



# Mount Sinai Rehabilitation Center

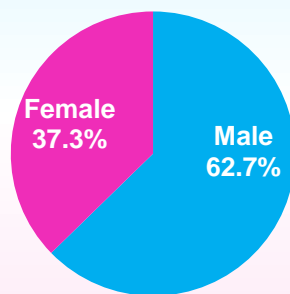
## 2020 Scorecard Spinal Cord Injury Specialty Program

*Furthering ability through clinical care, science, education and innovation*

**Patients Served:** 150

	Complete Tetraplegia	Incomplete Tetraplegia	Paraplegia	Other SCI Dysfunction
Volume	12	61	73	4
Average Age	48	62	57	80
Length of Stay (days)	33.7	26.1	22.9	16.3

We are skilled in ventilator Management and cared for 4 vent-dependent patients in 2020.



### **Functional Improvement**

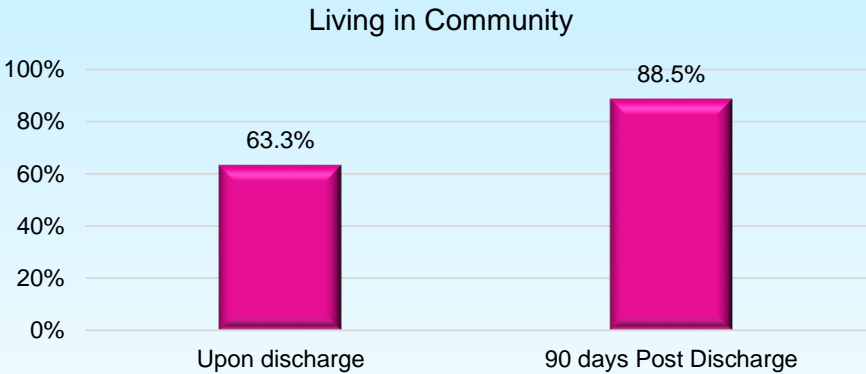
The Spinal Cord Independence Measure (SCIM) is a disability scale designed to specifically address the ability of SCI patients to perform activities of daily living independently. An increase of at least 4 points is considered a clinically significant improvement in function.

89% of our patients gain at least 4 points from admission to discharge.

## Intensity of Therapy

On average, our patients receive 3.2 hours of therapy per day, including Physical and Occupational Therapy, Speech Language Pathology and Neuropsychology. Supplemental activities are offered daily by our Therapeutic Recreational Specialists.

## Discharge



The majority of our patients are discharged back to the community following inpatient rehabilitation. Some patients (18%) require further rehabilitation in a sub-acute setting prior to returning home. A percentage (18.7%) require transfer to the acute hospital for further medical management.

76.5% patients discharged from our inpatient rehabilitation unit participate in community programs geared towards resuming an active lifestyle.

## Patient Satisfaction

83% of patients are satisfied with the Spinal Cord Specialty Program

*“They are the best in the country, understandably the best”*

- Press Ganey, 2020



**Mount Sinai Rehabilitation Center**

1 Gustave L. Levy Place

New York, NY 10029

[www.mountsinai.org/care/rehab-medicine](http://www.mountsinai.org/care/rehab-medicine)