



COMPREHENSIVE CARE FOR Older Adults with HIV

Pre-Implementation Community Health Worker Training

Before creating a Comprehensive Care for Older Adults with HIV program, it is important for all of the team members to be trained in delivering their element of the intervention. Community Health Worker (CHW) training is critical and includes the following, which can be found at: www.HIVTrainingNY.org.

- Caring for Older Adults with HIV: New York State Department of Health AIDS Institute Trainings
- Enhancing Health Outcomes for Older People Living with HIV
- U=U
- HIV 101
- HIV 101(in-person)
- HIV 201
- Motivational Interviewing 101 LGBTQIA+ 101 (In-person)
- Best Practices in PEP & PrEP Education Counseling
- STI 101
- Delivering HIV Positive Results
- Hepatitis C Patient Navigation
- De-Escalation and Conflict Management

Caring for Older Adults with HIV: New York State Department of Health AIDS Institute Trainings

Trainings: Overview of HIV, Healthy Equity; (hybrid) Stigma and Affirmation in HIV care; HIV Jeopardy; Motivational Interviewing overview (30 mins); Engagement series: Older HIV+ men who are gay/MSM; Trauma Informed Care; Affirming Social Determinants of Health

Enhancing Health Outcomes for Older People Living with HIV

This one-day training is an interactive, skills-building workshop focused on the acquisition and application of skills and knowledge to enhance community outreach activities. It is intended to enrich outreach and community engagement activities. Participants will learn the stages of community outreach, how to establish and maintain boundaries, and methods to strategically utilize the Relational Outreach Engagement Model.

U=U

This one-day course is designed to train staff to recognize the impact of promoting an empowering message of U=U in a way that is exciting and meaningful, that clarifies the science of U=U making it accessible in sharing with colleagues and clients. The training focuses on understanding U=U as a powerful tool in the larger context of HIV stigma, particularly in the interaction with other "isms" and structural inequality; using U=U as a tool for empowering, encouraging, and supporting HIV+ persons to take ownership over their health, tackle internalized shame, become fully adherent, and thrive as members of their communities. Attendees gain understanding and will practice integrating U=U into agency role and current interventions in a culturally informed and respectful way, that's effective in preventing new infections, specifically building capacity around adherence assessment and support for providers.

HIV 101

This one-day interactive training explores the history of HIV and HIV fundamentals such as transmission, statistics, testing, and prevention strategies. This course is ideal for new staff who require a strong foundation in the basics of HIV. This course is also useful for staff persons who could benefit from an HIV content refresher.

HIV 101 (In-person)

This training will be in-person from 10am-3pm. This one-day interactive training explores the history of HIV and HIV fundamentals such as transmission, statistics, testing, and prevention strategies. This course is ideal for new staff who require a strong foundation in the basics of HIV. This course is also useful for staff persons who could benefit from an HIV content refresher. **Location:** NYC Department of Health and Mental Hygiene, Gotham Center, 42-09 28th Street, Room: 21-14, Long Island City, NY 11101

HIV 201

This one-day training will review the importance of biomedical interventions in the reduction of HIV transmission. Throughout the training, attendees will learn about the role combination biomedical and behavioral interventions can play in helping to reach the goals of the National HIV/AIDS Strategy; the impact of linkage to medical care and viral load suppression on HIV transmission; the basics of PEP and PrEP; and how to discuss these biomedical interventions with clients.

Motivational Interviewing 101

This two-day course covers the Transtheoretical Behavior Change model, Albert Mehrabian's Model of Spoken Communication, elements of a client-centered approach, and basic Motivational Interviewing techniques such as OARS and active listening. Registrants must be on camera and have a microphone for this training.

LGBTQIA+ 101 (In-person)

This one-day in-person training will explore the nuances that exist among gender, gender identity, gender expression, sexual orientation, and sexual behavior to promote cultural sensitivity in working with the members of LGBTQI communities. Participants will gain a greater understanding and sensitivity to the needs of individuals from the LGBTQI communities, as well as confidence in their ability to welcome and retain LGBTQI clients in the services being provided. **Location:** NYC Department of Health and Mental Hygiene, Gotham Center, 42-09 28th Street, Room: 21-14, Long Island City, NY 11101

Best Practices in PEP & PrEP Education Counseling

This one-day course is designed to train front-line staff to provide basic education about Pre-Exposure Prophylaxis (PrEP) and Post-Exposure Prophylaxis (PEP) to clients who might benefit from these interventions. The training focuses on PrEP in greater depth and includes training on providing PrEP decision-making counseling for clients considering PrEP and PrEP adherence counseling to clients who are initiating PrEP. In addition, the training includes a brief module that outlines how clients might pay for PrEP as a precursor to PrEP-related insurance navigation.

STI 101

This half-day introductory training will serve to increase health and human service providers' knowledge and understanding of sexually transmitted diseases (STIs). The training will review transmission, screening, and treatment of the most common STIs, with additional information on available resources.

Delivering HIV Positive Results

This two-day training is an interactive skills-building course focused on delivering HIV positive test results to clients. This training assists HIV service providers with guidance and practice in the delivering of HIV positive test results and in working with newly diagnosed clients on topics such as linkage to medical care and partner notification.

Hepatitis C Patient Navigation

This one-day training is designed to provide front-line staff with a basic overview of Hepatitis C (Hep C) and its impact in New York City. This training will also provide an overview of the roles and responsibilities of a patient navigator while highlighting successful strategies used by current Hep C patient navigation programs.

De-Escalation and Conflict Management

This virtual training will provide strategies for identifying what escalation looks like, a plan everyone can use to manage conflict, and tools to support people through the de-escalation and conflict management process.