE AND BIAS IN AMERICA AS WELL AS CAUSES TO SUPPORT THE FIGHT AGAINST INJUSTICE

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UNITEDINSOLIDARITY.MOUNTSINAI.ORG
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MSHS
DIVERSITY, EQUITY, AND INCLUSION LINKS
Visit these Mount Sinai Health System sites to learn more about diversity, equity, and inclusion efforts across the organization

- **Office for Diversity and Inclusion** - Supports the Mount Sinai Health System in embracing the principles of diversity, equity, and inclusion as key drivers for excellence and innovation for unrivaled healthcare delivery, medical and health education and research. Visit [https://www.mountsinai.org/about/diversity](https://www.mountsinai.org/about/diversity).

- **United in Solidarity** - A platform supported by the Office for Diversity and Inclusion. Supports, connects, and informs the Mount Sinai Health System community by promoting efforts to instill an anti-racist culture and promote anti-racist behaviors across the organization. Visit [https://unitedinsolidarity.mountsinai.org](https://unitedinsolidarity.mountsinai.org).

- **The Patricia S. Levinson Center for Multicultural and Community Affairs** - A unit within the Office for Diversity and Inclusion. Supports students and faculty from backgrounds underrepresented in medicine and science and advances diversity at all levels within the Icahn School of Medicine at Mount Sinai by directing innovative and coordinated approaches in the areas of educational pipeline programs, diversity affairs, school-wide diversity initiatives, and training and education programs focused on the intersection of medicine, science, and social justice through an urban health lens. Visit [https://icahn.mssm.edu/about/diversity/cmca](https://icahn.mssm.edu/about/diversity/cmca).

- **Change Now: Creating a Climate for Change** - A platform supported by the Icahn School of Medicine at Mount Sinai’s Department of Medical Education. Serves to educate and inform faculty, students, trainees, and staff of efforts to foster change and engagement and to help the School achieve lofty and important goals: equity, justice, holistic self-care, and maximizing every student’s potential to contribute to the greater good. The platform is home to the School's Racism and Bias Initiative and Chats for Change. Visit [changenow.icahn.mssm.edu](changenow.icahn.mssm.edu).
• #BlackDisabledLivesMatter by Britney Wilson
• 4 Ways You Can Tackle Racial Discrimination In Your Workplace by Heidi Lynne Kurter
• 103 Things White People Can Do for Racial Justice by Corinne Shutack
• A Survival Guide for Black, Indigenous, and Other Women of Color in Academe by Aisha S. Ahmad
• Addressing Racism and Disparities in the Biomedical Sciences by Uraina S. Clark, PhD and Yasmin L. Hurd, PhD *
• America’s Racial Contract is Killing Us by Adam Serwer
• The answer to police violence is not ‘reform’. It’s defunding. Here’s why by Alex S. Vitale
• Black American Experiences during the Covid-19 Pandemic compiled by Harvard University
  ○ This collection documents the experience of COVID-19 on Black communities in America. Its intention is to create a collective conversation for teaching and learning about the contemporary effects of COVID-19 among Black communities as it is tied to the historical legacy of race in America. The aim is to assist students, faculty and researchers in exploring this topic from multiple perspectives as a place to begin inquiry. As scholarship on COVID-19 is new and emerging, many of the sources are from news sources, journalists, personal narratives, and community town halls.
• Black Disabled Lives Matter by Alison Hayes
• Black Disabled Lives Matter: We Can’t Erase Disability in #BLM by Sarah Kim
• Black Executives Are Sharing Their Experiences of Racism, Many for the First Time by Khadeeja Safdar and Keach Hagey
• Black Lives Matter by Disability Rights Washington
• Black Lives Matter: People with disabilities by Elizabeth Ralston
• Black Trans Lives Matter: 'We’re tired of having to pick sides'
• The Case for Reparations by Ta-Nehisi Coates
• Dear anti-racist allies: Here’s how to respond to Microaggressions
• Dear White People: It is Time for Us to Step Up by Howard Ross
• The Defense of Black Lives Matter Must Include Disability Justice by Andraea LaVant
• Disability is a Hidden Side of the Police Violence Epidemic by S.E. Smith
• Disability Justice is Part of the Fight for Racial Equality by Noelle E. C. Evans
• Disabled, Black and searching for justice by Carolyn Radnofsky and Rima Abdelkader
• Florida Cop Charged with Attempted Manslaughter in Shooting of Autistic Man’s Unarmed Therapist by Daniella Silva

* Dr. Clark and Dr. Hurd are researchers that investigate the neurobiology underlying addiction disorders and related psychiatric illnesses at Mount Sinai.
The History of Black Management reveals an Overlooked Form of Capitalism by Lila MacLellan
How a March for Black Trans Lives Became a Huge Event by Anushka Patil
How Anti-Racism is a Treatment for the ‘Cancer’ of Racism by Amna Nawaz
How to Build an Actively Anti-Racist Company by Jenni Avins
How to Support the Black Trans Lives Matter Movement by Shannon Barbour
How the U.S. Got Its Police Force by Olivia B. Waxman
Myths about physical racial differences were used to justify slavery- and are still believed by doctors today by Linda Villarosa
Never Forget, America’s Mass Lynching: 237 Black Sharecroppers Were Murdered in Arkansas by Rory Linnane
People with Disabilities Lead Hundreds in more Accessible Protest Against Police violence in Milwaukee by Rory Linnane
Police Killings: The price of being disabled and Black in America by David Perry
Queer Pride Is Going Back to Its Protest Roots by Nico Lang
Race and Medicine by the New England Journal of Medicine
Raising White Kids: Bringing Up Children in a Racially Unjust America by Jennifer Harvey
Resources for White People to Learn and Talk About Race and Racism by Nicola Carpenter
Talking About Race – Community Building by the National Museum of African American History and Culture
Talking Race with Young Children by NPR
The Toll of Police Violence on Disabled Americans by Dominic Bradley and Sarah Katz
They Were Raised to be 'Colorblind' but Now More White Parents Are Learning to Talk About Race by Caitlin Gibson
Trauma, Resilience and #BlackLivesMatter: How do Racism and Trauma Intersect in Social Media Conversations? by Lori Dorfman
The Uses of Anger: Women Responding to Racism by Audre Lorde
We Can't Breathe: The Deaf & Disabled Margin of Police Brutality Project by the National Council on Independent Living
What it Really Means to be an Anti-Racist, and Why it's Not the Same as Being an Ally by Hillary Hoffower
What We Get Wrong About ‘People of Color’ by Jason Parham
When Feminism is White Supremacy in Heels by Rachel Elizabeth Cargle
Who Gets to be Afraid in America? by Ibram X. Kendi
Why Seeing Yourself Represented on Screen Is So Important by Kimberly Lawson
Your Kids Aren't Too Young to Talk About Race – A Resource Roundup by Pretty Good
BLACK-OWNED BUSINESS
**Black-Owned Restaurants**

**New York City**

**Harlem**

**New York**

- BedStuyFly
  - BedStuyFly offers graphic tees, hats, jackets, and sweats for men and women and has stores in Bed-Stuy and Williamsburg.

- Body Space Fitness
  - Instead of fitness fads that promise fast results, the trainers at Body Space Fitness (whether in group classes, private, or semi-private training sessions) emphasize serious, functional fitness — think kettlebell and TRX exercises, and pushing weighted sleds across a turf floor — that'll make you stronger. They're offering virtual one-on-one training during the pandemic.

- Sister's Uptown Bookstore
  - Sister's Uptown has been serving Washington Heights for 20 years, opened and operated by Janifer Wilson and her daughter Kori. They sell their books online, via oneKin, and recently put together a “Consciousness Reading Book Guide” on Instagram.

- Yam
  - Yam is a handcrafted, Astoria-based jewelry line founded by Morgan Thomas. The pieces are lovely and the kind of thing you’d want to wear every day. There are delicate gold and pearl necklaces, gold-chain bracelets, and a pair of thick triangular hoops that can be spotted on Lizzo in the “Good as Hell” music video.

**Please note that we are currently compiling an extensive list of businesses in the tri-state area and will update the resource guide accordingly.**

**For more Black-Owned Businesses in New York City and across the country, check out** [New York Magazine](https://www.newyorkmagazine.com)
BOOKS
• **#HashtagActivism** by Sarah J. Jackson, Moya Bailey, Brooke Foucault Welles
  - In this book, Sarah Jackson, Moya Bailey, and Brooke Foucault Welles explore how and why Twitter has become an important platform for historically disenfranchised populations, including Black Americans, women, and transgender people. They show how marginalized groups, long excluded from elite media spaces, have used Twitter hashtags to advance counternarratives, preempt political spin, and build diverse networks of dissent. The authors describe how such hashtags as #MeToo, #SurvivorPrivilege, and #WhyIStayed have challenged the conventional understanding of gendered violence; examine the voices and narratives of Black feminism enabled by #FastTailedGirls, #YouOKSis, and #SayHerName; and explore the creation and use of #GirlsLikeUs, a network of transgender women. They investigate the digital signatures of the "new civil rights movement"--the online activism, storytelling, and strategy-building that set the stage for #BlackLivesMatter--and recount the spread of racial justice hashtags after the killing of Michael Brown in Ferguson, Missouri, and other high-profile incidents of killings by police. Finally, they consider hashtag created by allies, including #AllMenCan and #CrimingWhileWhite.

• **Americanah** by Chimamanda Ngozi Adichie
  - Ifemelu and Obinze are young and in love when they depart military-ruled Nigeria for the West. Beautiful, self-assured Ifemelu heads for America, where despite her academic success, she is forced to grapple with what it means to be black for the first time. Quiet, thoughtful Obinze had hoped to join her, but with post-9/11 America closed to him, he instead plunges into a dangerous, undocumented life in London. Fifteen years later, they reunite in a newly democratic Nigeria, and reignite their passion—for each other and for their homeland.

• **April 4, 1968: Martin Luther King Jr.'s Death and How It Changed America** by Michael Eric Dyson
  - On April 4, 1968, at 6:01 PM Martin Luther King, Jr. was shot and fatally wounded. Only hours earlier King ended his final speech with the words, “I may not get there with you, but I want you to know tonight, that we as a people will get to the Promised Land.” Dyson investigates the ways African-Americans have made it to the "Promised Land," while shining a bright light on the ways the nation has faltered in the quest for racial justice. He also probes the virtues and flaws of charismatic black leadership that has followed in King's wake, from Jesse Jackson to Barack Obama.

• **Are Prisons Obsolete?** by Angela Y. Davis
  - Davis expertly argues how social movements transformed these social, political and cultural institutions, and made such practices untenable. American life is replete with abolition movements, and when they were engaged in these struggles, their chances of success seemed almost unthinkable. The entrenched system of racial segregation seemed to last forever, and brutal, exploitative convict-lease system that succeeded formal slavery reaped millions to southern jurisdictions.
• The Autobiography of Malcolm X: As Told to Alex Haley by Malcolm X and Alex Haley
  ○ Malcolm X, the Muslim leader, firebrand, and anti-integrationist, tells the extraordinary
    story of his life and the growth of the Black Muslim movement. His fascinating
    perspective on the lies and limitations of the American Dream, and the inherent racism
    in a society that denies its nonwhite citizens the opportunity to dream, gives
    extraordinary insight into the most urgent issues of our own time.

• Be Anti-racist: A Journal for Awareness, Reflection, and Action by Ibram X. Kendi
  ○ Be Antiracist helps you reflect on topics such as body, power, class, gender, and policy,
    as well as specific questions like, "Who or what scares you the most when you think
    about race?" and "How can we go about disconnecting Blackness from criminality?" and
    "What constitutes an American to you?" Kendi's multipronged approach to self-reflection
    will challenge you to make change in yourself and your community, and contribute to an
    antiracist future.

• Between the World and Me by Ta-Nehisi Coates
  ○ Ta-Nehisi Coates offers a powerful new framework for understanding our nation's
    history and current crisis. Americans have built an empire on the idea of “race,” a
    falsehood that damages us all but falls most heavily on the bodies of black women and
    men—bodies exploited through slavery and segregation, and, today, threatened, locked
    up, and murdered out of all proportion.

• Backlash: What Happens When We Talk Honestly about Racism in America by George Yancy
  ○ Yancy challenges white Americans to rise above the vitriol and to develop a new empathy
    for the African American experience.

• Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think and Do by Jennifer
  L. Eberhardt, PhD
  ○ With a perspective that is at once scientific, investigative, and informed by personal
    experience, Eberhardt offers us the language and courage we need to face one of the
    biggest and most troubling issues of our time. She exposes racial bias at all levels of
    society—in our neighborhoods, schools, workplaces, and criminal justice system. Yet she
    also offers us tools to address it. Eberhardt shows us how we can be vulnerable to bias
    but not doomed to live under its grip. Racial bias is a problem that we all have a role to
    play in solving.

• The Black Campus Movement: Black Students and the Racial Reconstitution of Higher
  ○ This book provides the first national study of this intense and challenging struggle which
    disrupted and refashioned institutions in almost every state. It also illuminates the
    context for one of the most transformative educational movements in American history
    through a history of black higher education and black student activism before 1965.
• **Black Fatigue: How Racism Erodes the Mind, Body, and Spirit** by Mary Frances Winters
  - This book defines and explores Black fatigue, the intergenerational impact of systemic racism on the physical and psychological health of Black people—and explain why and how society needs to collectively do more to combat its pernicious effects

• **Black Stats: African Americans by the Numbers in the Twenty-first Century** by Monica W. Morris
  - Black Stats—a comprehensive guide filled with contemporary facts and figures on African Americans—is an essential reference for anyone attempting to fathom the complex state of our nation. With fascinating and often surprising information on everything from incarceration rates, lending practices, and the arts to marriage, voting habits, and green jobs, the contextualized material in this book will better attune readers to telling trends while challenging commonly held, yet often misguided, perceptions.

• **Blindspot: Hidden Bias of Good People** by Mahzarin R. Banaji and Anthony G. Greenwald
  - In Blindspot, the authors reveal hidden biases based on their experience with the Implicit Association Test, a method that has revolutionized the way scientists learn about the human mind and that gives us a glimpse into what lies within the metaphoric blindspot. The title's “good people” are those of us who strive to align our behavior with our intentions. The aim is to explain the science to help people achieve that alignment.

• **The Bluest Eye** by Toni Morrison
  - Pecola Breedlove, a young black girl, prays every day for beauty. Mocked by other children for the dark skin, curly hair, and brown eyes, she yearns for normalcy, for the blond hair and blue eyes that she believes will allow her to finally fit in. Yet as her dream grows more fervent, her life slowly starts to disintegrate in the face of adversity and strife. A powerful examination of our obsession with beauty and conformity, asks powerful questions about race, class, and gender with the subtlety and grace.

• **Brainwashed: Challenging the Myth of Black Inferiority** by Tom Burrell
  - In this powerful examination, the masterful marketing of black inferiority Burrell poses 10 provocative questions that will make black people look in the mirror and ask why, nearly 150 years after the Emancipation Proclamation, so many blacks still think like slaves. Brainwashed is a call to deprogram ourselves of self-defeating attitudes and actions. Racism is not the issue; how we respond to racism is the issue.

• **Brown Is the New White: How the Demographic Revolution Has Created a New American Majority** by Steve Phillips
  - This book exposes how far behind the curve Democrats are in investing in communities of color—while illuminating a path forward to seize the opportunity created by the demographic revolution.
- **Chokehold** by Paul Butler
  - Cops, politicians, and ordinary people are afraid of black men. The result is the Chokehold: laws and practices that treat every African American man like a thug. Chokehold powerfully demonstrates why current efforts to reform law enforcement will not create lasting change. Butler's controversial recommendations are sure to be game-changers in the national debate about policing, criminal justice, and race relations.

- **Climb: Taking Every Step with Conviction, Courage, and Calculated Risk to Achieve a Thriving Career and a Successful Life** by Michelle Gadsden-Williams
  - Gadsden-Williams combines her inspirational life story with pragmatic solutions to address problems facing women in corporate America, offering a professional playbook for tackling today's most pressing workplace issues.

- **The Color of Law: Forgotten History of How Our Government Segregated America** by Richard Rothstein
  - Richard Rothstein, a leading authority on housing policy, explodes the myth that America's cities came to be racially divided through de facto segregation—that is, through individual prejudices, income differences, or the actions of private institutions like banks and real estate agencies. Rather, The Color of Law incontrovertibly makes clear that it was de jure segregation—the laws and policy decisions passed by local, state, and federal governments—that actually promoted the current discriminatory patterns.

- **Digital Dead End: Fighting for Social Justice in the Information Age** by Virginia Eubanks
  - The realities of the high-tech global economy for women and families in the United States. The idea that technology will pave the road to prosperity has been promoted through both boom and bust. Today we are told that universal broadband access, high-tech jobs, and cutting-edge science will pull us out of our current economic downturn and move us toward social and economic equality. In Digital Dead End, Virginia Eubanks argues that to believe this is to engage in a kind of magical thinking: a technological utopia will come about simply because we want it to. This vision of the miraculous power of high-tech development is driven by flawed assumptions about race, class, and gender. The realities of the information age are more complicated, particularly for poor and working-class women and families. For them, information technology can be both a tool of liberation and a means of oppression. Eubanks describes a new approach to creating a broadly inclusive and empowering "technology for people," popular technology, which entails shifting the focus from teaching technical skill to nurturing critical technological citizenship, building resources for learning, and fostering social movement.

- **Dying of Whiteness: How the Politics of Racial Resentment is Killing America’s Heartland** by Jonathan M. Metzl
  - With the rise of the Tea Party and the election of Donald Trump, many middle- and lower-income white Americans threw their support behind conservative politicians who pledged to make life great again for people like them. But the right-wing policies that resulted from this white backlash put these voters' very health at risk—and in the end, threaten everyone's well-being.
• **The Fire Next Time** by James Baldwin
  - At once a powerful evocation of James Baldwin's early life in Harlem and a disturbing examination of the consequences of racial injustice, the book is an intensely personal and provocative document from the iconic author of *If Beale Street Could Talk* and *Go Tell It on the Mountain*. It consists of two "letters," written on the occasion of the centennial of the Emancipation Proclamation, that exhort Americans, both black and white, to attack the terrible legacy of racism.

• **The Fire This Time** by Jesmyn Ward
  - Jesmyn Ward gathers a new generation of writers and thinkers to speak on race. From Claudia Rankine to Rachel Kaadzi Ghansah, Jericho Brown to Carol Anderson, these voices shine a light on the darkest corners of American history, wrestle with the struggles the country faces today and imagine a better future.

• **Flatlining: Race, Work, and Health Care in the New Economy** by Aida Harvey Wingfield
  - In *Flatlining*, Adia Harvey Wingfield exposes how hospitals, clinics, and other institutions participate in “racial outsourcing,” relying heavily on black doctors, nurses, technicians, and physician assistants to do “equity work”—extra labor that makes organizations and their services more accessible to communities of color. Wingfield argues that as these organizations become more profit driven, they come to depend on black health care professionals to perform equity work to serve increasingly diverse constituencies. Yet black workers often do this labor without recognition, compensation, or support. Wingfield makes plain the challenges that black employees must overcome and reveals the complicated issues of inequality in today’s workplaces and communities.

• **Full Dissidence: Notes from an Uneven Playing Field** by Howard Bryant
  - In a time when authoritarianism is creeping into our lives and is being embraced in our politics, *Full Dissidence* will make us question the strength of the bonds we think we have with our fellow citizens, and it shows us why we must break from the malignant behaviors that have become normalized in everyday life.

• **Have Black Lives Ever Mattered?** by Mumia Abu-Jamal
  - Mumia gives voice to the many people of color who have fallen to police bullets or racist abuse, and offers the post-Ferguson generation advice on how to address police abuse in the United States. Applying a personal, historical, and political lens, he provides a righteously angry and calmly principled radical black perspective on how racist violence is tearing our country apart and what must be done to turn things around.

• **How to be an Antiracist** by Ibram X. Kendi
  - Ibram X. Kendi’s concept of antiracism reenergizes and reshapes the conversation about racial justice in America— but even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. Instead of working with the policies and system we have in place, Kendi asks us to think about what an antiracist society might look like, and how we can play an active role in building it.
• **I’m Still Here** by Austin Channing Brown
  - Austin Channing Brown’s first encounter with a racialized America came at age seven, when she discovered her parents named her Austin to deceive future employers into thinking she was a white man. Growing up in majority-white schools and churches, Austin writes, “I had to learn what it means to love blackness,” a journey that led to a lifetime spent navigating America’s racial divide as a writer, speaker, and expert helping organizations practice genuine inclusion.

• **Just Medicine: A Cure for Racial Inequality in American Health Care** by Dayna Bowen Matthew
  - Over 84,000 black and brown lives are needlessly lost each year due to health disparities: the unfair, unjust, and avoidable differences between the quality and quantity of health care provided to Americans who are members of racial and ethnic minorities and care provided to whites. Health disparities have remained stubbornly entrenched in the American health care system—and in Just Medicine Dayna Bowen Matthew finds that they principally arise from unconscious racial and ethnic biases held by physicians, institutional providers, and their patients.

• **Killing The Black Body Race, Reproduction, and the meaning of Liberty** by Dorothy Roberts
  - In 1997, this groundbreaking book made a powerful entrance into the national conversation on race. In a media landscape dominated by racially biased images of welfare queens and crack babies, this book exposed America’s systemic abuse of Black women’s bodies. These abuses pointed to the degradation of Black motherhood—and the exclusion of Black women’s reproductive needs in mainstream agendas.

• **Me and White Supremacy** by Layla F. Saad
  - This book is all about teaching white people how to understand their privilege, dismantle it and to stop using it to inflict damage on people of color, even unintentionally.

• **Medical Apartheid** by Harriet Washington
  - Medical Apartheid is the first and only comprehensive history of medical experimentation on African Americans. Starting with the earliest encounters between black Americans and Western medical researchers and the racist pseudoscience that resulted, it details the ways both slaves and freedmen were used in hospitals for experiments conducted without their knowledge—a tradition that continues today within some black populations.

• **Mindful of Race: Transforming Racism from the Inside Out** by Ruth King
  - Drawing on her expertise as a meditation teacher and diversity consultant, King helps readers of all backgrounds examine with fresh eyes the complexity of racial identity and the dynamics of oppression. She offers guided instructions on how to work with our own role in the story of race and shows us how to cultivate a culture of care to come to a place of greater clarity and compassion.

• **My Grandmother’s Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies** by Resmaa Menakem
  - In this groundbreaking book, therapist Resmaa Menakem examines the damage caused by racism in America from the perspective of trauma and body-centered psychology.
- **Narrative of the Life of Frederick Douglass** by Frederick Douglass
  - Born a slave in 1818 on a plantation in Maryland, Douglass taught himself to read and write. In 1845, seven years after escaping to the North, he published Narrative, the first of three autobiographies. This book calmly but dramatically recounts the horrors and the accomplishments of his early years—the daily, casual brutality of the white masters; his efforts to educate himself; his decision to find freedom or die; and his successful escape.

- **Nashville Hustle: Create and Orchestrate** by Marcus Whitney
  - Marcus Whitney offers his story, philosophy and wisdom on capturing one's creative power through entrepreneurship. Once a college dropout who waited tables to take care of his family of four, Marcus taught himself how to code, then start businesses, then create things no one thought possible: from becoming an owner of a professional soccer team to being a founding venture capitalist of the most active healthcare venture fund.

- **The New Jim Crow: Mass Incarceration in the Age of Colorblindness** by Michelle Alexander
  - By targeting black men through the War on Drugs and decimating communities of color, the U.S. criminal justice system functions as a contemporary system of racial control—relegating millions to a permanent second-class status—even as it formally adheres to the principle of colorblindness. In the words of Benjamin Todd Jealous, president and CEO of the NAACP, this book is a "call to action."

- **The Next American Revolution: Sustainable Activism for the Twenty-First Century** by Grace Lee Boggs
  - From her home in Detroit, Boggs reveals how hope and creativity are overcoming despair and decay within the most devastated urban communities. Her book is a manifesto for creating alternative modes of work, politics, and human interaction that will collectively constitute the next American Revolution—which is unraveling before our eyes.

- **Opportunity Denied: Limiting Black Women to Devalued Work** by Enobong Branch
  - This book is comprehensive look at changes in race, gender, and women's work across time, comparing the labor force experiences of Black women to White women, Black men and White men. Branch merges empirical data with rich historical detail, offering an original overview of the evolution of Black women's work.

- **Policing the Black Man: Arrest, Prosecution, and Imprisonment** by Angela J. Davis
  - This book explores and critiques the many ways the criminal justice system impacts the lives of African American boys and men at every stage of the criminal process, from arrest through sentencing. Essays range from an explication of the historical roots of racism in the criminal justice system to an examination of modern-day police killings of unarmed black men.
• **Question Behind the Question** by John G. Miller
  ○ This remarkable and timely book provides a practical method for putting personal accountability into daily actions, with astonishing results: problems are solved, internal barriers come down, service improves, teams thrive, and people adapt to change more quickly. QBQ! is an invaluable resource for anyone seeking to learn, grow, and change. Using this tool, each of us can add tremendous worth to our organizations and to our lives by eliminating blame, victim-thinking, and procrastination.

• **Race Talk and the Conspiracy of Silence: Understanding and Facilitating Difficult Dialogues on Race** by Derald Wing Sue
  ○ If you believe that talking about race is impolite, or that "colorblindness" is the preferred approach, you must read this book. Race Talk and the Conspiracy of Silence debunks the most pervasive myths using evidence, easy-to-understand examples, and practical tools.

• **The Racial Healing Handbook Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing** by Anneliese A. Singh
  ○ A powerful and practical guide to help you navigate racism, challenge privilege, manage stress and trauma, and begin to heal.

• **Redefining Realness: My Path to Womanhood, Identity, Love & So Much More** by Janet Mock
  ○ Janet Mock establishes herself as a resounding and inspirational voice for the transgender community—and anyone fighting to define themselves on their own terms. With unflinching honesty and moving prose, Janet Mock relays her experiences of growing up young, multiracial, poor, and trans in America, offering readers accessible language while imparting vital insight about the unique challenges and vulnerabilities of a marginalized and misunderstood population.

• **Road Map for Revolutionaries** by Elisa Camahort Page, Carolyn Gerin and Jamia Wilson
  ○ A direct, snappy guidebook on engaging in effective day-today activism and advocacy at all levels that uses checklists, interviews, and case studies to showcase the tools for making the changes you want to see in society and government.

• **So You Want to Talk About Race** by Ijeoma Oluo
  ○ A contemporary, accessible take on the racial landscape in America, addressing head-on such issues as privilege, police brutality, intersectionality, microaggressions, the Black Lives Matter movement, and the “N” word. Perfectly positioned to bridge the gap between people of color and white Americans struggling with race complexities, Oluo answers the questions readers don’t dare ask, and explains the concepts that continue to elude everyday Americans.

• **Social Movements** by Paul Almeida
  ○ Social Movements cleverly translates the art of collective action and mobilization by excluded groups to facilitate understanding social change from below. Students learn the core components of social movements, the theory and methods used to study them, and the conditions under which they can lead to political and social transformation.
- **Stamped From The Beginning** by Ibram X. Kendi
  - Kendi chronicles the entire story of anti-Black racist ideas and their staggering power over the course of American history. Stamped from the Beginning uses the life stories of five major American intellectuals to offer a window into the contentious debates between assimilationists and segregationists and between racists and antiracists. Kendi shows how and why some of our leading proslavery and pro-civil rights thinkers have challenged or helped cement racist ideas in America.

- **Stamped: Racism, Antiracism, and You: A Remix of the National Book Award–winning Stamped from the Beginning** by Ibram X. Kendi and Jason Reynolds
  - The construct of race has always been used to gain and keep power, to create dynamics that separate and silence. This remarkable reimagining of Dr. Ibram X. Kendi’s Stamped from the Beginning reveals the history of racist ideas in America, and inspires hope for an antiracist future.

- **Sundown Towns: A Hidden Dimension of American Racism** by James W. Loewen
  - In this groundbreaking work, Loewen brings to light decades of hidden racial exclusion in America. This is a provocative, sweeping analysis of American residential patterns that uncovers the thousands of “sundown towns”—almost exclusively white towns where it was an unspoken rule that blacks could not live there—that cropped up throughout the twentieth century, most of them located outside of the South.

- **Taking up Space** by Chelsea Kwakye and Ore Ogunbiyi
  - As a minority in a predominantly white institution, taking up space is an act of resistance. Recent Cambridge grads Chelsea and Ore experienced this first-hand and wrote this book as a guide and a manifesto for change.

- **Tears We Cannot Stop: A Sermon to White America** by Michael Eric Dyson
  - A provocative and deeply personal call for change. Dyson argues that if we are to make real racial progress we must face difficult truths, including being honest about how black grievance has been ignored, dismissed, or discounted.

- **Technology, Activism, and Social Justice** by John G. McNutt
  - Technology, Activism, and Social Justice in a Digital Age offers a close look at both the present nature and future prospects for social change. In particular, the text explores the cutting edge of technology and social change, while discussing developments in social media, civic technology, and leaderless organizations - as well as more traditional approaches to social change. It effectively assembles a rich variety of perspectives to the issue of technology and social change; the featured authors are academics and practitioners (representing both new voices and experienced researchers) who share a common devotion to a future that is just, fair, and supportive of human potential.

- **The Underground Railroad** by Colson Whitehead
  - Novel depicts situations that were actually happening for Black people in America. The novel is about a slave called Cora and her journey to escape slavery.
• **The Warmth of Other Suns: The Epic Story of America's Great Migration** by Isabel Wilkerson  
  - Chronicles of one of the great untold stories of American history: the decades-long migration of black citizens who fled the South for northern and western cities, in search of a better life.

• **We Can’t Breathe: On Black Lives, White Lies, and the Art of Survival** by Jabari Asim  
  - Jabari Asim disrupts what Toni Morrison has exposed as the "Master Narrative" and replaces it with a story of black survival and persistence through art and community in the face of centuries of racism. In eight wide-ranging and penetrating essays, he explores such topics as the twisted legacy of jokes and falsehoods in black life; the importance of black fathers and community; the significance of black writers and stories; and the beauty and pain of the black body.

• **When They Call You a Terrorist – A Black Lives Matter Memoir** by Patrisse Khan-Cullors and Asha Bandele  
  - Gut-wrenching and powerful memoir of the prejudice and persecution so many Black Americans experience at the hands of law enforcement. White people have become so desensitized to seeing Black lives snuffed out on their mobile phones that they are often unable to connect the dots to see that each person had loved ones, desires, relationships, quirks and dreams. It draws our attention not only to statistics and atrocities committed against Black Americans, but also to the humanity of those whose lives were taken.

• **Whistling Vivaldi** by Claude Steele  
  - Claude M. Steele offers a vivid first-person account of the research that supports his groundbreaking conclusions on stereotypes and identity. He sheds new light on American social phenomena from racial and gender gaps in test scores to the belief in the superior athletic prowess of black men, and lays out a plan for mitigating these “stereotype threats” and reshaping American identities.

• **White Awake** by Daniel Hill  
  - In this compelling and timely book, Hill shows you the seven stages to expect on your own path to cultural awakening. It’s crucial to understand both personal and social realities in the areas of race, culture, and identity. This book will give you a new perspective on being white and also empower you to be an agent of reconciliation in our increasingly diverse and divided world.

• **White Fragility: Why It’s So Hard for White People to Talk About Racism** by Robin DiAngelo  
  - The book is about the reactions white people have when they are called out for their racism. It also looks into how we can move beyond just telling people off on Instagram for obvious racism and actually start to look at the practical granular level in which we can all change our behavior.
• **White Like Me: Reflections on Race from a Privileged Son** by Tim Wise
  ○ Using stories from his own life, Tim Wise examines what it really means to be white in a nation created to benefit people who are “white like him.” This inherent racism is not only real, but disproportionately burdens people of color and makes progressive social change less likely to occur. Explaining in clear and convincing language why it is in everyone’s best interest to fight racial inequality, Wise offers ways in which white people can challenge these unjust privileges, resist white supremacy and racism, and ultimately help to ensure the country’s personal and collective well-being.

• **White Rage: The Unspoken Truth of Our Racial Divide** by Carol Anderson
  ○ From the end of the Civil War to our combustible present, an acclaimed historian reframes the conversation about race, chronicling the powerful forces opposed to Black progress in America.

• **Why Are All the Black Kids Sitting Together in the Cafeteria?** by Beverly Daniel Tatum, PhD
  ○ Walk into any racially mixed high school and you will see black, white, and Latino youth clustered in their own groups. Is this self-segregation a problem to address or a coping strategy? Tatum argues that straight talk about our racial identities is essential if we are serious about enabling communication across racial and ethnic divides. These topics have become more urgent as the conversation about race is increasingly acrimonious.

• **Why I No Longer Talk to White People about Race** by Reni Eddo-Loge
  ○ Using research, personal experience, and firsthand interviews, the author details what it means to be black in Britain, especially in a theoretical post racial society. She clearly outlines the history of oppression in her country by examining systemic racism, white privilege, feminism, immigration, race and class, social justice, and more. Of note is the review of intersectionality in feminism and the difficulties of understanding feminism without considering class and race as part of the struggle. This informative work challenges readers to study the patterns of racism and how it has unwittingly upheld societies.

• **Without Sanctuary: Lynching Photography in America** by James Allen
  ○ The Tuskegee Institute records the lynching of 3,436 blacks between 1882 and 1950. This is probably a small percentage of these murders, which were seldom reported, and led to the creation of the NAACP in 1909, an organization dedicated to passing federal anti-lynching laws. Through all this terror and carnage someone—many times a professional photographer—carried a camera and took pictures of the events. These images are some of photography's most brutal, surviving to this day so that we may now look back on the terrorism unleashed on America's African-American community and perhaps know our history and ourselves better.

• **Women, Race & Class** by Angela Y. Davis
  ○ A powerful study of the women's liberation movement in the U.S., from abolitionist days to the present, that demonstrates how it has always been hampered by the racist and classist biases of its leaders.
CHILDREN'S BOOKS
• **The ABC's of Diversity, Helping Kids (and Ourselves!) Embrace Our Differences** by Carolyn B. Helsel and Y. Joy Haris-Smith
  ○ Learn the language of diversity and raise kids who respect differences and honor similarities. The ABCs of Diversity equips parents, teachers, and community leaders to have intergenerational and intercultural conversations about the differences between us.

• **Antiracist Baby** by Ibram X. Kendi
  ○ This picture book that empowers parents and children to uproot racism in our society and in ourselves, and help readers recognize and reflect on bias in their daily lives.

• **Hair Love** by Matthew A. Cherry
  ○ Zuri's hair has a mind of its own. It kinks, coils, and curls every which way. Zuri knows it's beautiful. When Daddy steps in to style it for an extra special occasion, he has a lot to learn. But he LOVES his Zuri, and he'll do anything to make her — and her hair — happy.

• **Last Stop on Market Street** by Matt de la Pena
  ○ Every Sunday after church, CJ and his grandma ride the bus across town. But today, CJ wonders why they don't own a car like his friend Colby. Why doesn't he have an iPod like the boys on the bus? How come they always have to get off in the dirty part of town? Each question is met with an encouraging answer from grandma, who helps him see the beauty—and fun—in their routine and the world around them.

• **Malcolm Little: The Boy Who Grew Up to Become Malcolm X** by Ilyasah Shabazz
  ○ Malcolm X grew to be one of America's most influential figures. But first, he was a boy named Malcolm Little. Written by his daughter, this inspiring picture book biography celebrates a vision of freedom and justice. Bolstered by the love and wisdom of his large, warm family, young Malcolm Little was a natural born leader.

• **Saturday** by Oge Mora
  ○ A mother and daughter look forward to their special Saturday routine together every single week. But this Saturday, one thing after another goes wrong—ruining story time, salon time, picnic time, and the puppet show they'd been looking forward to going to all week. Mom is nearing a meltdown...until her loving daughter reminds her that being together is the most important thing of all.

• **Something Happened in Our Town: A Child's Story about Racial Injustice** by Marianne Celano, Marietta Collins, Ann Hazzard and Jennifer Zivoin
  ○ This book follows two families — one White, one Black — as they discuss a police shooting of a Black man in their community. The story aims to answer children's questions about such traumatic events, and to help children identify and counter racial injustice in their own lives.

• **Whoosh! Lonnie Johnson's Super-Soaking Stream of Inventions** by Done Tate and Chris Barton
  ○ Young Lonnie Johnson had a love for rockets, robots, and inventions and a mind for creativity. Growing up in a full house, Lonnie developed persistence and a passion for problem solving, which became the cornerstone for a career as an engineer and led his most memorable invention, the Super Soaker water gun.
DOCUMENTARIES
• **13th – Netflix**
  ○ In this thought-provoking documentary, scholars, activists and politicians analyze the criminalization of African Americans and the U.S prison boom.

• **#BlackLivesMatter – Amazon Prime**
  ○ Following Obama’s inauguration in 2009, many Americans predicted the end of racial inequality in the US. But as black communities continue to be torn apart by violence, America remains a divided country. Taking cues from their forefathers in the 1950s, a new generation of civil rights activists has emerged from the bloodshed, determined to have their voices heard in the fight for racial equality.

• **Becoming – Netflix**
  ○ Join former first lady Michelle Obama in an intimate documentary looking at her life, hopes and connection with others as she tours with "Becoming."

• **The Black Godfather – Netflix**
  ○ This documentary follows the life of Clarence Avant, the ultimate, uncensored mentor and behind-the-scenes rainmaker in music, film, TV and politics.

• **Black Is, Black Ain’t – Vimeo**
  ○ The film directly addresses sexism and homophobia within the black community, with snippets of misogynistic and anti-gay slurs from popular hip-hop songs juxtaposed with interviews with African-American intellectuals and political theorists. The filmmaker, Marlon Riggs, was working on this film as he died from AIDS-related issues in 1994; he addresses the camera from his hospital bed in several scenes.

• **Disclosure: Trans Lives on Screen – Netflix**
  ○ The film follows an in-depth look at Hollywood's depiction of transgender people and the impact of their stories on transgender lives and American culture.

• **LA 92 – Netflix**
  ○ Stark footage traces decades of police brutality and public uprising leading up to the 1992 acquittal of four LAPD officers filmed beating Rodney King.

• **Let It Fall: Los Angeles 1982 - 1992 – Netflix**
  ○ This documentary chronicles simmering tension and broken trust between L.A.'s Black community and police in the decade before the Rodney King riots.
• **A New Color: The Art of Being Edythe Boone** – Amazon Prime  
  Muralist Edythe Boone uses buildings as canvasses to raise awareness about the ongoing and necessary struggles for racial justice and gender equality.

• **Rest in Power: The Trayvon Martin Story** – Amazon Prime  
  A Florida jury on July 13, 2013, acquitted neighborhood watch volunteer George Zimmerman of fatally shooting Trayvon Martin, a hoodie-wearing unarmed black teenager, during an angry confrontation in a gated community on a rainy night. Just over five years later, the resonance from that tragedy has become deeper and more painful. The new six-part documentary is an extensive examination of the shooting that also places it in the context of the prickly national discourse over race.

• **Race Wars** – Vimeo  
  This film is intended to clear up many misconceptions about the system of racism/white supremacy recently. There are representatives of the new and old school thoughts of white supremacy, Richard Spencer and Jared Taylor, expressing their views on the direction their movement must head. You’ll also get a critical analysis of the race war, getting perspectives from people like former LAPD officer Brian Bentley, civil rights attorney Lee Merritt, and many more.

• **Time: The Kalief Browder Story** – Netflix  
  This series traces the tragic case of Kalief Browder, a Bronx teen who spent three horrific years in jail, despite never being convicted of a crime.

• **The Talk – Race In America** – Amazon Prime  
  This film documents the increasingly common conversation taking place in homes across the country between parents of color and their children, especially sons, about how to behave if they are ever stopped by the police.

• **Trial 4** – Netflix  
  Charged as a teen in the 1993 killing of a Boston cop, Sean K. Ellis fights to prove his innocence while exposing police corruption and systemic racism.

• **The Uncomfortable Truth** – Amazon Prime  
  When the son of Civil Rights Hero, Joan Trumpauer Mulholland, dives into the 400 year history of institutional racism in America he is confronted with the shocking reality that his family helped start it all from the very beginning. A comprehensive and insightful exploration of the origins and history of racism in America told through a very personal and honest story.
• United Shades of America - CNN
  ○ Comic and political provocateur W. Kamau Bell travels to the far corners of America to explore race-based subcultures. Using humor to soften his experiences, Bell willingly subjects himself to awkward situations -- like attending a cross-burning, hate-mongering Ku Klux Klan session -- to demonstrate "the many diverse and colorful definitions of America," CNN says.

• Wilmington On Fire - Amazon Prime
  ○ This film features rare photographs, original research, and testimonies from historians and descendants uncover a shocking event that marked a turning point in the politics of the post-Reconstruction South.

• What Happened, Miss Simone? - Netflix
  ○ Using never-before-heard recordings, rare archival footage and her best-known songs, this is the story of legendary singer and activist Nina Simone.

• Whose Street? - Hulu
  ○ Told by the activists and leaders who live and breathe this movement for justice, Whose Streets? is an unflinching look at the Ferguson uprising. When unarmed teenager Michael Brown is killed by police and left lying in the street for hours, it marks a breaking point for the residents of St. Louis, Missouri. Grief, long-standing racial tensions and renewed anger bring residents together to hold vigil and protest this latest tragedy. Empowered parents, artists, and teachers from around the country come together as freedom fighters. As the National Guard descends on Ferguson with military grade weaponry, these young community members become the torchbearers of a new resistance. Filmmakers Sabaah Folayan and Damon Davis know this story because they are the story. Whose Streets? is a powerful battle cry from a generation fighting, not for their civil rights, but for the right to live.
FILMS
• **All Day and A Night** - Netflix  
  ○ While serving life in prison, a young man looks back at the people, the circumstances and the system that set him on the path toward his crime.

• **American Son** - Netflix  
  ○ Time passes and tension mounts in a Florida police station as an estranged interracial couple awaits news of their missing teenage son.

• **Barry** - Netflix  
  ○ A young Barack Obama forges his identity while dealing with race, divergent cultures and ordinary life as a New York City college student.

• **Black Panther** - Disney+  
  ○ Marvel Studios’ “Black Panther” follows T’Challa who, after the death of his father, the King of Wakanda, returns home to the isolated, technologically advanced African nation to succeed to the throne and take his rightful place as king. But when a powerful old enemy reappears, T’Challa's mettle as king—and Black Panther—is tested when he is drawn into a formidable conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, the young king must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people and their way of life.

• **Fruitvale Station** - Netflix  
  ○ This dramatic rendering of a real-life tragedy recounts the final hours of Oscar Grant, shot by San Francisco transit police on New Year's Day, 2009.

• **I AM NOT YOUR NEGRO** – Netflix  
  ○ A journey into black history that connects the Civil Rights movement to #BlackLiveMatter. It questions black representation in Hollywood and beyond.

• **Imperial Dreams** - Netflix  
  ○ A young father returns home from jail eager to care for his son and become a writer, but crime, poverty and a flawed system threaten his plans.

• **If Beale St Could Talk** – Hulu  
  ○ A young woman embraces her pregnancy while she and her family set out to prove her childhood friend and love innocent of a crime he didn't commit.

• **Just Mercy** - Amazon Prime  
  ○ The racial bias in this country’s criminal justice system cannot be denied. In Just Mercy, a defense attorney working to appeal the wrongful conviction of Walter McMillian, a Black man who was sentenced to death for a crime he did not commit.
• **Loving** - HBO Go
  ○ Loving is a biographical film about Richard and Mildred Loving, a couple who were arrested for their interracial marriage in 1958. Their Supreme Court case was a landmark decision that resulted in the end of laws banning interracial marriage, and this movie shows the powerful impact of standing up and fighting for what you believe in.

• **Marshall** - Amazon Prime
  ○ This biographical legal drama shows Thurgood Marshall as a defense attorney for Joseph Spell, who was wrongly accused of raping a white woman. Marshall would later go on to change history by becoming the first Black Supreme Court Justice.

• **Miss Virginia** - Netflix
  ○ Determined to give her son a private school education, a single mother in Washington, D.C., exhausts her resources to affect change in the system.

• **Moonlight** - Netflix
  ○ In this acclaimed coming-of-age drama, a young man who grows up poor, Black and gay in a rough Miami neighborhood tries to find his place in the world.

• **Queen & Slim** - Amazon Prime
  ○ While on a forgettable first date together in Ohio, a black man and a black woman, are pulled over for a minor traffic infraction. The situation escalates, with sudden and tragic results, when the man kills the police officer in self-defense. Terrified and in fear for their lives, the man and the woman are forced to go on the run. But the incident is captured on video and goes viral, and the couple unwittingly become a symbol of trauma, terror, grief and pain for people across the country.

• **ReMastered: The Two Killings of Sam Cooke** - Netflix
  ○ While Sam Cooke rose to stardom as a soul singer, his outspoken views on civil rights drew attention that may have contributed to his death at age 33.

• **Selma** – Amazon Prime
  ○ A chronicle of Martin Luther King, Jr.’s campaign to secure equal voting rights via an epic march from Selma to Montgomery, Alabama, in 1965.

• **The Hate U Give** – HBO
  ○ Starr Carter is constantly switching between two worlds: the poor, mostly black, neighborhood where she lives and the rich, mostly white, prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Now, facing pressures from all sides of the community, Starr must find her voice and stand up for what’s right.
• **New York Times’ 1619**
  ○ The past is never the past, and we can never forget this country's foundation of subjugating Black people and people of color. This podcast is part of an extensive New York Times project offering insight into the four centuries since American slavery began and the legacy that continues to plague Black Americans.

• **About Race with Reni Eddo-Lodge**
  ○ Featuring key voices from the last few decades of anti-racist activism, About Race with Reni Eddo-Lodge looks at the recent history that lead to the politics of today.

• **Afropunk Solution Sessions**
  ○ There are times when simply calling out a problem is no longer enough – you have to fix it. AFROPUNK SOLUTION SESSIONS bring other people with the tools, the experience and the resolve to solve the issues facing our community. An event-based platform and content series SOLUTION SESSIONS engages social activities, experts, and entrepreneurs.

• **All My Relations**
  ○ Before and during the enslavement and exploitation of Black Americans, there was the genocide of Native Americans. We were forced to work stolen land, and it's important that racial justice conversations begin with that lens. If America cared about indigenous lives, Officer Chauvin—one of six officers who killed Wayne Reyes, a Native American man—would've never been in a position to kill George Floyd almost 14 years later.

• **The Appeal’s Justice in America**
  ○ A core component of institutionalized racism is the way Black people are criminalized and incarcerated on a mass scale. Hear from experts on the frontlines of criminal justice reform about how to embrace alternatives to policing and incarceration.

• **Awesomely Luvvie**
  ○ Luvvie Ajayi is an award-winning writer and 16-year blogging veteran known for her razor-sharp wit, and her take on all things pop culture, race, media, and technology. She passes on lessons and side-eyes on life, social media, culture and fame, addressing those terrible friends we all have to serious discussions of race and media representation to what to do about your fool cousin sharing casket pictures from Grandma’s wake on Facebook.

• **Beyond Prisons**
  ○ Now more than ever, Americans are considering prison abolition as the only meaningful systemic change when it comes to our racist criminal justice system. But for those unfamiliar with the theory, it feels like anarchy. This podcast explores the possibilities in divesting from policing and prisons and reinvesting those resources in other spheres.
• **Dirty Diversity** by Janice Z. Gassam
  - Dirty Diversity is a podcast hosted by Janice Z. Gassam on all things diversity, equity, and inclusion in and out of the workplace.

• **The Diversity Gap** by Bethaney Wilkinson
  - When it comes to diversity, good intentions are only the beginning. Join Bethaney Wilkinson as she explores the gap between good intentions and good impact as it relates to diversity, inclusion and equity. We'll be learning from thought leaders, authors, creatives and more about the diversity gaps in society and culture.

• **Ear Hustle**
  - Incarcerated people are people first, and it's important we never lose sight of their humanity. This podcast provides insight into the lived reality of incarceration and what redemption and restorative justice could look like—straight from those directly impacted.

• **The Element of Inclusion** by Dr. Jonathan Ashong-Lamptey
  - Using a compelling blend of case studies, cutting-edge research and global perspectives, Jonathan's original insights help business leaders to build inclusive organizations where everyone belongs and everyone performs.

• **Equal Justice Initiative** Lynching in America Confronting the Legacy of Racial Terror
  - Legacy matters. It's important for us to see police and white supremacist violence as part of the legacy of lynching and slavery. Then, we'll realize racism never went away—it evolved. Bryan Stevenson and the EJI team explain the historical context behind these moments to reveal just how deeply rooted the problem is.

• **The #GroundingsPodcast**
  - Historical context is essential when joining social justice work. We are all adding bricks to an existing foundation and knowing what that foundation is—and the lessons already learned—prevents us from repeating mistakes. The Groundings podcast provides well-researched episodes exploring moments in social justice history from a decolonial lens.

• **The Heart: Race Traitor**
  - Phoebe's been white her entire life. But she only realized a few years ago that she inherited a white value system. Through conversations with friends and confrontations with family, she takes inventory of the ways she embodies white supremacy — in order to disrupt it.

• **Humanity Archive: Ida B. Wells: No More Lynching**
  - Ida B. Wells Barnett is a fierce and anti-lynching crusader. With her towering courage, she has a place as one of histories most uncompromising leaders and greatest defenders of democracy. Ida B. Wells used the power of investigative journalism to bring the darkness of lynching into the light. She refused to be silent about Jim Crow. Refused to be silent about American terrorism. Refused to be silent about the failings of democracy.
• **Intersectionality Matters** with Kimberle Crenshaw
  - Intersectionality has become a mainstream buzzword in recent years, but for many, it's used out of context. Learn from the Black scholar and activist who coined the term about what intersectionality looks like in practice and how to continue the fight for justice for Black women.

• **Into America: Into Black Trans Liberation**
  - Black trans women have been central to the movement for gay rights and the fight for racial justice since their inceptions. But they have always been sidelined by the very movements they helped create. Black Trans women continue to face high rates of violence, poverty and suicide and are often the victims of misogyny and white supremacy.

• **The Michelle Obama Podcast**
  - The Michelle Obama Podcast features the former First Lady diving deep into conversations with loved ones—family, friends, and colleagues—on the relationships in our lives that make us who we are.

• **Momentum: A Race Forward Podcast**
  - Co-hosts Chevon and Hiba give their unique takes on race and pop culture, and uplift narratives of hope, struggle, and joy, as we continue to build the momentum needed to advance racial justice in our policies, institutions, and culture. Build on your racial justice lens and get inspired to drive action by learning from organizational leaders and community activists.

• **Nice White Parents**
  - We know American public schools do not guarantee each child an equal education. Two decades of school reform initiatives have not changed that. But when Chana Joffe-Walt, a reporter, looked at inequality in education, she saw that most reforms focused on who schools were failing: Black and brown kids. But what about who the schools are serving? In this five-part series, she turns her attention to what is arguably the most powerful force in our schools: White parents.

• **The Nod**
  - The Nod tells the stories of Black life that don't get told anywhere else. Our show ranges from an explanation of purple drink's association with Black culture to the story of an interracial drag troupe that traveled the nation in the 1940s.

• **NPR's Code Switch**
  - Racism is omnipresent in American society, and until we name it, we can't address it. Code Switch shines a light on the pervasive nature of racism, from language and workplace culture to social norms. First, we identify the problems, then we work to dismantle them.
• **NPR's White Lies**
  ○ In 1965, Rev. James Reeb was murdered in Selma, Alabama. Three men were tried and acquitted, but no one was ever held to account. Fifty years later, two journalists from Alabama return to the city where it happened, expose the lies that kept the murder from being solved and uncover a story about guilt and memory that says as much about America today as it does about the past.

• **Pod for the Cause**
  ○ From the courts to immigration, we're seeing unprecedented attacks on the values we hold near and dear. At Pod for the Cause, we're going to tackle these issues and more. Our friends in the movement will be stopping by to have these conversations, and they promise to be real, straightforward and honest. This podcast was created for those of you wanting to effect change, who understand the importance of restoring our democracy and want to engage in deep conversation around the issues.

• **Pod Save The People**
  ○ Organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with fellow activists Brittany Packnett Cunningham and Sam Sinyangwe, and writer Dr. Clint Smith. They offer a unique take on the news, with a special focus on overlooked stories and topics that often impact people of color.

• **Radical Imagination** by Angela Glover Blackwell
  ○ I wouldn't be an activist if I didn't offer you solutions to reflect on. So much of the problems we face in American society stem from a fear of starting over. But dismantling systems of oppression altogether, and replacing them with radical imagination, is precisely what we need to disrupt the centuries-old cycle.

• **reWorked: The Diversity and Inclusion Podcast** by Rachael Wilson
  ○ Rachael Wilson speaks to leaders in diversity and inclusion, discussing best practice and wellbeing tips. Learn how you can rework your company culture to make it more inclusive. Brought to you by EW Group - we have 27 years of expertise in unconscious bias training and inclusive leadership.

• **Road to Resilience: Rewrite Your Script** by Lynne D. Richardson, MD *
  ○ Dr. Richardson is an emergency medicine physician and renowned health equity researcher. On this episode, she talks about how rewriting society's "script" helped her build resilience, and explains why she's hopeful that COVID-19 and the Black Lives Matter movement will lead to progress on healthcare inequities.

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* Dr. Richardson is Co-Director of the Institute for Health Equity Research, Professor, and Vice Chair for Academic, Research, and Community Programs, Icahn School of Medicine at Mount Sinai.
- **Scene on Radio**
  - Emphasizes and provides rich information that is directly relevant to our continued conversations about and fight against racism; I wanted to share that I have been learning enormous amounts about civil rights and racism from it.

- **The Stakes**
  - From democracy to healthcare, from pop culture to the environment, The Stakes is working to understand why we live the way we do—and why it matters. Because if we can better understand the society we've got, maybe we can figure out how to create one that works for more people.

- **The Shine Brighter Together Podcast**
  - A place where we share the challenges, complexities and sheer joy of building healthy relationships and doing the heart work for Black liberation. You can expect to hear solo episodes by Monique Melton who is an anti-racism educator, international speaker and published author and creator of the Shine Brighter Together community. And guest episodes with people from different walks of life sharing diverse perspectives on relationships and diversity.

- **The United States of Anxiety**
  - The United States of Anxiety is a show about the unfinished business of our history and its grip on our future. Many of the political and social arguments we’re having now started in the aftermath of the Civil War, when Americans set out to do something no one had tried before: build the world’s first multiracial democracy. The podcast gives voters the context to understand what’s at stake in this election.
TV AND STREAMING SERIES
- **#blackAF** - Netflix
  - Kenya Barris and his family navigate relationships, race and culture while grappling with their newfound success in this comedy series.

- **Black-ish** - ABC
  - A more straightforward, explanatory series about race that follows an upper-middle-class black family living in a predominantly white neighborhood navigating microaggressions from fellow neighbors, colleagues and friends.

- **Dear White People** – Netflix
  - Students of color navigate the daily slights and slippery politics of live at an Ivy League college that's not nearly as “post-racial” as it thinks.

- **Luke Cage** - Netflix
  - The Marvel TV series that deals with issues that the Black community has faced over the years and why it is people do what they do.

- **Pose** - Netflix
  - This series is about New York City's African-American and Latino LGBTQ and gender-nonconforming ballroom culture scene in the 1980s and, in the second season, early 1990s. Featured characters are dancers and models who compete for trophies and recognition in this underground culture, and who support one another in a network of chosen families known as Houses.

- **Self Made Inspired by the Life of Madam C.J. Walker** - Netflix
  - An African American washerwoman rises from poverty to build a beauty empire and become the first female self-made millionaire. Based on a true story.

- **Seven Seconds** - Netflix
  - This limited series is a realistic portrayal of police brutality. We've all witnessed how tensions grow between communities after an act of injustice, and it's no different in this show about citizens' outrage after a cop brutally injures a Black teen.

- **The Wire** - Amazon Prime
  - A police series that tackles themes like drug wars and the education system.

- **Watchmen** - HBO (cable)
  - The superhero comics series was adapted into a politically-relevant drama about race and the criminal justice system.

- **When They See Us** - Netflix
  - A miniseries that tells the story of the Central Park Five. It is based on events of the April 19, 1989, Central Park jogger case and explores the lives of the five young Black and Latinx suspects who were prosecuted on charges related to the sexual assault of a female victim, and of their families.

- **Who Killed Malcolm X?** - Netflix
  - Decades after the assassination of African American leader Malcolm X, an activist embarks on a complex mission seeking truth in the name of justice.
YOUTUBE
• 5 Tips for Being an Ally by Franchesca Ramsey
• A Conversation with Jason Reynolds and Ibram X Kendi by Build by Yahoo!
• Ballroom Vogue Houses March at NYC Black Trans Lives Matter Protest by NYT News
• Black Trans* Lives Matter by D-L Stewart at TEDxCSU
• Black Trans Lives Movement Demands Visibility As Support Fills The Street by Business Insider
• Bloomberg and The Legacy of Stop-and-Frisk - Between the Scenes by Trevor Noah and The Daily Show
• "Blue Eyes/Brown Eyes" Anti-Racism Exercise by Jane Elliott
• Coming to Terms With Racism’s Inertia: Ancestral Accountability by Rachel Cargle at TEDxBend
• Creating A More Equitable Society Is In White Americans' Self Interest by Dr. Ibram X. Kendi
• Getting Into Trouble to Fight Injustice - John Lewis Extended Interview by The Daily Show
• Highlights from a Conversation with President Obama about Reimagining Policing by the Obama Foundation
• How Can We Win by Kimberly Jones
• How My Coloring Book Taught Me About Racism by Tiffany Bowden at TEDxCincinnati
• How to Be a Good Ally - Identity, Privilege, Resistance by Ahsante the Artist
• Implicit Bias -- How it Effects us and how we Push Through by Melanie Funchess at TEDxFLOURCity
• Is My Skin Brown Because I Drank Chocolate Milk by Beverly Daniel Tatum at TEDxStanford
• It's OK To Be Black by Jac Ross
• Laverne Cox on SCOTUS decisions, Black Trans Lives Matter by Associated Press
• Let's get to the root of racial injustice by Megan Ming Francis at TEDxRainier
• Let's talk about RACE and how to be an ALLY by Jo Franco
• My Black Year by Maggie Anderson at TEDxGrandRapids
• Policing in America needs to change. Trust me, I’m a cop by Renee Mitchell at TEDxOxbridge
• The Difference between being "Not Racist" and Antiracist by Ibram X. Kendi
• Uncomfortable Conversations with a Black Man by Emmanuel Acho
• We all have implicit biases. So what can we do about it? by Dushaw Hockett at TEDxMidAtlanticSalon
• What if white people led the charge to end racism? by Nita Mosby Tyler at TEDxMileHigh
• 'White Fragility' Discussion by Robyn DiAngelo, PhD
WAYS TO SUPPORT AND DONATE
14 Black-Led LGBTQ+ Organizations to Donate To Right Now

“All of Us”
- A research program from the National Institute of Health (NIH). It is seeking one million or more people from across the U.S. to help speed up medical research. People who join will share information about their health, habits, and what it’s like where they live. By looking for patterns, researchers will learn more about what affects people’s health.

The Bail Project
- Their mission is to combat mass incarceration and reshape the pretrial system in the United States. 100% of online donations are used to bring people home. Since bail money comes back to us when cases close, we're able to recycle every dollar donated at least twice per year. Help post bail for people who can't afford it.

Campaign Zero
- Over 1,000 people are killed by police every year in America. We are calling on local, state, and federal lawmakers to take immediate action to adopt data-driven policy solutions to end this violence and hold police accountable.

Change.org
- Getting signatures for petitions has become much easier since the 21st century. Change.org allows people around the world to add their name and make a difference. Petitions to get justice for George Floyd and Breonna Taylor are available on the website and ready to sign with a click of a button.

Color of Change
- Help people respond effectively to injustice in the world around us. They move decision-makers in corporations and government to create a more human and less hostile world for Black people in America.

Know Your Rights Camp

Obama Foundation
- Whether you've been a part of this community from the start, or you're just getting started, you belong here. With your support, we can build a Presidential Center that will revitalize the South Side of Chicago, unite a new generation of leaders to move us forward, and work together to change history once more.

Reclaim Pride Coalition

Rock the Vote
- A nonpartisan nonprofit dedicated to building the political power of young people.

Swing Left
- Resources to support the movement for racial justice and further your own anti-racist work. No single action is a solution, but we can all start here.

For more ways to support the cause, check out the Smithsonian Magazine

IMPORTANT NOTE: While national organizations are great places to donate, some feel that you can make a larger impact by donating to smaller local groups and individuals. Your contribution can assist the need immediately and promote the fight for a more equitable world.