

The Mount Sinai Hospital

Meet our Labor and Delivery and Postpartum Teams



We appreciate your decision to deliver at Mount Sinai. Our highly skilled team members are dedicated to providing you with an excellent experience with optimal quality and safety. We are pleased to introduce you to our Labor and Delivery Unit and Postpartum Unit teams.

Leadership Team



Angela Bianco, MD

Medical Director, Labor and Delivery

Angela Bianco, MD, is a board certified maternal fetal medicine specialist and is the Medical Director of Labor and Delivery at the Mount Sinai Health System. Her areas of special interest include prenatal fetal

diagnosis and maternal medical disease complicating pregnancy. She also has special interest in the intrapartum period for women with medical and/or fetal complications.

"Overseeing the Labor and Delivery Unit is a gratifying experience. We have a great team with tremendous dedication to quality and safety. I am very proud to be a part of this wonderful team."



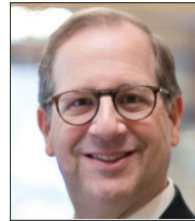
Sarah Milburn, MD

Medical Director, Newborn Nursery

Sarah Milburn, MD, is a board certified pediatrician and is the Medical Director of the Newborn Nursery at The Mount Sinai Hospital. As a Newborn Nursery hospitalist, Dr.

Milburn is an expert in the care of infants in their first few days of life. Additionally, she has extensive experience in performing newborn circumcisions, having performed more than 2000 in her career.

"Being a newborn nursery hospitalist has been incredibly fulfilling. I am often the first person to do a physical exam on a new human being on their first day of life, which is a privilege that never gets old. As Medical Director, my goal is to ensure that all infants in our nursery receive exceptional care and that all our new parents are fully supported on this remarkable journey."



Yaakov (Jake) Beilin, MD

Director, Obstetric Anesthesia

Yaakov (Jake) Beilin, MD, is a professor of Anesthesiology and Obstetrics and Gynecology and the Vice-Chair for Quality at the Icahn School of Medicine at Mount

Sinai. He also is the Director of Obstetric Anesthesia and the Director of the Obstetric Anesthesia Fellowship at The Mount Sinai Hospital. Dr. Beilin's research interests include neuraxial anesthesia, coagulation, and patient safety. He has published more than 80 peer reviewed articles and 40 book chapters in the area of obstetric anesthesia and is an editor of the premier obstetric anesthesia textbook, Chestnut's Obstetric Anesthesia: Principles and Practice.

"Our goal as obstetric anesthesiologists is to assure patient satisfaction with the birthing process and provide the patient with the highest quality pain relief in a safe environment. This is maintained through collaboration with the obstetricians and nurses as we function as a team to obtain these goals."



Gesenia Carmona, BSN, RNC-OB, c-EFM

Nurse Manager, KP2

Gesenia Carmona, BSN, RNC-OB, c-EFM, is the Nurse Manager of Labor and Delivery at The Mount Sinai Hospital. Gesenia is

certified in obstetrics and has 15 years of experience in labor and delivery, collaborating with the interdisciplinary team to provide exceptional care to all patients and their families. Gesenia utilizes a transformational leadership style to inspire and motivate her team and believes in the power of cultivating strong partnerships and connections with patients to deliver high quality care.

"We are privileged to have the opportunity to participate in one of the most transformative experiences in our patients' lives, and it is our team's top priority to support our patients through this very special journey while providing high quality, safe, equitable care."

Leadership Team



Melissa Gonzales, MSN, RN
Nurse Manager, KP5

Melissa Gonzales, MSN, RN, is the Nurse Manager of the KP5 Antepartum/Postpartum Unit at The Mount Sinai Hospital. She has 20 years of experience in maternal child

nursing, specializing in antepartum/postpartum care.

She consistently strives for her and her team to deliver the highest quality care to all patients.

"I am extremely passionate about maternal child health and always seek to provide exceptional evidenced-based care to patients and their families."



Yvonne Morales, MSN, RNC-OB, MNN, c-EFM, NE-BC
Nurse Manager, KP8

Yvonne Morales, MSN, RNC-OB, MNN, c-EFM, NE-BC, is a Nurse Manager at The Mount Sinai Hospital. She began her career

at Mount Sinai as an Assistant Nurse Manager more than 4 years ago. She comes to Mount Sinai with more than 14 years of nursing experience in obstetrics, specializing in labor and delivery.

"I am currently the Nurse Manager of one of our Mother/Baby Units, where I can use my experience to assist in the seamless transition of care."



Stephanie Yabut, MA, BSN, RNC-MNN
Nurse Manager, KP7

Stephanie Yabut, MA, BSN, RNC-MNN, is a masters prepared nurse leader in nursing administration and certified in maternal newborn nursing. Stephanie is the KP7

Mother/Baby Unit nurse manager at The Mount Sinai Hospital.

She has 22+ years of nursing experience and utilizes her expertise mentoring and assisting staff in delivering care that is kind, compassionate, and supportive of all families.

"The birth of a child is one of life's most joyous events. Thank you for trusting us to be part of that lasting memory."



Rochelle Lipshutz, CNM
Director, Midwifery

Rochelle Lipshutz, CNM, is a Certified Nurse Midwife and Director of The Mount Sinai Hospital Midwifery practice.

"My focus is on empowering families in their reproductive journey to enjoy happy and healthy lives. I have spent my entire career moving towards that goal. Thank you for allowing me to share with you."



Lana Marks, PA-C
Chief, Physician Associate

Lana Marks, PA-C, is Manager of the Physician Associates in the inpatient division of the Department of Obstetrics, Gynecology and Reproductive Science at The Mount Sinai

Hospital. Lana has been a clinical PA for more than 17 years and has been practicing at Mount Sinai for almost her entire career.

She is a graduate of the Stony Brook University PA Program and also received her BA from the University of Buffalo in Early Child Development. Lana has always been interested in women's health and feels fortunate to be a part of the obstetrics, gynecology, and gynecologic oncology teams.

"I am proud to work in a health system that provides the highest standard of health care to all women. I also feel extremely lucky to be part of a team that respects, trusts, and cares for each other."

Obstetricians

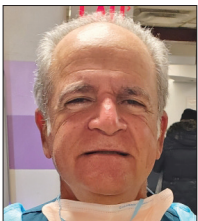


Cynthia Abraham, MD
Obstetrician-Gynecologist

Cynthia Abraham, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at

the Icahn School of Medicine at Mount Sinai. She is dedicated to patient care and resident education and has a strong interest in clinical research and obstetric simulation.

"I appreciate the camaraderie and dedication to patient safety that are hallmarks of the Mount Sinai Labor and Delivery Unit. We are better together."



George Arida, MD
Obstetrician-Gynecologist

George Arida, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at the

Icahn School of Medicine at Mount Sinai.

"My goal is to always ensure that I am providing the highest quality of care to my patients. It is wonderful to work with our excellent Labor and Delivery team."



Marc Engelbert, MD
Obstetrician-Gynecologist

Marc Engelbert, MD, is a board certified obstetrician-gynecologist and an assistant clinical professor in the Department of Obstetrics, Gynecology and Reproductive

Science at the Icahn School of Medicine at Mount Sinai. He specializes in general obstetrics and gynecology.

"I'm committed to providing an exceptional experience for expectant mothers, making them feel comfortable and safe during their labor and delivery. It's very rewarding to be a part of this special journey."



Raisa Gao, MD
Obstetrician-Gynecologist

Raisa Gao, MD, is a board certified obstetrician-gynecologist and an assistant clinical professor in the Department of Obstetrics, Gynecology and Reproductive

Science at the Icahn School of Medicine at Mount Sinai. She specializes in general obstetrics and gynecology.

"Taking care of patients and becoming an intimate part of their journey into motherhood is a great honor. I am privileged to work with such a skillful and dedicated Labor and Delivery team in service of our patients."



Joyce Kim, MD
Obstetrician-Gynecologist

Joyce Kim, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at the

Icahn School of Medicine at Mount Sinai.

"I am committed and proud to be part of this Mount Sinai team and am dedicated to providing the utmost quality of care."



Britt Lunde, MD
Obstetrician-Gynecologist

Britt Lunde, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at the

Icahn School of Medicine at Mount Sinai. Dedicated to physician education, she is the Director of the Family Planning Fellowship Program at The Mount Sinai Hospital.

"I am proud that Mount Sinai provides full scope care throughout a woman's lifetime and for all reproductive health needs. Helping to ensure safe, high quality care for all patients on L&D is an important part of the work I do in our department to provide reproductive health care to our community."

Obstetricians



Ceyda Oner, MD
Obstetrician-Gynecologist

Ceyda Oner, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at

the Icahn School of Medicine at Mount Sinai. Dr. Oner provides obstetrical and gynecologic care for women of all ages, from adolescence to menopause.

"I'm committed to providing an exceptional experience and care for our patients. I'm proud to be part of the team."



Farida Nentin, MD
Obstetrician-Gynecologist

Farida Nentin, MD, is a board certified obstetrician-gynecologist in the Department of Obstetrics, Gynecology and Reproductive Science at the Icahn School of Medicine at

Mount Sinai. Dedicated to physician education, she is the Director of the Obstetrics and Gynecology Residency Program at The Mount Sinai Hospital.

"I am proud to be part of a wonderful team focused on providing the highest quality of care."



Rivkie Penstein-Hirt, MD
Obstetrician-Gynecologist

Rivkie Penstein-Hirt, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at

the Icahn School of Medicine at Mount Sinai.

"Taking care of women as they bring new life into the world is as fulfilling and exciting 25 years into my career as it was at the beginning!"



Samantha Pochert, MD
Obstetrician-Gynecologist

Samantha Pochert, MD, is a board certified obstetrician-gynecologist and a clinical instructor in the Department of Obstetrics, Gynecology and Reproductive Science at

the Icahn School of Medicine at Mount Sinai.

"As laborists, we strive to provide compassionate and evidence-based care to ensure the safety and birth experience of our expecting parents. It is an honor to care for our patients with such an amazing team."



Anna Taylor-Shih, MD
Obstetrician-Gynecologist

Anna Taylor-Shih, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at

the Icahn School of Medicine at Mount Sinai.

"All expectant parents deserve to feel safe, heard, and well taken care of throughout their labor and delivery. Coming to work every day to be part of a team that makes this happen for our patients is just the best! I hope every person who gets care from our team feels we were a positive part of their pregnancy experience."



Edward Watson, MD
Obstetrician-Gynecologist

Edward Watson, MD, is a board certified obstetrician-gynecologist and an assistant professor in the Department of Obstetrics, Gynecology and Reproductive Science at the

Icahn School of Medicine at Mount Sinai.

"I am excited to be able to use my years of experience to help provide a safe environment and personal labor experience for everyone who chooses to have their baby delivered at Mount Sinai."

Obstetricians



Kathryn Wells George, MD
Obstetrician-Gynecologist

Kathryn Wells George, MD, is a board certified obstetrician-gynecologist in the Department of Obstetrics, Gynecology and Reproductive Science at the Icahn School of Medicine

at Mount Sinai. She is experienced at providing outstanding care throughout labor and delivery and has delivered more than 3,000 babies.

"My life's passion is delivering outstanding care to expectant mothers as they journey through pregnancy, labor, and enter motherhood, whether for the first time or yet again. I am so incredibly proud to be a part of the Mount Sinai Labor and Delivery Team, as we are dedicated to providing the highest quality of care to our community. It is an honor to share this incredible part of patients' lives."

Obstetric Anesthesiologists



Zevy Joshua Hamburger, MD
Anesthesiologist

Zevy Joshua Hamburger, MD, is an assistant professor of Anesthesiology, Perioperative and Pain Medicine and Associate Director of Obstetric Anesthesiology. Dr. Hamburger's

areas of interest are clinical team building as well as the multidisciplinary management of pregnant women with complex medical conditions. Dr. Hamburger's mission is to provide the very best care individualized to your plans and expectations.

"There is no I in team but there are many working together in multi-d-i-s-c-i-pl-i-nary."



Daniel Katz, MD
Anesthesiologist

Daniel Katz, MD, is an associate professor and Vice-Chair of Education for the Department of Anesthesiology, Perioperative and Pain Medicine. Dr. Katz has a clinical

interest in obstetric anesthesiology, specifically in coagulation disorders, postpartum hemorrhage, and technology integration in health care. As the Director of Obstetric Anesthesia Research, Dr. Katz is heavily involved in research projects on the labor floor.

"Being a part of our wonderful team is truly rewarding! Doing our part to ensure the safety and wellbeing of women during their labor and delivery is gratifying and a true calling."

Physician Associates



Ashley Higgin, MMS, PA-C

Ashley Higgin, MMS, PA-C, is an inpatient physician associate specializing in obstetrics and gynecology. Ashley attended Rutgers University for her undergraduate studies and earned her Master of Science from

Rutgers School of Health Professions' accelerated 3+3 Physician Assistant Program.

"Being able to work in a field I have aspired to since childhood is an added bonus to the privilege of helping our patients through such a pivotal moment in their lives."



Melanie Jacobs, MMS, PA-C

Melanie Jacobs, MMS, PA-C, is an inpatient physician associate specializing in obstetrics and gynecology. Melanie is a graduate of the Wake Forest University School of Medicine Physician Assistant Program. She received

her Bachelor of Science degree in biopsychology and cognitive neuroscience from the University of Michigan. She first became interested in women's health while working at a holistic gynecology practice. Melanie currently serves as the Secretary for the Association of Physician Assistants in Obstetrics and Gynecology (APAOG) and the Director of Publicity for Physician Assistants for Global Health (PAGH), a non-profit organization.

"I am passionate about providing high quality care to all women. I strive to be a grounded resource for my patients while navigating them through the transition from pregnancy to birth and postpartum."



Shannon Levi, MMS, PA-C

Shannon Levi, MMS, PA-C, is an inpatient senior physician associate in obstetrics and gynecology. Shannon received a Master of Science degree from the Touro College School of Health Sciences Physician

Assistant Program in 2016. Over the past five years, Shannon has worked with labor and delivery teams providing intrapartum care as well as working in various inpatient and outpatient gynecology clinical settings.

"I am proud of the work we do empowering women to take control of their health and embark on the journey of parenthood. I am honored to be part of a team that provides patients with a comfortable, safe, and professional environment while providing the best possible care."



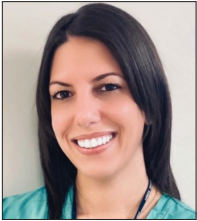
Davisa Mills, MPH, MMS, PA-C

Davisa Mills, MPH, MMS, PA-C, is a board certified physician associate and an inpatient obstetrics and gynecology PA. Davisa graduated from Arcadia University, where she received her Master's degrees in public

health and medical science for physician assistant studies. Davisa received her Bachelor of Science degree in biochemistry from Ithaca College and became interested in OB/GYN while working at the Cayuga Medical Center in Ithaca, NY. For the past four years, Davisa has worked in multiple inpatient and outpatient clinical settings, providing long term gynecologic care as well as antenatal and postpartum care.

"My goal is to provide every woman with high quality, excellent health care. I strive to work on an interdisciplinary team so I can offer patients the proper resources needed to create an environment where every woman can have a safe pregnancy and delivery."

Physician Associates



Tanya Sami, MS, PA-C

Tanya Sami, MS, PA-C, is a senior physician associate who has been practicing at The Mount Sinai Hospital for nearly a decade. Tanya received her Bachelor of Science degree from the University of Massachusetts,

Amherst, and her Master of Science degree from Stony Brook University. Tanya has focused her work within both inpatient and outpatient settings within obstetrics and gynecology, as well as quality assurance. Tanya has been working with the interdisciplinary team to optimize transitions of care and the patient experience.

"I have learned a tremendous amount over the years from both my patients and colleagues. I am very grateful to be able to support our patients with their gynecologic care as well as their journey from the prenatal to postpartum period and beyond."

Midwives



Lauren Abrams, CNM, MSN, FACNM

Lauren Abrams, CNM, MSN, FACNM, has been a certified nurse-midwife since 1993 and has been caring for birthing families at Mount Sinai since 2002.

"I am blessed to have the privilege of caring for pregnant and birthing people in the Mount Sinai community, and so grateful to be able to provide midwifery care to both low-risk and high-risk patients."



Suzanne M. Hinchey, CNM

Suzanne M. Hinchey, CNM, is a certified nurse midwife on the Labor and Delivery Unit at The Mount Sinai Hospital. Dedicated to supporting women, she is a proud facilitator for Centering Pregnancy, a program that

brings prenatal care to a group setting.

"I appreciate being part of such a collaborative and skilled team, where we all share a passion for empowering women and providing them with quality, compassionate care. I am also grateful to our patients who have chosen us to guide them on their journey and put their trust in us for a safe and positive experience."



Malaika Miller, MSN, RN, CNM

Malaika Miller, MSN, RN, CNM, is an AMCB board certified nurse midwife. In addition to The Mount Sinai Hospital, Malaika also is a staff nurse midwife at NYC Health + Hospitals/ Jacobi Medical Center, where she has been

practicing full scope midwifery since 2016. She serves on the Quality Improvement and Bereavement Committees at Jacobi. Her areas of interest are reducing implicit bias and providing culturally competent care in order to reduce severe maternal morbidity and mortality, particularly among communities of Hispanic and Black identifying people of color (BIPOC) in New York City.

"I believe that I was born to assist women like myself in one of the most intimate and transformational processes of their lives. I was born to be a midwife. And it is an absolute honor to help address the staggering maternal morbidity and mortality rates among BIPOC birthing people in NYC. Nothing gives me greater joy and satisfaction."

Midwives



Roma Panganiban, CNM

Roma Panganiban, CNM, is a board certified midwife. She became a midwife through her interests in social justice, education, and women's health care. She cares for patients at The Mount Sinai Hospital and Mount

Sinai Queens. Roma completed her undergraduate degree in anthropology at UCLA and her nursing and graduate midwifery degrees at Columbia University. She also served in the Peace Corps and AmeriCorps. Roma speaks medically proficient Spanish and Tagalog. She lives in Manhattan and often can be found walking her dog, Ellis, in Central Park.

"My daily focus as a provider is to build a sense of trust and respect for the women I serve. I believe every woman deserves individualized and evidence-based care."



Gail Ana Rivera-Delvalle, CNM

Gail Ana Rivera-Delvalle, CNM, is a certified nurse midwife and part of the midwifery team at Mount Sinai Health System. She provides prenatal care, gynecologic care, and care during labor and delivery. Her special interest

is in serving the underserved populations at risk for adverse maternal events.

"I strive to educate and empower the women I serve and for my hands to provide care that is competent and compassionate."

Lactation Consultants



Rosebel Aldana, RN, MSN, IBCLC

Rosebel Aldana, RN, MSN, IBCLC, is a registered nurse as well as an international board certified lactation consultant with a master's degree in nursing education. She has 29 years of experience in maternal child

health nursing. She has worked in pediatrics, the neonatal intensive care unit, and as a lactation consultant. Rosebel brings a wealth of education, experience, and compassion in working with expectant mothers, new moms and their babies. She is a certified childbirth instructor and is certified as an infant CPR and child safety/prevention instructor. In addition, she is a Clinical Adjunct Professor for NYU College of Nursing.



Crystal S. Alexander, BSN, RN, IBCLC

Crystal S. Alexander, BSN, RN, IBCLC, is a passionate and experienced lactation consultant and registered nurse. She has more than twelve years of experience in helping mothers achieve their

breastfeeding goals. Crystal serves as a resource for medical and nursing professionals to provide lactation education in Women's Services. Crystal extends her service in the community with home visits and serves as the President of the New York Lactation Consultant Association.

"I am dedicated to promoting awareness of the importance of breastfeeding and committed to providing patients with the necessary education for a successful feeding journey."

Lactation Consultants



**Joanne Anderson-Alvarez, RN,
IBCLC, CNM**

Joanne Anderson-Alvarez, RN, IBCLC, is a registered nurse and lactation consultant for The Mount Sinai Hospital. During her 15 years of service within the Women and Children's

Services of Mount Sinai, she also completed a master's degree in midwifery. Her calming approach to patient care is the most frequent observation from the families she serves.



**Flannery Gregg Fontinell, MSN, CNM,
RN, IBCLC**

Flannery Gregg Fontinell, MSN, CNM, RN, IBCLC, worked as a postpartum registered nurse from 2004 until 2015. She became a lactation consultant in 2010 and immediately

began working in both the hospital and at home settings. In 2014 she was invited to develop a lactation program for a pediatric group in New York City during her master's education for midwifery. She now works full-time as a lactation consultant with Mount Sinai and finds her work to make great use of her holistic education and work experience.

"I am thrilled to be part of a lactation team that gives excellent, patient-centered care."

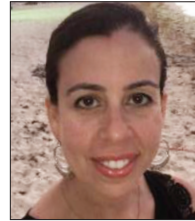


Viktoriya Ilina-Levy, BSN, RN, IBCLC

Viktoriya Ilina-Levy, BSN, RN, IBCLC, is an international board certified lactation consultant who works primarily in the Neonatal Intensive Care Unit (NICU). Her career includes working as a labor and

delivery registered nurse for more than 13 years.

"The NICU admission creates added stress and barriers to establish lactation and breastfeeding. My mission is to support the goals of each mother with care and compassion."



Sandy McCabe, BSN, RN, IBCLC, CCE

Sandy McCabe, BSN, RN, IBCLC, CCE, is a registered nurse who has been working at Mount Sinai for 25 years. She has dedicated the last 21 years to caring for mothers and babies. She is an international

board certified lactation consultant. Her experience in caring for a diverse population of breastfeeding mothers as well as her own experience breastfeeding her four children while maintaining a balance between work and family gives her a unique perspective in assisting mothers on their own breastfeeding journeys. She is bilingual in Spanish, understanding both the language and Latin culture.

"My goal is to help optimize every woman's unique breastfeeding goals with evidence-based practice."



Evelin Peker, BSN, RN, IBCLC

Evelin Peker, BSN, RN, IBCLC, has been part of Mount Sinai Women and Children's Services for more than 26 years.

She is proud to work with dedicated and competent doctors, nurses, social

workers, and lactation consultants.

"My most important goal is to ensure that new parents have positive and memorable experiences."