#### THE MOUNT SINAI HOSPITAL DEPARTMENT OF NURSING

# MAGNET NEWSLETTER

May 6, 2018

#### Magnet<sup>®</sup> Model



As shown in the image above, the Magnet<sup>®</sup> Model has five components.

- Transformational leadership: Visionary leadership that transforms the organization to meet changing needs
   Structural empowerment: Engaged staff with influential leadership that is prepared to meet current and fu-
- ture challenges of healthcare delivery

   Exemplary professional practice: Competent, dedicated nurses who apply their knowledge to achieve their professional best
- New knowledge, innovations, & improvements: Continued innovation that improves staff knowledge,
- clinical practice, and systemic excellence • Empirical outcomes: System-wide measurement of quality outcomes related to nursing leadership and clinical practice that demonstrates continuous im-

provement

### Inside this issue:

Nursing Engagement Survey	I
MSQ Activities	2
MSH Activities	3
MSQ Awards	4
MSH Awards	4
Keynote	6
Nursing Excellence	7
Live On NY	8



Mount Sinai Health System is committed to supporting a professional practice environment. Nursing staff within a professional practice environment advance nursing practice through continuous lifelong education and professional development. They advocate and protect patients by including best nursing practice standards and evidence based nursing care. ultimately delivering exceptional patient outcomes.

Mount Sinai Health System is conducting a Nurse Engagement Survey between May 14<sup>th</sup> and June 05<sup>th</sup>,



2018. Registered professional nurses employed at Mount Sinai for more than six (6) months are invited to participate in this brief survey.

The purpose of the Nurse Engagement Survey is to evaluate our professional practice environment. Magnet® designated facilities are required to continuously evaluate and improve the professional practice environment and these results will be included in our next ANCC Mag-

## Nursing Engagement Survey:

Mount Sinai

Hospital

Your Voice Matters

net® Re-designation Process. This survey is completely confidential and only aggregated data will be reported.

Nursing leadership are committed to using your insights to continue to understand the unique concerns of our nurses, build patientcentered culture that reduces stress and support strategies to attract and retain our valued nurses to achieve top levels of performance. Please complete the survey. Your voice counts!



Nurse's Week 2018

#### Mount Sinai Queens Schedule of Activities

MAGNET NEWSLETTER

### WE BUILD BRIDGES TO

PATIENTS | FAMILIES | CARE TEAM MEMBERS | THE COMMUNITY

#### NURSES WEEK 2018 | MAY 6-12

#### Nurses Week Events & Festivities Hosted by:

Jill Goldstein, MA, MS, RN Deputy Chief Nursing Officer and Vice President and Nursing Leadership Council Cordially invites all Department of Nursing staff members to attend the following events. Check out and tag @MountSinaiNurse @MountSinaiQueens #MSHNURSES #MSQNURSES

#### MONDAY MAY 7

Nurses Week Breakfast Celebration 7:00 AM - 9:00 AM | Administrative Conference Room

Nurses Week Luncheon Celebration 12:00 Noon - 2:00 PM | Administrative Conference Room

Nursing Leadership Gratitude Rounds Fran Cartwright, PhD, RN-BC, AOCN, Chief Nursing Officer 12:30 PM - 2:00 PM Springtime Treats on the individual units to recognize and give thanks!

#### TUESDAY MAY 8

Nurse Leaders Power Brunch with Nursing Leadership Council 10:00 AM - 11:30 AM | Crescent Kitchen, Diner on 30<sup>th</sup> Avenue

"Care for Self" Massage Therapy 10:00 AM-6:00 PM | Administrative Conference Room

#### Keynote Address

Judith <u>Vessex</u> PhD, CRNP, MBA, FAAN "Promoting Psychological Safety-Improving Patient Care" 12:00 PM 25-20 30<sup>th</sup> Avenue; 4<sup>th</sup> Floor Conference Room (Live Stream)

#### WEDNESDAY MAY 9 Excellence in Nursing Practice Awards

Building Bridges with Communities in Need A celebration of Mount Sinai Nurses who have volunteered to assist communities around the globe. 2:30 PM-3:30 PM | Administrative. Conference Room Light Reception to Follow

"Care for Self" Massage Therapy 11:00 PM-3:00 AM | Administrative Conference Room

#### THURSDAY MAY 10

Ice Cream Social Ice Cream treats & Raffle Prizes on the individual units to recognize and give thanks! 2:00 PM - 4:00 PM

#### "Care for Self" Massage Therapy 11:00 PM - 3:00 AM Administrative Conference Room A celebration of Mount Sinai Nurses who have

Light Reception to Follow
"Midnight" Social
Brown Bag Treat & Raffle Prizes on the individual units to recognize and give thanks! 12:00 Midnight

#### FRIDAY MAY 11 "Care for Self" Massage Therapy 11:00 AM-3:00 PM | Administrative Conference Room







#### The Mount Sinai Hospital Schedule of Activities

# WE BUILD BRIDGES TO



### NURSES WEEK 2018 | MAY 6-12

#### Nurses Week Events & Festivities:

Fran Cartwright, PhD, RN-BC, AOCN, Chief Nursing Officer along with the Nurse Recognition Committee cordially invites all Department of Nursing staff members to attend the following events.

Tag #MSHNURSES

## MONDAY MAY 7

Nurses Week Breakfast 6:00 AM - 9:00 AM | Annenberg West Lobby

22<sup>nd</sup> Annual Poster Session "Building Bridges Using Relationship Centered Care" Guggenheim Pavilion Atrium

## TUESDAY MAY 8

#### **Keynote Address**

Judith Vessey PhD, CRNP, MBA, FAAN "Promoting Psychological Safety-Improving Patient Care" 12:00 PM | Stern Auditorium Light Reception to Follow



## WEDNESDAY MAY 9

Board of Trustees 37th Annual

Excellence in Nursing Practice Awards 11:00 AM | Davis Auditorium Luncheon to follow



## THURSDAY MAY 10

Springtime Treats Nursing Leadership Rounds on the individual units to recognize and give thanks!

#### Building Bridges with Communities in Need

4:00 PM | Annenberg 12-01 A celebration of Mount Sinai Nurses who have volunteered to assist communities around the globe. Light Reception to Follow

### FRIDAY **MAY 11** Health Smoothie Breakfast and Wellness Event 6:00 AM - 9:00 AM | Guggenheim 7th Floor Atrium





With this year's theme of Building Bridges, the Department of Nursing will donate to three charitable organizations chosen by our nursing staff in lieu of their annual gift. Nurses will be automatically entered into the Wellness Lottery with prizes throughout the week!



#### Mount Sinai Queens Nurse of Distinction Awards



**Nurse Leader:** Evelyn S. Alcontin, DNP, ANP-BC, NP-C, CWOCN

10 Years @ MSQ

Evelyn is consistent in her commitment of elevating the front-line nursing staff wound care clinical practice skills at Mount Sinai Queens Hospital. Evelyn is a true professional role model whose greatest strength is her collaborative nature and passion to life-long learning. She recently completed her Doctorate in Nursing Practice. You're amazing





Nurse of Distinction (O.R.): Barbara Laurentowski, RN, BSN, CNOR

20 Years @ MSQ

Barbara is an Operating Room Nurse since 1998, demonstrating nursing excellence on a daily basis by ensuring that all her patients are safe before, during and after undergoing surgery. Her positive demeanor and wealth of peri-operative knowledge establishes this candidate as a role model for the department as well as her peers. Always supporting the Magnet model she provides encouragement to the staff to participate in group meetings and explains to them that their opinions and suggestions into their own practice make a difference



#### Preceptor (IMCU): Elvira Solis, RN, MSN

#### 12 Years @ $\mathrm{MSQ}$

Elvira embodies qualities of a successful nurse preceptor with proactive interpersonal and communication and teaching skills. Her 12 years of front-line experience enable her to have clear and precise decision-making and problem solving skills. Elvira always goes above and beyond to ensure that not only Novice nurses are successful integrating at MSQ.







#### Novice O.R.: Jasmine Ruiz RN, BSN

#### 2 Years @ MSQ

Jasmin demonstrates her commitment to the Nursing Profession at Mount Sinai Queens daily and has quickly proven her ability to be a strong standing member of the operating room. Her positive mindset, personality and humbleness eases the atmosphere in a stressful environment. Her eagerness to learn and soak up more knowledge and skills encourages others to do the same.

#### PAGE 5

#### The Mount Sinai Hospital Awards



Beth Degen has been a nurse at Mount Sinai for over 10 years. In that time, she has become an extraordinary nurse who truly defines the values of Relationship Centered Care. Beth is well respected and wellliked by her patients and the entire multidisciplinary team.

She portrays competence, professionalism and compassion to her patients. She can consistently be depended on as a team player. Beth has contributed greatly to improving the CTICU for both the patients and the staff. She assisted a team of physicians in revising and updating the CTICU guidelines and protocols. She helped launched and was voted co-chair of the unit based council. She assisted in editing and writing the preceptor packet and more. All of these efforts were put forth with a desire to improve patient care.

Beth has dedicated herself to improving patient experience, educating new staff and collaborating with nursing leadership to build a stronger team on the CTICU. Beth has been instrumental to the success of the CTICU.

## Beth Degen, RN

Clinical Nurse, CSICU Board of Trustees 37th Annual Excellence in Nursing Proctice Award



Danielle Lajour, joined the Mount Sinai Hospital Emergency Department in 2011, immediately after graduating from nursing school. Early on, she realized her passion and became a dedicated Pediatrics Emergency Department nurse. Danielle is a filtere advocate for pediatric patients and their families as she cares for the whole person. She is warm, competent, and engaging. Danielle takes great pride inher work and has proven herself to be a leader in nursing education and patient safety.

When there was an absence, Danielle stepped up to develop an educational curriculum for new hires on their pediatric rotation. She has provided a foundation for pediatric emergency nursing and as a PALS instructor, assisted in unit-based education initiatives. Danielle is a member of the Pediatric Pain Management Committee a Mount Sinai.

In additional to her exemplary leadership, Danielle is highly regarded for her positive attitude and ability to face emergency situations with tack and ease. She is a true team player.

### Danielle Lajoux, BSN, RN

Clinical Nurse, Emergency Department



Lynette Joy Romanovitch has served as the magnet champion on the Traumatic Brain Injury Rehab Unit for several years where she has inspired the team to consistently apply magnet standards. In fact, Joy has organized and developed curriculum for weekly teaching sessions by nurses on the unit.

Joy has proven herself to be a very thorough, insightful and driven nurse. She is meticulous and compassionate in her patient care often catching potential discharge issues before they occur. She is dedicated to academic advancement and co-authored three posters which were presented at the Annual Association of Rehabilitation Medicine conference last fall

Joy is a creative force and a strong leader on the unit, often found mobilizing the nursing team toward a positive

## Lynette Joy Romanovitch, BSN, RN, CRRN

Clinical Nurse, KCC3 Board of Trustees 37<sup>th</sup> Annual Excellence in Nursing Practice Avers



Elizabeth Tortu joined the Mount Sinai family just over one year ago on Guggenheim Pavilion 10 Center, Medicine and Oncology Unit. In this time, she has proven herself to be an indispensable member of the team, a leader, a role model and a well-respected colleague.

Elizabeth has he ability to develop close relationships with patients and strives for excellence in all clinical areas. She has flourished in new roles such as charge nurse and preceptor. She is quick to volunteer for difficult assignments and comes in on days off for education sessions, staff meetings and unit celebrations. Elizabeth is held in high regard by her peers for her intelligence, integrity and work ethic.

We are all excited to see what Elizabeth's future at Mount Sinai will entail.

## Elizabeth <u>Tortu</u>, RN

Nursing Rookie of the Year Award, GP10( Board of Trustees 37<sup>th</sup> Annuel Excellence in Nursing Practice Awars



Tracy Kelly is an indispensable member of our Mount Sinai Heartteam who leads by example, is proficient and knowledgeable, is reliable and trustworthy and embodies what it means to be a Mount Sinai nurse. And these are just a few of the accidades from her colleagues.

Tracy is a true leader who offers her patients and their families the highest standards in care. She is understanding, compassionate, and reliable. She comes to work every day with one goal: to make GP 7 Center a better place. Tracey represents Mount Sinai and embodies the values of Relationship Centered Care through her work in the community counseling patients towards better hear health. She had the opportunity to help organize and attend the Aspen I deas Festival and frequently participates in community health screenings as well as heart hospital sponsored fairs and events.

Tracey is warm, engaging, informative and possess excellent leadership ships. She is a role model for her peers and a hospital at large.

**Tracey Kelly, BSN, RN** Clinical Nurse , GP7C

Board of Trustees 37<sup>th</sup> Annual Excellence in Nursing Practice Award



Eve Easton is the Clinical Coordinator for the Supportive Oncology Program which offers palliative care services throughout the Ruttenberg Treatment Center Eve cares for the whole patient and displays the greatest level of compassion and professionalism with cancer patients and their family members. She has a unique ability to form strong, long-lasting bonds with these patients which is undoubtedly built on her trustworthines, opennes, and competency.

Eve also offers her unending generosity to her colleagues. She is a member of the Nurse Recognition Committee, has helped institute the DAISY Program to recognize outstanding nurses throughout the hospital, and has forged critical inroads among nonpalliative carrectinicians which directly improves patient care and expands the hospital's services.

Eve brings competence and compassion to our oncology patients with strong communication skills and an unwavering dedication. She is a terrific advocate for our seriously ill patients and goes out of her way to bring them great care and joy.

Eve Easton, MSc, BSc, RN, OCN, CHPN Clinical Coordinator, Supportive Oncology Exercitives 37<sup>th</sup> Annual Evaluation Invariant Practice Annual PAGE 6

#### MAGNET NEWSLETTER

MAY 6, 2018



You're amazing





Patricia Gibbs has been a member of the Mount Sinai family since 1991. She embraces the tenets of Relationship Centered Care in not only caring for her patients and their family, but also for her fellow staffmembers. Regardless of the pace and demands placed on Pat, she never sacrifices the care that she delivers. Pat goes above and beyond to ensure that her patient and their families receive the best care possible – just as Pat Liang did.

Pat has a zest for learning and is always willing to share her nev knowledge with her peers. She collaborates with her fellow PACU nurses and physicians as an integral part of the interdisciplinary team

Pat arrives in the PACU each shift with a smile and positive attitude. She is a lways ready to make herself available to stay late or come in unexpectedly. The PACU team knows that they can count on her.





Ishmael Cobbold's title is Equipment Manager for the Operating Room. However, that hardly describes the role he plays for the Post Anesthesia Care Unit Nurses Ishmael offers a sense of security, confidence, positivity and joy to these nurses.

Whenever they need help with equipment - which can be daily. Ishmael is there to offer assistance with a smile on his face in a timely manner to resolve the issue This allows the nurses the opportunity to focus on the patients, their safety and their needs. Ishmael goes above and beyond the call of duty which allows the nurses to perform their jobs more effectively

Ishmael is pleasant, calm, easy going, reliable and professional. He is truly a friend of nursing!





**ROLE MODEL** 



Elka Riley-Roberts came to the Mount Sinai NSICU as a bedsi Eige nice+rooms and solution of the solution o

In addition to her dedication to patients, Elka is passionate about building bridges with her team members and the community. In their nomination, Elkay nurses stated that "she is truly the epitome of everything this award embodies." Elka listens attentively and utilizes therapeutic communication. She is guid to compliment nurses on a job well done and offers constructive orticism when necessary.

When Elke is not on the NSICU, you can find her organizing the Stroke Fair in the hospital or in the community generously imparting her knowledge and experience.

Nursing Leadership Award, NSICU Board of Trustees 37th Annual Excellence in N

#### Mount Sinai Nurses Building Bridges in Communities of Need

Celebration of Nurses that promote healing and wellness at the local, regional and global level



# **KEYNOTE** Dr. Judith Vessey, PhD, RN, DPNP, MBA, FAAN



## Promoting Nurses' Psychological Safety—Improving Patient Care

MSH: Tuesday, May 8, 2018 at 12:00pm, STERN Auditorium MSQ: Live Stream from 4th Floor Conference Room at 12:00pm

Judith Vessey is the Lelia Holden Carroll Professor in the William F. Connell School of Nursing, Boston College and a Nurse Scientist at Boston Children's Hospital. She received her BSN from Goshen College, a certificate as a Developmental Pediatric Nurse Practitioner from the University of Miami, her MSN and Ph.D. from the University of Pennsylvania, and was a Robert Wood Johnson Nurse Scholar at the University of California, San Francisco. She later received her MBA. from Johns Hopkins University. The deci-

sion to seek this degree came from her realization that understanding the economics and business practices of health care was essential to being able to contribute to related policy determinations for select patient populations.

Dr. Vessey's current research focuses on teasing, bullying, and psychological safety. Her interest in this area of inquiry began when she witnessed the difficulties that children with chronic conditions faced on being included in school. This work has led to a second avenue of study - bullying, lateral violence, and psychological safety in the workplace. Dr. Vessey's research has been funded by the National Institute of Nursing Research, professional organizations and private foundations. She has authored over 100 articles, chapters, and books and has presented widely and is actively involved in the American Academy of Nurses.

## Editors Corner

Dear Reader,

Janine Liza Duran, MS, AGNP-C, RN, CEN, NEA-BC

Six months ago, I walked into the walls of Mount Sinai Hospital. Sitting among fellow newcomers on the first day, I watched the video presented in New Beginnings about Nursing and Magnet accreditation

I started to ponder on how blessed I am, to be an institution that promotes and embodies the Magnet philosophy. Although I have heard and read about Magnet before, it didn't occur to me how deep and meaningful it is to the patient experience.

I have been a nurse for more than a decade now. By watching Sinai nurses, learned the TRUE meaning of compassion and empathy towards patients. Despite the challenges, they face every day, they continue to work together to provide the best, safe and patient-centered care they can offer. There is no holding back for a Sinai RN. **"Obstacles do not block their path, they are the path."** Thank you Mount Sinai Nurses! We are truly proud of you. Happy Nurses Week!

Empowered and Proud Sinai RN,

Janine



#### **MSH ER: FOCUS ON POCUS** (Point of Care Ultrasound Guided IV)

Peripheral IV insertion is one of the most common procedures performed in the Emergency Deportment. Although ER nurses are well experienced with this procedure, there are times when even the most experienced RN fail.

An interdisciplinary team of practitioners led by RNs Jill Frick and Yun Cee Dirsa —created a curriculum that teaches nurses to US guided IV insertion.

So far not only has the program increased patient satisfaction, but also increased ED nursing and physician teamwork, collaboration and empowerment.

Three classes have been held and has 2 graduates! More nurses are being trained now and will hopefully be a standard of practice for all the ED nurses in MSH. This groundbreaking curriculum proves how Unit Specific Magnet Project

EXCELLENCE

NURSING





#### CICU

<u>Winner: Highest 2017 Scores</u> Overall Rating Nurse Communication Doctor Communication Nurses Check on You <u>Winner: Most Improved Scores from 2016 to 2017</u> Doctor Communication Nurses Check on You

KCC 4 North

Winner: Highest 2017 Scores Nurse Manager Check on You

9W Winner: Most Improved from 2016 to 2017 Overall Rating

#### **10C**

Winner: Most Improved Scores from 2016 to 2017 Nurse Communication Nurse Manager Check on You













# **LiveOn**NY

Caring for New Yorkers through Organ Donation

### Saving Lives in MSQ









## **LiveOn**NY change a life forever

Choosing to be an organ donor means choosing to change the course of someone's life. While LiveOnNY has helped thousands of people, the need in our community is still great. You have the opportunity to make a lasting impact. For each New Yorker who enrolls in the registry, up to eight lives can be saved through organ donation, and another 50 lives saved or improved through tissue donation.



Caring for New Yorkers through Organ Donation



### LiveOn NY Partners with MSH

LiveOn NY's is a team of over 200 practitioners — partnering with various institutions in New YORK — united around the changing power of organ and tissue donation. They work tireless day and night, 365 days a year, to help save the lives of those in need of a transplant. We also provide support and comfort to donors and their loved ones throughout the donation process, and for years after. Additionally, they work to educate and inspire our community about organ and tissue donation.

- Grand Rounds (April 4): MSH hosted a Donate Life Grand Rounds featuring Leona Kim-Schluger, MD followed by an interdisciplinary panel.
- Interdisciplinary Rounds (April 10 & 30): An interdisciplinary team of MSH staff and LiveOnNY volunteers visited all units and shared personal stories with the staff.
- **Banner Unveiling Ceremony (April 13):** Senior Leadership and Nursing Leadership were present to unveil the Donate Life Banner and provide a brief speech highlighting the life-saving impact of organ and tissue donation.
- National Blue & Green Day (April 13): Staff decorated units and dressed up in blue and green to showcase the Donate Life colors.





The DAISY Foundation Award was created in memory of J. Patrick Barnes as a way to honor skillful and compassionate nursing care.

The Barnes Family established this recognition award program to "honor the super-human work nurses do for patients and families every day."

IN MEMORY OF J. PATRICK BARNES

Today the program is in over 1000 hospitals and recognizes nursing talent all over the world. The DAISY Award allows nurses to be recognized for their truly compassionate care. Nurses are nominated by patients, families and colleagues and each month one nurse is chosen who exemplifies the values of a DAISY Nurse.

Congratulations to MSH Awardees:

- 1. Tocha Alberts, Pediatric 5
- 2. Jillian Delano, NICU
- 3. Diana Francis, RETU
- 4. Adrian Go, GP 9 Center
- 5. Madeline Gondek-Brown, ED

- 6. Carol Rankin—McGowan, NSICU
- 7. Shakira Riley, BMT
- 8. Jean Torres, GP 7 West
- 9. Jeremy West, Infusion
- 10. Melody Cubas, Madison 5
- 11. Carol Rankin– McGowan, NSICU

### MSQ Kicks Off Daisy Awards This Year!!!







