



COMPREHENSIVE CARE FOR Older Adults with HIV

Instrumental Activities of Daily Living (IADL) Screening

Instrumental Activities of Daily Living (IADL)					
Activity	Description	3	2	1	Notes
Telephone use (using your phone)	Using a cellphone or landline, dialing, making calls, texting, answering when someone calls				
Shopping (buying the things you need)	Shopping for groceries, house supplies, clothes, and other things you need				
Food Preparation (making meals and snacks)	Planning, shopping, and making meals for yourself				
Housekeeping (keeping your living space clean)	Keeping your living space clean, doing dishes, making your bed				
House Repairs (fixing small things in your living space)	Making small repairs in your living space that you don't need an expert to do				
Laundry (keeping your clothes and sheets clean)	Doing your laundry like clothes and sheets				
Transportation (going places)	Taking public transportation, arranging transportation if you have car service				
Taking medicine	Taking your medication at the correct dose and time, asking for refills				
Financial Management (managing your money and bills)	Managing your money, paying your bills/rent, and making day-to-day purchases				

Independent: Can do completely alone = 3
Partially Able: Can do with help from someone else = 2
Unable: Needs full assistance from someone else = 1

- 1. Provide the following instructions:** *Please answer the following questions about how well you can do each activity: as independent [3], partially able with help [2] or unable to do it without full assistance [1].*
- 2. Read each activity (column 1) and its description (column 2),** and ask the patient to respond with his/her ability to perform that activity.
- 3. Add scores (1, 2, or 3) for each activity.** Maximum score is 27. There is no cut off score. This is used to identify where additional assistance is needed to guide the geriatrician's care plan per standard of care.