



**Mount
Sinai**

Mount Sinai Downtown
Pre-Surgical Testing
10 Union Square East - 4K
New York, NY 10003
T (212) 844-8250
F (212) 844-1165

Welcome to Mount Sinai Downtown Pre-Surgical Testing

Why do I need Pre-Surgical Testing?

Your surgeon has scheduled your surgery at Mount Sinai Downtown. Prior to surgery, it is **IMPORTANT** that you meet with Pre-Surgical Testing as soon as you know you are having surgery. *Your appointment should be no later than 2 weeks prior to surgery.*

Your appointment will give you an opportunity to ask questions and allow our medical staff to assess your physical health in order to reduce the possibility of surgical complications and prevent delays on the day of surgery. We want to ensure that you will be safe and comfortable during your anesthesia, surgery, and recovery.

Pre-Surgical Testing unit is located at the address listed above. To make an appointment, please call us from 8am – 4pm at (212) 844-8250. Before your appointment:

Please gather the following information and bring to your appointment:

- Completed history form
- Insurance information
- List of prescribed medications, over-the-counter medicines, and supplements that you normally take
- List of any allergies to medicines
- List of any past surgeries and their approximate dates
- Copy of the identification card for your pacemaker and defibrillator (if you have these devices)
- If available, results of any pre-surgery tests that were done within and outside of Mount Sinai network, such as bloodwork, electrocardiograms, echocardiograms, stress tests, and cardiac catheterizations. Please ask your primary care physician or cardiologist to fax those results to us at: (212) 844-1165 with “ATTN: PST” on the cover sheet.
- Orders from your surgeon if available

How long will my Pre-Surgical Testing visit take?

Your appointment will take approximately 60-90 minutes and possibly longer if you need additional testing.

What can I expect during my Pre-Surgical Testing visit?

- Interview with medical staff regarding your medical history and other necessary clinical information
- Vital signs taken, weight and height obtained
- Brief physical exam by PST team
- Interview with anesthesiology staff
- Required pre-surgery diagnostic testing (blood, EKG, x-ray, etc.) if not available
- Discussion about which of your medications you should take and not take on the day of your surgery (unless you have been told otherwise by your surgeon)
- Anesthesia Information
- Scheduling of additional testing if needed

Thank you for choosing Mount Sinai Downtown and we look forward to serving you.

Patient Name: _____

Name of Surgeon: _____

Date of Surgery: _____

Date and Time of PST Appointment: _____