

### Selikoff Centers for Occupational Health

# OCCUPATIONAL MEDICINE



Occupational Medicine is a specialized field that focuses on keeping workers healthy and workplaces safe. Any hazard a worker faces while on the job is considered an occupational health risk and can be addressed by an occupational medicine specialist trained in prevention, diagnosis, and treatment of occupational injuries and illnesses.

Individuals who get hurt or sick as a result of their work require specialized care to help them get back to work as quickly as possible and prevent future injury on the job. Some jobs have high risk of serious injuries and/or illnesses. If left untreated, these can become a significant economic burden on the worker and is or her family.

#### **EXAMPLES OF HAZARDS**

- Chemical (asbestos, diesel, lead, etc.)
- Slips, trips, falls, heavy lifting
- Tools and machinery
- Noise, extreme temperature
- Stress
- Blood-borne pathogens

# SOME OCCUPATIONAL INJURIES/ILLNESSES

- Burns
- Hearing loss
- Knee and back pain
- Sprains and breaks
- Asthma
- Cancer
- Infections

Occupational medicine physicians and nurses work with many other disciplines to determine solutions to workplace hazards and to assist injured and sick workers.

#### INDUSTRIAL HYGIENISTS

Identify and assess exposures to physical, biological, and chemical hazards.

#### **ERGONOMISTS**

Help tailor individual work spaces to the worker's body mechanics.

#### **SOCIAL WORKERS**

Help workers understand their rights and responsibilities and connect them with necessary resources.

#### **WORKERS' COMPENSATION SPECIALISTS**

Help with filing New York State workers' compensation claims and provide individualized assistance.

## **HOW THE SELIKOFF CENTERS CAN HELP**

For over 50 years our mission has remained the same—to keep the working men and women of New York healthy and their workplaces safe. Through artnerships with unions, employers, and community organizations, the Selikoff Centers strive to assess and reduce risk factors in work environments and to establish safe, healthful, and productive workplaces, and preventing injuries before they occur.

The Selikoff Centers are part of the New York State Occupational Health Clinic Network and designated as a World Trade Center Health Program Clinical Center of Excellence. Our physicians and dedicated staff are ready to assist with the following:

- Diagnostic and Treatment Exams
- Ergonomic and Industrial Hygiene Assessments
- Screenings for Workplace Exposures
- Navigating the Workers' Compensation Process
- Work Site Assessments and Recommendations
  Educational Presentations

### LOCATIONS IN NEW YORK CITY AND MID-HUDSON VALLEY

#### **MANHATTAN**

1468 Madison Avenue Annenberg Building, 3rd Floor New York, NY 10029 212-241-1554

#### **YONKERS**

1020 Warburton Avenue, Suite 1 Yonkers. NY 10701 914-964-4737

#### STATEN ISLAND

2052 Richmond Road, Suite 2A Staten Island, NY 10306 212-241-1554

# **CONTACT US**

To schedule an appointment, call us at 1-888-702-0630.

Connect with us: mountsinai.org/selikoff

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