

Delivering Your Baby at Mount Sinai – Upper East Side

- What is the entrance that you go to when you think/know you are in labor?
1176 Fifth Avenue @ 98th Street –Klingenstein Pavilion
- If driving your vehicle, where can you park?
 - 1) Try to find a muni meter on Fifth Avenue or nearby cross streets. You must pay the meter from Mondays to Saturdays from 7 am to 10 pm. Sundays are free!
 - 2) Parking garages are located:
 - 99th Street between Madison and Park Avenue
 - 102nd Street between Madison and Fifth Avenue
 - 105th Street and Madison Avenue
- Do we go to the labor floor, even in an emergency?
Yes, do not go to the emergency department.
- What floor is the labor and delivery on?
KP 2
- What happens when we walk through the hospital doors “in labor?” Who greets us?
A security guard is there to greet you 24/7. If you need a wheelchair, one will be provided for you.
- Should we pre-register before the “big day?” Where do we go to do this?
Yes, you should be pre-registered. Your doctor’s office will handle this. Form is also available under the “Preparing for Childbirth” link
Although you have pre-registered you will be asked to fill out admission paper work upon arrival to labor and delivery. Bring a form of identification with you (driver’s license or passport) and your insurance card.
- If we are scheduled for a Cesarean birth, where do we go for pre-admission testing?
An appointment will be scheduled the day before the cesarean for pre-admission testing. On the day before your scheduled cesarean, you will go to labor and delivery for pre-admission testing. During this visit a nurse will draw pre-admission lab work and review information with you about your cesarean. On the day of the cesarean, you should arrive 2 hours prior to the birth of your baby. All this will be explained to you by your doctor’s office manager and the nurse that you see during your pre-admission testing.
- If we are scheduled for an induction, do we go right to labor and delivery when we get to the hospital?
If you are scheduled for an induction, you will go right to KP2.
- How many people can be with you when you are evaluated for admission (triage)?
Only one (1) person can attend to you during triage. If you are bringing in an additional labor support person, they will wait in the family waiting area until you have been admitted and are in a birthing room.
- How many people can attend to you during your labor and delivery?
Two (2) people can support you during your labor and delivery.
- What are visiting hours for birth partners, family, siblings, and friends after the baby is born?

Visiting hours for family and friends are 9 am to 9 pm.

Visiting hours for birth partners not securing a private room are 7 am to 10 pm.

- Is there a limit on the amount of visitors you can have after you deliver your baby?
We encourage no more than three (3) visitors at a time.

- What is the procedure for requesting a private room after the delivery? What is the fee?
What is the form of payment?
You will be asked if you want a private or semi-private room once you deliver your baby. If you want a private room, you will be directed to the admitting desk on KP2. The Business Associate will explain to you the private room contract based on your length of stay (Vaginal deliveries for two (2) days; Cesarean for three (3) days)
Payment for private rooms is in the form of a credit card or cash.

- Are you allowed to bring your own food into the hospital?
Yes, there are refrigerators in your room to store your food.
All deliveries by outside vendors must be picked up in the KP lobby

- Where is the cafeteria?
The cafeteria is located at 1190 Fifthth Avenue in the Guggenheim Pavilion.