At Mount Sinai, we have one of the largest dermatology departments in the world, with over 150 physicians in 100 full-time positions. This diverse faculty member voluntarily accepts private patients in the Mount Sinai Dermatology Family Practice Associates (MDP), which is operated entirely by the Department. The Mount Sinai MDP is located at 56 West 86th Street, 8th Floor, New York, NY 10024. For appointments, please call (212) 638-3416, or visit online at www.msderm.com.

We have a strong and voluntary faculty that consists of over 120 dermatologists in private practice located in New York City, the tri-state region, and other areas of the country. The Board of Directors and the Mount Sinai Department of Dermatology have worked hard to maintain the standards that were established in 1981. Our faculty practice occupies one of the largest dermatology departments in the world, performing over 50,000 biopsy specimens and over 150,000 surgical procedures annually. Our Department provides funding to support dermatology research, and the Department has received millions in funding.

This year, the Department of Dermatology is more than 50 years old. It has been my pleasure to participate in the growth of this department and to see it develop into one of the leading dermatology departments in the country. Although botulinum injections and dermal fillers involve little cost to the individual patient, the expected duration of improvement is never more than a few months. However, Dr. Zeichner has found that many patients are willing to accept the minor risks involved to achieve a fresher appearance. He explains that as we age, the connective tissue and fat in our cheeks shrink, creating a “counter-aging” effect. This phenomenon is even more dramatic for individuals who suffer from certain medical conditions, such as morbid obesity. Our Dermatology residency program, with 12 dermatology residents trained in our specialty, offers a wide range of services to our patients and to the community. In 1981, I was just starting my dermatology fellowship. I am now the Chair of the Department and have had the opportunity to work closely with some of the most talented and dedicated dermatologists in the country. Our Dermatology residency program continues to thrive, and we have had the opportunity to train a number of exceptional residents who have gone on to become leaders in their field. Our Department provides funding to support dermatology research, and the Department has received millions in funding.

This year, the Department of Dermatology is more than 50 years old. It has been my pleasure to participate in the growth of this department and to see it develop into one of the leading dermatology departments in the country. Although botulinum injections and dermal fillers involve little cost to the individual patient, the expected duration of improvement is never more than a few months. However, Dr. Zeichner has found that many patients are willing to accept the minor risks involved to achieve a fresher appearance. He explains that as we age, the connective tissue and fat in our cheeks shrink, creating a “counter-aging” effect. This phenomenon is even more dramatic for individuals who suffer from certain medical conditions, such as morbid obesity. Our Dermatology residency program, with 12 dermatology residents trained in our specialty, offers a wide range of services to our patients and to the community. In 1981, I was just starting my dermatology fellowship. I am now the Chair of the Department and have had the opportunity to work closely with some of the most talented and dedicated dermatologists in the country. Our Dermatology residency program continues to thrive, and we have had the opportunity to train a number of exceptional residents who have gone on to become leaders in their field. Our Department provides funding to support dermatology research, and the Department has received millions in funding.

This year, the Department of Dermatology is more than 50 years old. It has been my pleasure to participate in the growth of this department and to see it develop into one of the leading dermatology departments in the country. Although botulinum injections and dermal fillers involve little cost to the individual patient, the expected duration of improvement is never more than a few months. However, Dr. Zeichner has found that many patients are willing to accept the minor risks involved to achieve a fresher appearance. He explains that as we age, the connective tissue and fat in our cheeks shrink, creating a “counter-aging” effect. This phenomenon is even more dramatic for individuals who suffer from certain medical conditions, such as morbid obesity. Our Dermatology residency program, with 12 dermatology residents trained in our specialty, offers a wide range of services to our patients and to the community. In 1981, I was just starting my dermatology fellowship. I am now the Chair of the Department and have had the opportunity to work closely with some of the most talented and dedicated dermatologists in the country. Our Dermatology residency program continues to thrive, and we have had the opportunity to train a number of exceptional residents who have gone on to become leaders in their field. Our Department provides funding to support dermatology research, and the Department has received millions in funding.

This year, the Department of Dermatology is more than 50 years old. It has been my pleasure to participate in the growth of this department and to see it develop into one of the leading dermatology departments in the country. Although botulinum injections and dermal fillers involve little cost to the individual patient, the expected duration of improvement is never more than a few months. However, Dr. Zeichner has found that many patients are willing to accept the minor risks involved to achieve a fresher appearance. He explains that as we age, the connective tissue and fat in our cheeks shrink, creating a “counter-aging” effect. This phenomenon is even more dramatic for individuals who suffer from certain medical conditions, such as morbid obesity. Our Dermatology residency program, with 12 dermatology residents trained in our specialty, offers a wide range of services to our patients and to the community. In 1981, I was just starting my dermatology fellowship. I am now the Chair of the Department and have had the opportunity to work closely with some of the most talented and dedicated dermatologists in the country. Our Dermatology residency program continues to thrive, and we have had the opportunity to train a number of exceptional residents who have gone on to become leaders in their field. Our Department provides funding to support dermatology research, and the Department has received millions in funding.

This year, the Department of Dermatology is more than 50 years old. It has been my pleasure to participate in the growth of this department and to see it develop into one of the leading dermatology departments in the country. Although botulinum injections and dermal fillers involve little cost to the individual patient, the expected duration of improvement is never more than a few months. However, Dr. Zeichner has found that many patients are willing to accept the minor risks involved to achieve a fresher appearance. He explains that as we age, the connective tissue and fat in our cheeks shrink, creating a “counter-aging” effect. This phenomenon is even more dramatic for individuals who suffer from certain medical conditions, such as morbid obesity. Our Dermatology residency program, with 12 dermatology residents trained in our specialty, offers a wide range of services to our patients and to the community. In 1981, I was just starting my dermatology fellowship. I am now the Chair of the Department and have had the opportunity to work closely with some of the most talented and dedicated dermatologists in the country. Our Dermatology residency program continues to thrive, and we have had the opportunity to train a number of exceptional residents who have gone on to become leaders in their field. Our Department provides funding to support dermatology research, and the Department has received millions in funding.

This year, the Department of Dermatology is more than 50 years old. It has been my pleasure to participate in the growth of this department and to see it develop into one of the leading dermatology departments in the country. Although botulinum injections and dermal fillers involve little cost to the individual patient, the expected duration of improvement is never more than a few months. However, Dr. Zeichner has found that many patients are willing to accept the minor risks involved to achieve a fresher appearance. He explains that as we age, the connective tissue and fat in our cheeks shrink, creating a “counter-aging” effect. This phenomenon is even more dramatic for individuals who suffer from certain medical conditions, such as morbid obesity. Our Dermatology residency program, with 12 dermatology residents trained in our specialty, offers a wide range of services to our patients and to the community. In 1981, I was just starting my dermatology fellowship. I am now the Chair of the Department and have had the opportunity to work closely with some of the most talented and dedicated dermatologists in the country. Our Dermatology residency program continues to thrive, and we have had the opportunity to train a number of exceptional residents who have gone on to become leaders in their field. Our Department provides funding to support dermatology research, and the Department has received millions in funding.

This year, the Department of Dermatology is more than 50 years old. It has been my pleasure to participate in the growth of this department and to see it develop into one of the leading dermatology departments in the country. Although botulinum injections and dermal fillers involve little cost to the individual patient, the expected duration of improvement is never more than a few months. However, Dr. Zeichner has found that many patients are willing to accept the minor risks involved to achieve a fresher appearance. He explains that as we age, the connective tissue and fat in our cheeks shrink, creating a “counter-aging” effect. This phenomenon is even more dramatic for individuals who suffer from certain medical conditions, such as morbid obesity. Our Dermatology residency program, with 12 dermatology residents trained in our specialty, offers a wide range of services to our patients and to the community. In 1981, I was just starting my dermatology fellowship. I am now the Chair of the Department and have had the opportunity to work closely with some of the most talented and dedicated dermatologists in the country. Our Dermatology residency program continues to thrive, and we have had the opportunity to train a number of exceptional residents who have gone on to become leaders in their field. Our Department provides funding to support dermatology research, and the Department has received millions in funding.
**SPECIAL ARTICLE: SKIN ALLERGY & IMMUNOLOGY**

**WHO NEEDS PATCH TESTING?**

By Evra C. Gerecitano, MD

If you believe someone you know is a candidate for patch testing, be sure to talk to them about their skin and ask if they are experiencing any rashes or other skin symptoms. If so, you may be able to help them determine if they need to be referred to a dermatologist for further evaluation.

**Skin Conditions**

**Acne Vulgaris (COMMON ACNE)**

Almost 90% of all teenagers (94% of teenage boys and 88% of teenage girls) have acne at some point in their lives. Common acne occurs on the face, chest, and back. It ranges from mild acne, which may also appear in the first 3-4 decades of life, to severe acne, which is a must for future prevention.

**Psoriasis**

This is a chronic, autoimmune skin disease that affects approximately 3% of the population. It is characterized by abnormal skin cell growth that causes red, itchy, and scaly patches on the skin. Psoriasis can affect any part of the body, including the scalp, nails, and joints.

**Seborrheic Dermatitis**

This is a skin condition that affects the scalp, eyebrows, and sometimes the eyelids. It can cause redness, scaling, and flaking of the scalp and skin. It is often exacerbated by stress, fatigue, or changes in hormones.

**Atopic Dermatitis** (Eczema)

This is a chronic skin condition that causes red, itchy, and scaly patches on the skin. It can affect any part of the body and is often exacerbated by stress, fatigue, or changes in hormones.

**Contact Dermatitis**

This is a skin condition that occurs when the skin comes into contact with an allergen. It can cause redness, swelling, cracking, blisters, or itching on the skin. It can be caused by substances such as plants, metals, or chemicals.

**Allergic Contact Dermatitis**

This is a skin condition that occurs when the skin comes into contact with an allergen. It can cause redness, swelling, cracking, blisters, or itching on the skin. It can be caused by substances such as plants, metals, or chemicals.

**Dermatitis Herpetiformis**

This is a skin condition that occurs when the skin comes into contact with an allergen. It can cause redness, swelling, cracking, blisters, or itching on the skin. It can be caused by substances such as plants, metals, or chemicals.

**Shingles**

This is a skin condition that occurs when the skin comes into contact with an allergen. It can cause redness, swelling, cracking, blisters, or itching on the skin. It can be caused by substances such as plants, metals, or chemicals.

**Patch Testing**

Patch testing is a method used to identify the cause of contact dermatitis in patients with a long history of sun exposure. In this procedure, a list of suspected allergens is applied to the skin in a small patch and covered with a dressing. The test is read after 48 hours, and if an allergic reaction occurs, the person is diagnosed with contact dermatitis.

**Chair’s Message**

By Gary Goldenberg, MD

The Department of Dermatology has created an interdisciplinary team to focus on medical care and research, and we are committed to continuing to make breakthroughs for our patients and skin diseases.

The clinical and scientific contributions made in our Department are supported by a wide variety of clinical and research activities. Community Clinics include the Mount Sinai Skin Care Center and the Mount Sinai Dermatology Department of Clinical Affairs. Research activities include basic science and clinical studies, which are supported by federal and private grants.

For information about volunteering, donating, or research, please visit: dermatology.mountsinai.org/clinical-trials.

---

**Cosmetic Procedure Update**

Recent cosmetic surgery trends have changed dramatically over the past 30 years. Most patients prefer a natural look for their procedures, and they want to maintain a youthful appearance for as long as possible.

Dr. Gervaise Gerstner performs injections and also advises patients to consider a procedure known as "liquid facelift." This technique involves the use of injectable fillers to smooth out wrinkles and fine lines. The procedure takes about 15 minutes, following an hour of prepping the skin with a topical anesthetic.

The Fraxel® laser is another popular procedure for improving skin texture, wrinkles, pore size, scars, and brown spots. The laser treatment is performed in the office and takes about 20 minutes.

For information about volunteer opportunities, donating, or research, please visit: dermatology.mountsinai.org/clinical-trials.

---

**Mount Sinai Dermatology**

Mount Sinai Dermatology was the first in the nation to have a full-time allergy allergy and immunology program. The program has revolutionized therapy, making it possible to treat patients with a wide range of skin conditions.

**Mount Sinai Research Department**

The Mount Sinai Research Department has been at the forefront of medical research for over 30 years. The department has produced many significant breakthroughs in the field of dermatology, including the development of new treatments for skin diseases.

**Chair’s Message**

By Gary Goldenberg, MD

The Department of Dermatology has created an interdisciplinary team to focus on medical care and research, and we are committed to continuing to make breakthroughs for our patients and skin diseases.

The clinical and scientific contributions made in our Department are supported by a wide variety of clinical and research activities. Community Clinics include the Mount Sinai Skin Care Center and the Mount Sinai Dermatology Department of Clinical Affairs. Research activities include basic science and clinical studies, which are supported by federal and private grants.

For information about volunteering, donating, or research, please visit: dermatology.mountsinai.org/clinical-trials.

---

**Cosmetic Procedure Update**

Recent cosmetic surgery trends have changed dramatically over the past 30 years. Most patients prefer a natural look for their procedures, and they want to maintain a youthful appearance for as long as possible.

Dr. Gervaise Gerstner performs injections and also advises patients to consider a procedure known as "liquid facelift." This technique involves the use of injectable fillers to smooth out wrinkles and fine lines. The procedure takes about 15 minutes, following an hour of prepping the skin with a topical anesthetic.

The Fraxel® laser is another popular procedure for improving skin texture, wrinkles, pore size, scars, and brown spots. The laser treatment is performed in the office and takes about 20 minutes.

For information about volunteer opportunities, donating, or research, please visit: dermatology.mountsinai.org/clinical-trials.

---

**Mount Sinai Dermatology**

Mount Sinai Dermatology was the first in the nation to have a full-time allergy allergy and immunology program. The program has revolutionized therapy, making it possible to treat patients with a wide range of skin conditions.

**Mount Sinai Research Department**

The Mount Sinai Research Department has been at the forefront of medical research for over 30 years. The department has produced many significant breakthroughs in the field of dermatology, including the development of new treatments for skin diseases.

**Chair’s Message**

By Gary Goldenberg, MD

The Department of Dermatology has created an interdisciplinary team to focus on medical care and research, and we are committed to continuing to make breakthroughs for our patients and skin diseases.

The clinical and scientific contributions made in our Department are supported by a wide variety of clinical and research activities. Community Clinics include the Mount Sinai Skin Care Center and the Mount Sinai Dermatology Department of Clinical Affairs. Research activities include basic science and clinical studies, which are supported by federal and private grants.

For information about volunteering, donating, or research, please visit: dermatology.mountsinai.org/clinical-trials.

---

**Cosmetic Procedure Update**

Recent cosmetic surgery trends have changed dramatically over the past 30 years. Most patients prefer a natural look for their procedures, and they want to maintain a youthful appearance for as long as possible.

Dr. Gervaise Gerstner performs injections and also advises patients to consider a procedure known as "liquid facelift." This technique involves the use of injectable fillers to smooth out wrinkles and fine lines. The procedure takes about 15 minutes, following an hour of prepping the skin with a topical anesthetic.

The Fraxel® laser is another popular procedure for improving skin texture, wrinkles, pore size, scars, and brown spots. The laser treatment is performed in the office and takes about 20 minutes.

For information about volunteer opportunities, donating, or research, please visit: dermatology.mountsinai.org/clinical-trials.

---

**Mount Sinai Dermatology**

Mount Sinai Dermatology was the first in the nation to have a full-time allergy allergy and immunology program. The program has revolutionized therapy, making it possible to treat patients with a wide range of skin conditions.

**Mount Sinai Research Department**

The Mount Sinai Research Department has been at the forefront of medical research for over 30 years. The department has produced many significant breakthroughs in the field of dermatology, including the development of new treatments for skin diseases.

**Chair’s Message**

By Gary Goldenberg, MD

The Department of Dermatology has created an interdisciplinary team to focus on medical care and research, and we are committed to continuing to make breakthroughs for our patients and skin diseases.

The clinical and scientific contributions made in our Department are supported by a wide variety of clinical and research activities. Community Clinics include the Mount Sinai Skin Care Center and the Mount Sinai Dermatology Department of Clinical Affairs. Research activities include basic science and clinical studies, which are supported by federal and private grants.

For information about volunteering, donating, or research, please visit: dermatology.mountsinai.org/clinical-trials.