



Precision Recovery Remote Patient Monitoring Program



At Mount Sinai we are here to help you at home as well as in the hospital. Precision Recovery is a home monitoring program where you will input your symptoms into the app and we will contact you if you report worsening symptoms. We will also set up 10-minute weekly videocalls with you to review your symptoms and entered data and answer any questions you might have.

How do I enroll in the program?

1. Download **MyCap** from the App store.
2. Download **Zoom** from the App store on your phone and set up a free account.
3. Text us at **(332) 213-9130** with **your name** and **COVID**.



MyCap App

For symptom and data entry



Zoom App

For videochat follow-up with providers

Here are some frequently asked questions:

How can this program help me?

Recovering from COVID can be tough. There will be good days and there will be bad days. We are there for you to track your symptoms, provide information based on your symptom course, and help you make decisions about whether or not to return to the emergency room, contact your primary care physician, or alter your care plan.

Can this program help in an emergency?

No, while we are monitoring your data, we cannot address emergencies. Please call 911 for emergencies or use the **Mount Sinai Now** virtual urgent care to address urgent medical problems.

Is this program free?

Medicare, Medicaid, and most insurance companies cover the cost of this program. For certain insurance there may be a small copay associated with the program.

Call or text (332) 213-9130 with any questions.