【Mount Sinai Doctors Japanese Medical Practice】

Japanese Corporate Physical (Ningen-Dock) Menus & Prices

Items of Exam		Package Type						
		SA (New)	A	B	SC (New)	C	D	Ped (*1)
Physical Exam	Personal Interview, Phonacoscopy, Breast Exam, Rectal Exam (40 y.o. or older), Ocular Tension (excl. Pediatric)	○		○	○		○	○
Measurement	Vision, Hearing, Height, Weight, BMI, Growth Development (Pediatric)	○		○	○		○	○
Cardiology	Blood Pressure, Electrocardiograph	○		○	○		○	
Respiratory system	Chest X-Ray (Option: Low Dose Chest CT - see below Optional Tests)	○		○	○		○	
Digestive system	Fecal Occult Blood	○		○	○		○	
Urinarysis	Protein, Glucose, Bilirubin, Sp. Gravity, PH, Occult Blood	○		○	○		○	○
Blood Test		○		○	○		○	
Anemia, Inflammation	RBC, WBC, Hemoglobin, Hematocrit, Platelets, ESR, Iron							
Coronary Risk Profile	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides							
Liver Function	Total Protein, Albumin, Globulin, AST(GOT), ALT(GPT), LDH, Bilirubin Total, Bilirubin Direct, CGTP(γGTP), Alkaline Phosphatase							
Pancreas	Fasting Blood Sugar, Amylase							
Urinary System	BUN, Uric Acid, Creatinine, Sodium, Chloride, Potassium							
Thyroid Function	TSH							
Others	Hepatitis B Antigen (HBsAg), RPR, RA, Calcium, Phosphorus							
Gynecology	PAP Smear				○		○	
Upper Gastrointestinal	Upper Gastrointestinal Fluoroscopy (Upper GI) (*2) - *for 40 y.o. or older*		○			○		
	Upper Gastrointestinal Endoscopy (EGD) (*3) - *for 40 y.o. or older*	○			○			
Total Price ($)	(Manhattan office)	1,355	830	505	1,425	900	575	-
	(Hartsdale office)							232

Optional Tests	
Blood Test	Hemoglobin A1c (HbA1c): $30, HCV Antibody (Hep C Ab): $30, Prostate-Specific Antigen (PSA): $37
New (Manhattan Office only) Lung Cancer & Heart Attack	Low Dose Chest CT - Lung Cancer Screening&Coronary Calcium Scoring: Alternate to Chest XR, +$175 from Chest XR (Unit price $250) - *for 40 y.o. or older*
Radiology Test	Abdominal Sonogram (*4): $314, Screening Mammogram (*4)(*5): $275, Breast Sonogram (*4)(*5): $225

【Note】

(*1) While physical exam for Pediatric is also covered by US medical insurance, this Pediatric plan provides broader tests and services incl. Urinarysis, Pediatric anemia test (for additional $21), and Result Report in both English and Japanese. This Pediatric plan is conducted in Hartsdale office only.

(*2) Upper Gastrointestinal Fluoroscopy is conducted at Mount Sinai Union Square (Address: 10 Union Square East, New York, NY 10003).

(*3) Upper Gastrointestinal Endoscopy is conducted at affiliated facilities. For Manhattan office, the facility is "East Side Endoscopy" (Address: 380 2nd Avenue, New York, NY 10010). For Hartsdale office, the facility is "St. John's Medical Group" (in the same building as the Hartsdale office, Suite 301) or other facility. Biopsy is not included in this menu and price, and claimed to US medical insurance (subject to Co-pay, Co-insurance or Deductible).

(*4) Abdominal Sonogram, Mammogram and Breast Sonogram are, if in Manhattan, conducted at Mount Sinai Union Square (Address: 10 Union Square East, New York, NY 10003). If in Hartsdale, these tests are conducted in the same building as the Hartsdale office.

(*5) Mammogram is recommended for 40 y.o. or older (can be offered from 35 y.o.), and Breast Sonogram is conducted only in combination with Mammogram. If there is diagnosis at the test or in the past, these tests are conducted as Diagnostic (instead of Screening) and claimed to US medical insurance.

【Appendix】 Comparison: Japanese Corporate Physical (Ningen-Dock) vs. Annual Physical using US medical insurance

	Japanese Corporate Physical (Ningen-Dock)	Annual Physical using US medical insurance
Items of Exam	Broader exam items, corresponding to Japanese Industrial Safety and Health Act. Patients can select exam items prior to the exam.	Restricted exam items according to age, gender, medical history etc., based upon guidelines from US medical insurers.
Duration of Exam	Dependent upon which plan is chosen, but 2 to 3 hours is estimated time.	Generally 0.5 to 1 hour, but if additional test is needed it will be on another date.
Before Exam	Exam package (Confirmation sheet, Occult blood slide etc.) is sent to patient's home address prior to the exam.	No preparatory material is sent.
Result Report	Result Report in both English and Japanese is created and sent.	Result is usually conveyed by nurse via phone.
How to pay	Invoice from us is all inclusive, to be paid by corporate periodically or by patient at the front desk.	Multiple invoices are sent from different departments or laboratories.
Price	Total cost for those multiple tests is generally $2,000 - $3,000 or more, but we can offer them at $500 - $1,000 level by special agreement with other departments and laboratory.	Price varies by insurance and its plan.

Appointment Phone Number: Manhattan Office: (212)252-6175 (Mon.-Fri. 8am-4:45pm)
Hartsdale Office: (914)370-5340 (Mon.-Fri. 9am-5pm)

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