OUR MISSION

The Martha Stewart Center for Living at Mount Sinai provides the highest quality care to older adults and their loved ones in New York City. Our clinical teams are comprised of physicians specializing in geriatric medicine and palliative care, nurse practitioners, registered nurses, social workers, and medical assistants. Together, we ensure that the you and your loved ones experience the best possible quality of life.



Contact Us

Martha Stewart Center for Living at Mount Sinai Union Square 10 Union Square East, Suite 3G New York, NY 10003 (212) 463-0101

Martha Stewart Center for Living at Mount Sinai Hospital 17 East 102nd Street Fourth Floor, Area C New York, NY 10029 (212) 659-8552

> Geriatrics at Mount Sinai Morningside Hospital 1111 Amsterdam Avenue Tenth Floor New York, NY 10025 (212) 636-1201



Martha Stewart Center for Living



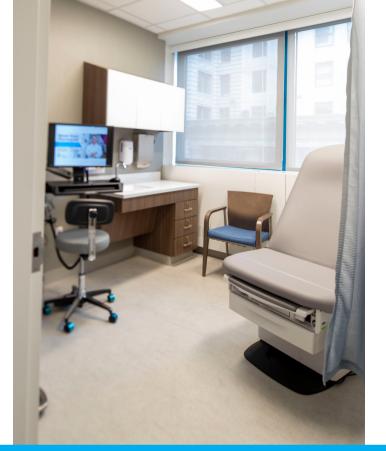
Comprehensive, quality care and support for older adults, persons with serious illness, and their loved ones

At the Martha Stewart Center of Living...

We provide a comprehensive clinical assessment of each unique individual and their loves ones. We are experts in the management of common geriatric problems, such as:

- Dementia and memory issues
- Depression
- Osteoporosis
- Incontinence
- Fall and balance issues
- Coordination of care with other health care providers and during hospitalization

Appointments are available in-person and virtually through video and telehealth visits.



OUR APPROACH

Our team offers older adults:

- Enhancement of function
- Intensive symptom management
- Physical and psychological comfort
- Psychosocial, spiritual, and emotional support for both patients and families

OUR SERVICES

Our patients can participate in activities and classes including: nutrition planning, mindfulness-based stress reduction, yoga, Tai Chi, and fall prevention. Caregiver support is also available.

We believe that every older adult deserves to live with the best quality of life possible.

OUR PATIENTS

We are dedicated to providing the best care of the older adults and their loved ones. We offer primary medical care to persons over the age of 75, and consultations with your current physician to persons over the age of 65.

