

#### Hi.

We're **EVEN<sup>®</sup> Hotels**. where travel and balance meet and have a healthy relationship. Where you'll find new ways to embrace wellness, wherever you are. So work up a sweat or a presentation. Bring back naps and sleep like you dream you can. Go for a double fudge ripple run. Now you can Keep Active, Rest Easy, Eat Well and Accomplish More on every trip.



#### Keep Active

We understand that travelers can get easily frustrated when trying to maintain their exercise routines on the road. So we equip our guests with the latest insights, wellness trends and tools that enable them to stick to their routines and achieve their goals. And we make it easy for guests to keep their momentum going by providing options — from an outdoor trail to in-room fitness equipment or a group fitness class.

- Best-in-class gym, featuring 3 workout zones
- Flex Room classes and activities
  - Designated in-room fitness zone with personal exercise equipment
- Fitness clothing laundry services



### Eat Well

Maintaining a healthy diet gets complicated when traveling. So we set out to make eating well on the road possible with healthier food options that are simple, natural and good. Guests can enjoy our wide variety of satisfying food and beverage options, or ask for our recommendations for where to eat in the local area. Sure, we do quick, convenient and healthy, but we also allow ourselves to indulge a little, too.

- Simple, natural, good food and beverage options
- Fresh, customizable, made-to-order menu offerings
- Convenient grab-and-go 24/7
- Indulgences including cocktails, wine, beer and desserts

### **Rest Easy**

We offer a sense of comfort through the conscientious and responsible decisions we make, from eco-conscious design details to guest room cleanliness. So rest is always guaranteed. Natural eucalyptus linens, fresh scents and plenty of open, green space set the

tone for a restful stay. Whether guests want to relax or recharge, they'll find it easy to do both.

- Premium mattress and bedding
- All natural linens and towels
- All natural EO amenities products
- Complimentary filtered water
- Adjustable LED colored mood lighting
- Nighttime tea



### Accomplish More

EVEN Hotels is a flexible, convenient place to be productive. Guests can stay connected with free high-speed Wi-Fi throughout — from their guest room to the lobby to the outdoors. We know that travelers work in a variety of ways, so our flexible spaces enable them to work as they please, feel more in control of their environment, and even find some well-earned "me time" during their stay.

- Free Wi-Fi throughout property
- Hardwired ports in guest rooms and common spaces
- Meeting and event spaces, including the Flex Room
- Complimentary shuttle services





Stay well at **EVEN Hotel Midtown East**; we are one of the first of our kind in Midtown Manhattan. Conveniently located on 44th Street between 2nd and 3rd Ave, with easy access to major corporate offices, the hotel is steps away from Grand Central Station, United Nations Headquarters, UN Plaza and the famed Park Avenue. Whether you are traveling for business or leisure, we proudly provide the essentials to stay on track for our wellness-minded travelers.



## **Keep Active**

- Bike, roller blade or run along the East River Side
- Take a leisurely walk through the famous NYC Highline
- Ice skate all winter at Bryant Park or Rockefeller Center
- Enjoy daily fitness activities with our General Manager or a member of our staff

# Rest Easy

- Escape and wander through Central Park with the various outdoor activities offered
- Visit the many nearby museums of Manhattan; Museum of Modern Art, Museum of Natural History, and The Metropolitan
- Museum • Relax while on top of The Empire State Building with the unforgettable and breathtaking view of New York City

# Eat Well

- In addition to our simple, natural, taste good, and good for you food & beverage options at Cork & Kale, venture out to Ben & Jacks Steak House or 42nd Street for some of Manhattan's most renowned restaurants
- Go down to the famous Dag Hammarskjold Plaza Greenmarket for some of New York City's freshest and healthiest local food

# Accomplish More

- Located in the heart of it all, productivity surrounds you when you stay at EVEN Hotel Midtown East
- The hotel is in walking distance of many major corporations and financial institutions
- Work a little "me-time" into your schedule by taking in one of NYC's Tony Award Winning Broadway Shows; or be a part of the audience at one of the several popular televised morning shows taped right here in the Big Apple



#### **Room Amenities**

- In-room fitness zone
- 40" HD TV
- Iron and ironing board
- Multimedia ports
- Ergonomic desk chair
- Workspace options
- Recycling bin
- Adjustable lighting
- Spa-like shower
- Ionic hairdryer
- All-natural linens
- EO bath amenities
- Free high-speed Wi-Fi and
- hardwired ports throughout property

- Earn IHG Rewards at over 4,700 locations
- New build 26 story hotel with NYC
  amazing views
- Refresh and hydrate on our guestroom floors with complimentary filtered water
- Best-in Class Athletic Studio
- Flex Room
- Four-legged family members are WELLcome
- ADA compliant 230 Guest Rooms

Phone 855-TRY-EVEN Direct: 212-239-0002 Sales Inquires evenmidtowneast@ihg.com Website evenhotels.com Check-In: **3 p.m.** Check-Out: **11 a.m.**