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<th>Monday</th>
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<td>2</td>
<td>1-3 Therapeutic Massage 11-12 Women Wisdom &amp; Wellness</td>
<td>9:45-12 Radiation Oncology-Therapeutic Massage 10-11:30 Gilda’s Club- Grupo de apoyo para la comunidad Latina viviendo con cancer 1-3 Therapeutic Massage</td>
<td>10-11 Radiation Oncology- prostate Group 1-3 Therapeutic Massage 2-3 Concerts In Motion 3-4 EMDR</td>
<td>9:30-12 Artist in Residence RTC 1-3 Therapeutic Massage 1-6 Artist in Residence (Inpatient)</td>
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<td>Labor Day</td>
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<td>9:30-12 Artist in Residence RTC 10- Pet Assisted Therapy 1-3 Therapeutic Massage 1-6 Artist in Residence (Inpatient) 4-6:30 Lecture-Treatment to Transplant</td>
<td>9:45-12 Radiation Oncology-Therapeutic Massage 10-11:30 Gilda’s Club- Grupo de apoyo para la comunidad Latina viviendo con cancer 12:30-1:45 Lung Cancer Support Group 1-3 Therapeutic Massage 2-3 Post-Allo BMT Group</td>
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<td>16</td>
<td>10-11 MPD/MPN Group 1-3 Therapeutic Massage 2-3 Head &amp; Neck Cancer Group 5:30-7: Young Women Connect Support Group</td>
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Support and Wellness Programs

***If you would like to be added to our email distribution list to receive our calendar and other information on support and wellness events, please email anna.gribetz@mountsinai.org***

**Artist-in-Residence:** RTC - contact Anna Gribetz, LCSW (212) 824-8762. Inpatient - contact Meredith Fitzpatrick, LMSW (212) 241-7948

**CLIMB (Children's Lives Include Moments of Bravery):** A program for children whose parents/caregivers have a diagnosis of cancer with a concurrent parent group. Registration required. Please contact Sophia T. Piccolino, LCSW (212) 824-8765

**Colorectal, Liver & Pancreatic Cancer Support Group** (*Open to patients with any type of GI Cancer*): 1470 Madison Ave, Ruttenberg 4th Floor, Resource Center. Contact Meredith Prescott, LMSW (212) 824-8772

**EMDR:** Individual counselling service for patients experiencing psychological distress due to their cancer experience. For information and to RSVP, please contact: Batya Reckson, LCSW-R, OSW-C phone: 212-824 8774 email: batya.reckson@mountsinai.org

**Gilda's Club – Amigos Unidos: Un programa de apoyo para la comunidad Latina viviendo con cancer:** 1470 Madison Ave, Ruttenberg 3er Piso, Sala de Conferencias 105. Contacto (212) 647-9700

**Gilda's Club Workshop- Body Image-** This lecture will teach the practice of body acceptance including learning how to observe, not judge, your body. 1470 Madison Ave, Ruttenberg 3rd Floor, Conference Room s3-105. To register, call (212) 647-9700

**Head and Neck Cancer Support Group (SPOHNC):** 1470 Madison Ave, Ruttenberg 4th Floor, Resource Center. Batya Reckson, LCSW (212) 824-8774

**Leukemia and Lymphoma Support Group:** 1470 Madison Avenue, Ruttenberg 4th Floor, Resource Center. Contact Alexa Chalmers, LMSW (212) 824-9284

**Lung Cancer Support Group:** 1470 Madison Ave, Ruttenberg 3rd Floor, Room S3-105. Lunch provided. Contact Stephanie Lehrman, LMSW (212) 824-8777

**Neuro Oncology Caregiver Support Group:** 1470 Madison Avenue, Ruttenberg 3rd Floor Conference Room RSVP to Sunni Dorset, LMSW (212)-824-8762

**Nu Voices: Patient run support group for laryngectomies:** 3rd Sunday of the month at 1:30pm at Mount Sinai Hospital. Contact Saul Silver (212) 677-6392

**Pet Assisted Therapy:** Individual visits with certified Pet Assisted Therapy Dogs. Medical clearance required. Contact Anna Gribetz, LCSW (212) 824-8762

**Post-Allogeneic BMT Support Group:** 1470 Madison Ave, Ruttenberg 3rd Floor, Room s3-105. RSVP to Shelagh Murphy, LCSW (212)-241-8185

**Radiation Oncology Programs:** Radiation Oncology Conference Room, 1470 Madison Ave, SC2 Level, contact Ahuva Morris, LCSW (212) 241-9077

**Sickle Cell Support Group:** 1470 Madison Ave, Ruttenberg 4th Floor, Resource Center. Jenna Merz, LMSW (212) 824-8773

**Spiritual Care:** Available to cancer center patients. Chaplains are an interfaith group that offer spiritual support and counseling, religious ritual and prayer. They help people find healing, hope, and comfort while experiencing the challenges of life and treatment. Their services are for people of any religion or to anyone who is interested in discussing their spiritual side of care. For chaplaincy support contact karen.terry@mountsinai.org

**Therapeutic Massage:** Available to RTC patients while receiving treatment and to radiation oncology patients after treatment. Medical clearance required. Contact Anna Gribetz, LCSW (212) 824-8762 for RTC and Ahuva Morris, LCSW (212) 241-9077 for radiation oncology.

**Treatment to Transplant: Leukemia, Myeloproliferative Neoplasms, and Bone Marrow Transplant-** RTC 1470 Madison Avenue- 2nd Floor David Auditorium. RSVP to Jennifer Shah- 212-376-4656.

**Woman-to-Woman:** This program provides emotional support, information and self-advocacy training to women in treatment for gynecologic cancer, using a peer-to-peer model with survivor volunteers. Rachel Justus, LCSW (212) 241-3793

**Women, Wisdom & Wellness:** Gynecologic Oncology Educational Series aimed to provide a space for women to learn, discuss, share and explore topics of health, strength and well-being. 1470 Madison Ave, Ruttenberg 2nd Floor Conference Room. RSVP to Rachel Justus, LCSW (212) 241-3793

**Dubin Schmoozin:** A fun-loving support group, facilitated by Social Work. Registration is not required. Contact Staci Benaroya, LMSW (212) 241-1258.

**LatinaShare Breast Cancer Support Group:** This group offers support to breast cancer patients in Spanish and is offered bimonthly in Dubin. Group is on hold for the summer. Contact Heather Armijo (212) 241-1260.

**Young Women’s Group:** This group offers support for women who have been diagnosed with breast cancer under the age of 40. For registration contact Jennifer Mann, LMSW (212) 241-1259

**All support and wellness programs are free of charge**