



# Mount Sinai Rehabilitation Center

## 2017 Scorecard

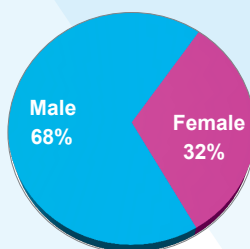
### Spinal Cord Injury Specialty Program

*Furthering ability through clinical care, science, education and innovation*

**Patients Served:** 194

	<i>Complete Tetraplegia</i>	<i>Incomplete Tetraplegia</i>	<i>Paraplegia</i>	<i>Other SCI Dysfunction</i>
<i>Volume</i>	19	75	95	5
<i>Average Age</i>	36.8	57.4	53.3	71.0
<i>Length of Stay (days)</i>	45.0	25.0	23.7	14.8

We are skilled in ventilator management and care for 12 vent-dependent patients in 2016-17.



### **Functional Improvement**

The Spinal Cord Independence Measure (SCIM) is a disability scale designed to specifically address the ability of SCI patients to perform activities of daily living independently. An increase of at least 4 points is considered a clinically significant improvement in function.

84% of our patients gain at least 4 points from admission to discharge.

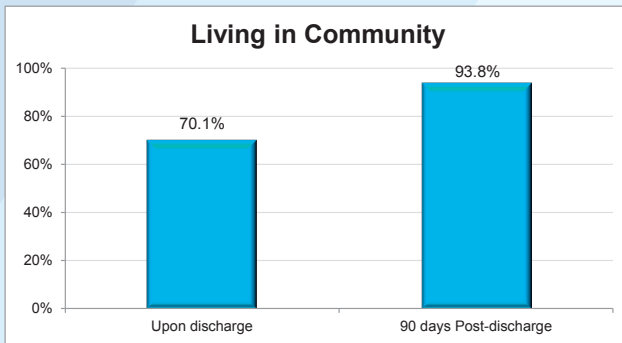
### **Goal Attainment**

73% of our patients meet their goals during their stay at the Mount Sinai Rehabilitation Center.

## ***Intensity of Therapy***

On average, our patients receive 3.2 hours of therapy per day, including Physical and Occupational Therapy, Speech Language Pathology and Neuropsychology. Supplemental activities are offered daily by our Therapeutic Recreational Specialists.

## ***Discharge***



The majority of our patients are discharged back to the community following inpatient rehabilitation. Some patients (17%) require further rehabilitation in a sub-acute setting prior to returning home. A small percentage (12.9%) require transfer to the acute hospital for further medical management.

85% of patients discharged from our inpatient rehabilitation unit participate in community programs geared towards resuming an active lifestyle

## ***Patient Satisfaction***

98% of patients are satisfied with the Spinal Cord Injury Specialty Program

*“The therapists worked to address all my possible needs. They were outstanding.”*

– Press Ganey, 2017



## **Mount Sinai Rehabilitation Center**

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[www.mountsinai.org/care/rehab-medicine](http://www.mountsinai.org/care/rehab-medicine)