

Skin Health



FROM THE KIMBERLY AND ERIC J. WALDMAN DEPARTMENT OF DERMATOLOGY | SPRING/SUMMER 2016

Gift from the Orentreich Family Will Create a Dermatology Professorship

The Kimberly and Eric J. Waldman Department of Dermatology is delighted to announce a major gift from the Orentreich family that will fund the Norman Orentreich Professorship, named after one of the luminaries of our specialty. In the 1950s, Dr. Orentreich invented the procedure of scalp hair transplantation, which gave new hope to patients suffering from pattern baldness. A pioneer at the forefront



Dr. Norman Orentreich (left) with son David and daughter Catherine.

of skin surgery and research, he introduced many innovative products and techniques. He also was a founder of the American Society for Dermatologic Surgery and served as its first president.

Norman Orentreich was born in New York City to immigrant parents in 1922. He attended Stuyvesant High School in Manhattan and later graduated from City College of New York with a Bachelor of Science degree

continued on page 3

A New Treatment for a More Attractive Neck and Chin

Kybella®, the first and only FDA-approved injectable medication for dissolving submental fatty tissue (“double chin”), became available in June 2015.

The Kimberly and Eric J. Waldman Department of Dermatology was a key center for clinical trials of the new treatment.

Lead investigator Heidi A. Waldorf, MD, Director of Laser and Cosmetic Dermatology at the Mount Sinai Doctors Faculty Practice, was one of the first physicians to use Kybella®, and she now teaches physicians around the world how to perform the nonsurgical procedure.

The active ingredient in Kybella® is deoxycholic acid, a synthetic bile salt that breaks down fat. At present

Kybella® is indicated only for fat under the chin, but according to Dr. Waldorf, part of the excitement surrounding this technique is that it has been used successfully for focal areas of fat elsewhere on the body and may be approved for such use in the future.

Before treating the neck area, the physician must

continued on page 3



Dr. Heidi Waldorf performing the Kybella® procedure.

East 85th Street Mount Sinai Skin and Laser Center Opens

The Kimberly and Eric J. Waldman Department of Dermatology is pleased to welcome new and established patients to the East 85th Street Mount Sinai Skin and Laser Center, our brand new state-of-the-art facility at 234 East 85th Street, between Second and Third Avenues in Manhattan. This modern outpatient building has been thoughtfully designed for optimal patient services in primary care disciplines and specialties such as dermatology.

Director Julide T. Celebi, MD, points out that the Center occupies seven thousand square feet—the entire fifth floor—and is equipped with the most modern technology for all dermatological care, skin surgery, and cosmetic procedures. “Our board certified dermatologists are



The Center’s dermatologists (from left): Annette Czernik, MD, Hooman Khorasani, MD, Lisa Anthony, MD, and Julide Celebi, MD.

experts who practice a comprehensive approach to every condition that affects the skin. We are proud of our mission of excellence in patient care,” said Dr. Celebi.

The Icahn School of Medicine at Mount Sinai takes pride in the world-class faculty members who care for patients at this location: Dr. Celebi, Vice Chair



The Center features a comfortable reception area.

of the Department of Dermatology; Hooman Khorasani, MD, Director, Division of Dermatologic and Cosmetic Surgery; Annette Czernik, MD, Clinical Director, Dermatology Faculty Practice; and Lisa Anthony, MD, Director, Dermatology Faculty Practice at Brooklyn Heights.

Services Provided at the East 85th Street Mount Sinai Skin and Laser Center

- ▶ General dermatology
- ▶ Skin cancer screening
- ▶ Mole imaging technology
- ▶ Cosmetic procedures
- ▶ Kybella® for double chin
- ▶ Botulinum toxin injections
- ▶ Chemical peels and freezing
- ▶ Filler injections for wrinkles
- ▶ Scar reduction therapy
- ▶ Leg vein sclerotherapy
- ▶ Advanced skin surgery
- ▶ Melanoma treatment
- ▶ Mohs surgery
- ▶ Liposuction/body contouring
- ▶ Blepharoplasty (eyelid lift)

Laser Services

- ▶ Skin rejuvenation
- ▶ Wrinkle reduction
- ▶ Skin tone improvement
- ▶ Acne scar reduction
- ▶ Removal of brown spots
- ▶ Rosacea treatment
- ▶ Broken blood vessel removal
- ▶ Hair removal therapy

To make an appointment, please call **212-241-9728** or **212-731-3311**, or book online at **www.MountSinaiDermatology.com**

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Gift from the Orentreich Family *continued from page 1*

in chemistry and biology. He served in the United States Navy Medical Corps during World War II, from 1943 to 1945. After the war, he attended the New York University (NYU) College of Medicine, where he was elected to the Alpha Omega Alpha Honor Medical Society. As a top medical student, he was accepted to the dermatology training program at NYU's Skin and Cancer Hospital, where he was a resident physician from 1950 to 1953.

After completing his residency in dermatology, Dr. Orentreich joined the practice of Dr. Abner Kurtin on Fifth Avenue. Together they advanced the technique of wire-brush dermabrasion that Dr. Kurtin invented. After Dr. Kurtin's death in 1956, Dr. Orentreich established the Orentreich Medical Group at 909 Fifth Avenue.

His accomplishments brought him to the attention of cosmetics magnate Leonard Lauder, son of Estée Lauder, and *Vogue* Beauty Editor Carol Phillips. Collaborating with Lauder and Phillips, Dr. Orentreich created the popular Clinique™ line

of cosmetics and skin care products. In the 1970s, Dr. Orentreich invented the Buf-Puf™, a synthetic exfoliating sponge for treating acne and maintaining healthy skin.

Over the decades, the Orentreich Medical Group has provided expert care to a vast number of patients, including some of the world's most celebrated dignitaries and artists. Two of Dr. Orentreich's children, David and Catherine, are dermatologists who practice in the medical group he founded. Dr. Orentreich's life-long interest in biomedical research inspired him to establish the Orentreich Foundation for the Advancement of Science in 1961, located in Cold Spring-on-Hudson, New York.

"Mount Sinai dermatology is deeply grateful to the Orentreich family. Their gift enables us to appoint an outstanding physician-scientist as the Norman Orentreich Professor while at the same time honoring a hero of our specialty," said Mark G. Lebowitz, MD, Sol and Clara Kest Professor and Chair of the Department.

More Attractive Neck and Chin *continued from page 1*

evaluate the patient to confirm that the fullness is composed of fatty tissue and not another anatomical structure, such as an enlarged thyroid gland. Each treatment consists of tiny injections spaced about one-half inch apart. The number of treatment sessions depends on the amount of fat to be treated. Patients usually require two to four sessions at six-to eight-week intervals to reach their goals (see photos).

After treatment, patients may experience tenderness and swelling, which can last several weeks but tend



A patient with under-chin fullness before Kybella® therapy (left) shows a more well-defined chin after treatment (right).

to be less pronounced with successive treatments. Results are seen in about four to six weeks and appear to be long-lasting. Dr. Waldorf and other Mount Sinai dermatologists offer Kybella® therapy at the Mount Sinai Doctors Faculty Practice. In most cases, treatment can begin on the same day as a patient's initial consultation.

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