



Mount
Sinai
Queens

AUGUST 2018

Free Health & Wellness Events

To register and for more information on events and presenters, **click an event below**, or call **800-YOUR-MDS** (800-968-7637).

Follow Us



Circle
the date
Aug 7
5 – 8 pm



Tues

7

Gentle Yoga
11 am & noon
National Night Out
Against Crime
5 – 8 pm

Wed

14

Gentle Yoga
11 am & noon

15

Breast Health
Screening
and Education
5 – 7 pm

Thurs

9

Weight Loss
Surgery Works
6 pm



For a physician referral
or to make an appointment
call **718-808-7777** or visit
mountsinai.org/MSQAppt

National Night Out Against Crime

Mount Sinai Queens is proud to participate in National Night Out Against Crime. Unite with our community, various organizations, and local police against crime and receive safety and health tips. Free blood pressure screenings.

War-Memorial, Astoria Park South Shore Boulevard, Astoria, 11102