



Mount Sinai *Recanati/Miller
Transplantation Institute*

Living Kidney Donor Inclusion and Exclusion Criteria

As part of the Centers for Medicare & Medicaid Services (CMS) Increasing Organ Transplant Access (IOTA) Model requirements, participating kidney transplant hospitals are required to make their living kidney donor selection criteria publicly available. The following outlines our program's inclusion and exclusion criteria used to evaluate potential living kidney donors.

Individuals interested in becoming a living kidney donor must contact the *Mount Sinai Recanati/Miller Transplant Institute Living Donor Program* to begin the evaluation process.

General inclusion criteria include:

- At least 18 years of age.
- Completion of a comprehensive medical and surgical evaluation.
- Completion of a psychosocial evaluation by a qualified healthcare professional.
- Completion of the donor education and informed consent process, including signing the appropriate consent forms.

General exclusion criteria include:

- Under 18 years of age or mentally incapable of making an informed decision.
- Uncontrolled hypertension or a history of hypertension with evidence of end-organ damage.
- HIV infection, unless the donor meets the criteria under the HIV Living Donation Policy.
- Obesity (Body Mass Index greater than 35).
- Family history of autosomal dominant polycystic kidney disease (ADPKD) in donors younger than 30 years of age, unless genetic testing is negative.
- Diabetes.
- Active malignancy or incompletely treated malignancy.
- Evidence or strong suspicion of donor coercion.
- Evidence or strong suspicion of an illegal financial exchange between the donor and recipient.
- Acute symptomatic infection until the infection has resolved.
- Psychiatric conditions requiring treatment before donation, including evidence of suicidality.
- Active substance abuse.

Please note that the transplant team reserves the right to consider potential living donors outside the scope of these general criteria on a case-by-case basis, based on their individual medical and psychosocial circumstances.

If you have further questions regarding the above criteria, please contact the Kidney Transplant Team at **212-659-8086**.

Thank you,

Mount Sinai Recanati/Miller Transplant Institute
Kidney/Pancreas Transplantation Team