### Japanese Corporate Physical (Ningen-Dock) Menus & Prices

<table>
<thead>
<tr>
<th>Items of Exam</th>
<th>Package Type</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>A</td>
</tr>
<tr>
<td>Physical Exam</td>
<td>○</td>
</tr>
<tr>
<td>Measurement</td>
<td>○</td>
</tr>
<tr>
<td>Cardiology</td>
<td>○</td>
</tr>
<tr>
<td>Respiratory system</td>
<td>○</td>
</tr>
<tr>
<td>Digestive system</td>
<td>○</td>
</tr>
<tr>
<td>Urinarysis</td>
<td>○</td>
</tr>
</tbody>
</table>

#### Blood Test

- **Anemia, Inflammation**
  - RBC, WBC, Hemoglobin, Hematocrit, Platelets, ESR, Iron
- **Coronary Risk Profile**
  - Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides
- **Liver Function**
  - Total Protein, Albumin, Globulin, AST(GOT), ALT(GPT), LDH, Bilirubin Total, Bilirubin Direct, CGTP(yGTP), Alkaline Phosphatase
- **Pancreas**
  - Fasting Blood Sugar, Amylase
- **Urinary System**
  - BUN, Uric Acid, Creatinine, Sodium, Chloride, Potassium
- **Thyroid Function**
  - TSH
- **Others**
  - Hepatitis B Antigen (HBsAg), RPR, RA, Calcium, Phosphorus

#### Gynecology

- Upper Gastrointestinal Fluoroscopy
- PAP Smear

#### Total Price ($)

- (34th St. office) $830
- (Hartsdale office) $900

### Optional Tests

#### Blood Test

- Hemoglobin A1c (HbA1c): $30
- HCV Antibody (Hep C Ab): $30
- Prostate-Specific Antigen (PSA): $37

#### Radiology Test

- Abdominal Sonogram: $314
- Screening Mammogram: $185

#### Endoscopy

- Gastroscopy: $550 (Self Pay only) + Biopsy test (*3)(*4)
- Colonoscopy: $1,000 (Self Pay only) + Biopsy test (*3)(*4)

### Note

(*1) While physical exam for Pediatric is also covered by US medical insurance, this Pediatric plan provides broader tests and services incl. Urinarysis, Pediatric anemia test (for additional $21), and Result Report in both English and Japanese. This Pediatric plan is conducted in Hartsdale office only.

(*2) Screening Mammogram is recommended for 40 y.o. or over, but can be offered from 35 y.o. if requested. If there is diagnosis at the test or in the past, the Mammogram is conducted as Diagnostic instead of Screening and covered by US medical insurance (out of the scope of this price for Screening).

(*3) Endoscopy is conducted by Dr. Galizi's office (on the 2nd floor in the same building of Hartsdale office) which has alliance with us.

(*4) Biopsy test is not included in this price and claimed to US medical insurance.

### Appendix: Comparison: Japanese Corporate Physical (Ningen-Dock) vs. Annual Physical using US medical insurance

<table>
<thead>
<tr>
<th>Item</th>
<th>Japanese Corporate Physical (Ningen-Dock)</th>
<th>Annual Physical using US medical insurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Items of Exam</td>
<td>Broader exam items, corresponding to Japanese Industrial Safety and Health Act. Patients can select exam items prior to the exam.</td>
<td>Restricted exam items according to age, gender, medical history etc., based upon guidelines from US medical insurers.</td>
</tr>
<tr>
<td>Duration of Exam</td>
<td>Dependent upon which plan is chosen, but 2 to 3 hours is estimated time.</td>
<td>Generally 0.5 to 1 hour, but if additional test is needed it will be on another date.</td>
</tr>
<tr>
<td>Before Exam</td>
<td>Exam package (Confirmation sheet, Occult blood slide etc.) is sent to patient’s home address prior to the exam.</td>
<td>No preparatory material is sent.</td>
</tr>
<tr>
<td>Result Report</td>
<td>Result Report in both English and Japanese is created and sent.</td>
<td>Result is usually conveyed by nurse via phone.</td>
</tr>
<tr>
<td>How to pay</td>
<td>Invoice from us is all inclusive, to be paid by corporate periodically or by patient at the front desk.</td>
<td>Multiple invoices are sent from different departments or laboratories.</td>
</tr>
<tr>
<td>Price</td>
<td>Total cost for those multiple tests is generally $2,000 - $3,000 or more, but we can offer them at $500 - $1,000 level by special agreement with other departments and laboratory.</td>
<td>Price varies by insurance and its plan.</td>
</tr>
</tbody>
</table>

Appointment Phone Number:  
- Manhattan Office: (212)252-6175  (Mon.-Fri. 8am-4:45pm)  
- Hartsdale Office: (914)997-1200 Ext.30  (Mon.-Fri. 9am-5pm)  

Updated July 2021