



The Mount Sinai Trusted Rehabilitation Provider Network Directory

October, 2019



MOUNT SINAI TRUSTED REHABILITATION NETWORK PROVIDERS

All the practices listed are highly skilled at treating the wide range of orthopedic and neurological diagnoses; the specialties indicate practices with particular expertise in the specific services listed.

Some specialty services have separate charges which may or may not be covered by your insurance. Be sure to check with the practice. If a practice has more than one location, they are individually vetted. All locations are wheelchair accessible unless noted in OTHER. The Directory can be found online at:

<https://www.mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/provider-network>; or, type Mount Sinai Rehab Network and follow the link.

Insurance

Each independent practice determines which insurances it accepts. When you call to make an appointment, please check with the office directly to see if it accepts your insurance.

If you would like more information about the Network, its' members, or if you are aware of a rehabilitation therapy practice you would recommend for consideration to join the Trusted Network, please feel free to contact Hsien Tan at 212-824-8368 or

Hsienhua.tan@mountsinai.org





Mount Sinai Trusted Rehabilitation Provider Directory

NOTE ABOUT INSURANCE: Each independent practice determines which insurances it accepts. Please check with the practice directly to see if it accepts your insurance.

HARLEM

Mount Sinai Rehabilitation Center

5 E 102nd Street, NY, NY 10029
212-241-4477 ph, 212-860-1093 fx

Park North Physical Therapy

233 Malcolm X Blvd, Harlem, NY 10027
212-222-6525

Triumph PT

152 E 118th st, Harlem, NY 10035
212-987-6500 ph 212-987-6505

UPPER EAST SIDE

H & D Physical Therapy

62 E 88th St, NY, NY 10128
212-988-2501 ph, 212-988-2509 fx

H & D Physical Therapy

177 East 87th St # 405 NY, NY 10128
212-249-0904 ph, 646-527-9033 fx

SPEAR

245 E 84th St NY, NY 10028
646-841-1414 ph, 212-379-2122 fx

Health SOS

139 E 57th St NY, NY 10022
212-753-4767ph 212-753-4076fx

ATHALON Physical Therapy

115 E57th St Suite 605 NY, NY 10022
212-838-8023 ph, 212-838-8027 fx

Sutton Place Physical Therapy

333 E56th St NY, NY 10022
212-317-9854 ph, 212-317-9855 fx

UPPER WEST SIDE

FLEX Physical Therapy

278 W 81st St NY, NY 10024
212-579-3539 ph, 212-579-3530 fx

SPEAR

235 W 75th St NY, NY 10023
646-518-5559 ph, 212-400-4247 fx

ProHealth & Fitness

150 West End Avenue NY, NY 10023
212-600-4781 ph, 800-655-3780 fx

SPEAR

11 W 67th St, N, NY 10023
646-973-5431 ph, 212-400-4229 fx

MIDTOWN

SPEAR

57 W 57th St 15th fl, NY, NY 10019
646-790-7464 ph 212-379-2075

Orthology

200 West 57th St Suite 702
NY, NY 10019

212-245-5500 ph 646-893-5183 fx

MOTION Sports Medicine West

244 West 54th St Suite 404, NY, NY
212-496-1187 ph, 212-496-8196 fx

SPEAR

36 W 44th St Suite 403, NY, NY 10036
212-759-2280 ph, 212-938-0015 fx

SPEAR

450 7th Ave, Suite 1800, NY, NY 10123
646-518-5555 ph, 646-695-3130 fx

SPEAR

1 Central Park South, Lvl A, NY, NY 10019
646-973-5432 ph, 212-400-4209 fx

MOTION Sports Medicine East

160 E 56th St NY, NY 10022
212-355-7827 ph, 212-355-0963 fx

SPEAR

120 E 56th St Ste 1010 NY, NY 10022
212-759-2211 ph, 212-379-2130 fx

Orthology

18 E 48th St Suite 802, NY, NY 10017
212-355-5550 ph 646-893-5183 fx

H & D Physical Therapy

815 2nd Ave Suite 701, NY, NY 10017
212-499-0848 ph, 212-499-0753fx

Dynamic Sports Physical Therapy

6 E 39th St st 504, NY, NY 10016
212-317-8303 ph 212-317-8258

SPEAR

143 E 34th St, NY, NY 10016
646-841-1400 ph 212-379-2118 fx

DOWNTOWN

Mount Sinai Union Square

10 Union Square East NY, NY 10003
212-844-8750 212-241-6321

New York Eye and Ear Infirmary of

Mount Sinai

380 2nd Ave NY, NY 10010
212-646-438-7804 ph, 646-438-7809 fx

Orthology

120 West 23rd St NY, NY 10011
212-320-9797 ph 646-893-5183 fx

SPEAR

269 West 16th St, NY, NY 10011
646-841-1411 ph 212-379-2121 fx

Orthology

37 Union Sq West, NY, NY 10003
212-897-2868 ph 646-893-5183 fx

SPEAR

16 Park Place, Grnd Flr NY, NY 10007
646-518-5558 ph 646-805-2943 fx

Spring Forward Physical Therapy

55 Bdwy Ste 201 NY, NY 10006
646-870-5440 ph, 646-870-5442 fx

Body Harmony Physical Therapy

233 Bdway Ste 2060 NY, NY 10006
212-233-9494 ph, 212-233-9496 fx

SPEAR

30 Broad St, Lvl A, NY, NY 10004
646-790-7454 ph 212-379-2076

SPEAR

70 Pine St, NY, NY 10005
646-973-5433 ph 212-379-2135 fx

BROOKLYN

SPEAR

41 Clark Street Brooklyn, NY 11201
646-518-5566 ph, 646-805-2946 fx

Park Sports Physical Therapy

142 Prospect Park West, Bklyn, NY 11215
718-398-8800 ph, 718-230-1197

QUEENS

Mount Sinai Queens

25-10 30th Avenue, Astoria, NY 11102
718-808-7370 ph 718-808-7393

MOTION Sports Medicine

27-17 Crescent St Astoia, NY 11102
718-545-0700 ph, 718-545-3282 fx

Orthology

47-01 Queens Blvd, Sunnyside, NY 11104
917-310-2772 ph, 646-365-7155 fx

Buddies in Motion

33-47 91st St Jackson Hts, NY 11372
347-495-2219 ph, 347-242-3733 fx

NASSAU COUNTY

South Nassau Community Hospital

440 Merrick Road Oceanside, NY 11572
516-255-8200 ph, 516-255-8251 fx

SUFFOLK COUNTY

Orthology

474 New York Ave, Huntington, NY 11473
631-629-7705 ph, 646-365-7155 fx

NEW JERSEY

Excel Orthopedic Physical Therapy

32 Piermont Road Cresskill, NJ 07626
201-567-0044 ph, 201-567-0048 fx

Excel Orthopedic Physical Therapy

216 Old Tappan Rd, Old Tappan, NJ 07675
201-781-5700 ph, 201-781-5777 fx

Excel Orthopedic Physical Therapy

333 15th St Hoboken, NJ 07030
201-630-8880 ph, 201-630-8922 fx

Valley Health Medical Fitness Center

1400 MacArthur Blvd, Mahwah, NJ 07430
201-447-8134 ph, 201-316-8442

Valley Health Outpatient Therapies

505 Goffle Road, Ridgewood, NJ 07540
201-447-8131 ph, 201-447-8720 fx

PRACTICE																			OTHER		
	acupuncture	aqua therapy (pool)	certified hand specialist (CHT)	certified orthopedic specialist (OCS)	cert. strength & conditioning spec.	concussion	cupping	golf swing analysis	home or office	lymphedema	massage therapy	occupational therapy	Parkinson's specialist	pediatrics (orthopedic)	pelvic floor	personal training	pilates	SCHROTH scoliosis		TMJ	vestibular
HARLEM																					
Mount Sinai Rehabilitation Center 5 E 102nd Street, NY, NY 10029 212-241-4477 ph, https://www.mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/programs			✓							✓		✓							✓		• spinal cord injury, stroke • adult speech • traumatic brain injury • wheelchair specialist
Park North Physical Therapy 233 Malcolm X Blvd, Harlem, NY 10027 212-222-6525 https://www.parknorthpt.com/								✓										✓			
Triumph PT 152 E 118th st, Harlem, NY 10035 212-987-6500 ph 212-987-6505 triumph-therapy.com					✓																• McKenzie certified
UPPER EAST SIDE																					
H & D Physical Therapy 62 E 88th St, NY, NY 10128 212-988-2501 ph, 212-988-2509 fx hdphysicaltherapy.com	✓			✓	✓		✓		✓		✓		✓	✓	✓				✓	✓	• McKenzie certified • craniosacral • certified functional movement analysis, Applied Functional Scienece • pain management
H & D Physical Therapy 177 East 87th St # 405 NY, NY 10128 212-249-0904 ph, fx hdphysicaltherapy.com			✓																		
SPEAR 245 E 84th St NY, NY 10028 646-841-1414 ph, 212-379-2122 fx spearcenter.com				✓				✓	✓		✓		✓	✓	✓				✓	✓	• Return to Play Testing • pain management
Health SOS 139 E 57th St NY, NY 10022 212-753-4767ph 212-753-4076fx healthsos.com			✓				✓	✓			✓			✓	✓	✓		✓	✓	✓	• alter-G

PRACTICE	acupuncture	aqua therapy (pool)	certified hand specialist (CHT)	certified orthopedic specialist (OCS)	cert. strength & conditioning spec.	concussion	cupping	golf swing analysis	home or office	lymphedema	massage therapy	occupational therapy	Parkinson's specialist	pediatrics (orthopedic)	pelvic floor	personal training	pilates	SCHROTH	TMJ	vestibular	womens' health	OTHER
UPPER EAST SIDE continued																						
ATHALON Physical Therapy 115 E57th St Suite 605 NY, NY 10022 212-838-8023 ph, 212-838-8027 fx athalonpt.com	✓												✓		✓					✓		
Sutton Place Physical Therapy 333 E56th St NY, NY 10022 212-317-9854 ph, 212-317-9855 fx suttonplacept.com		✓			✓		✓			✓		✓	✓	✓		✓					✓	
UPPER WEST SIDE																						
FLEX Physical Therapy 278 W 81st St NY, NY 10024 212-579-3539 ph, 212579-3530 fx flexptny.com			✓	✓	✓		✓				✓	✓	✓	✓					✓	✓	✓	• oncology specialist • certified functional mvmnt specialist • scoliosis
SPEAR 235 W 75th St NY, NY 10023 646-518-5559 ph, 212-400-4247 fx spearcenter.com					✓		✓	✓	✓		✓		✓	✓	✓				✓	✓		• Return to Play Testing
ProHealth & Fitness 150 West End Avenue NY, NY 10023 212-600-4781 ph, 800-655-3780 fx prohealthptot.com						✓			✓		✓	✓	✓						✓	✓		• APOS • sports certified specialist
SPEAR 11 W 67th St, NY, NY 10023 646-973-5431 ph, 212-400-4229 fx spearcenter.com					✓		✓		✓				✓		✓	✓			✓	✓		• Return to Play Testing • sports certified specialist

PRACTICE	acupuncture aqua therapy (pool) certified hand specialist (CHT) certified orthopedic specialist (OCS) cert. strength & conditioning spec. concussion cupping golf swing analysis home or office lymphedema massage therapy occupational therapy Parkinson's specialist pediatrics (orthopedic) pelvic floor personal training pilates SCHROTH scoliosis TMJ vestibular womens' health																			OTHER
MIDTOWN																				
MOTION Sports Medicine 160 E 56th St New York, NY 10022 212-355-7827 ph, 212-355-0963 fx motionptg.com			✓	✓	✓							✓				✓			✓	• sports certified specialist • sports taping certified • certified functional mvmnt specialist • certified athletic trainer (ATC) • Return to Play Assesment • work hardening
SPEAR 120 E 56th St Suite 1010 NY, NY 10022 212-759-2211 ph, 212-379-2130 fx spearcenter.com						✓	✓		✓		✓			✓	✓	✓	✓			• custom orthotics
Orthology 18 E 48th St Suite 802, NY, NY 10017 212-355-5550 ph 646-893-5183 fx orthology.com				✓	✓															• sports certified specialist
H & D Physical Therapy 815 2nd Ave Suite 701, NY NY 10017 212-499-0848 ph, 212-499-0753fx hdphysicaltherapy.com			✓	✓	✓	✓				✓	✓	✓		✓	✓	✓		✓	✓	• APOS • wellness classes
Dynamic Sports Physical Therapy 6 E 39th St st 504, NY NY 10016 212-317-8303 ph 212-317-8258 dynamicsportspt.com	✓			✓	✓	✓		✓						✓			✓		✓	• IRONMAN • concussion
SPEAR 143 E 34th St, NY, NY 10016 646-841-1400 ph 212-379-2118 fx spearcenter.com					✓		✓		✓				✓		✓			✓	✓	• Return to Play Testing
SPEAR 1 Central Park South, Lvl A, NY, NY 10019 646-973-5432 ph, 212-400-4209 fx spearcenter.com							✓		✓					✓	✓	✓		✓	✓	• Pelvicore class

PRACTICE	acupuncture	aqua therapy (pool)	certified hand specialist	certified orthopedic specialist (CHT)	cert. strength & conditioning spec.	concussion	cupping	golf swing analysis	home or office	lymphedema	massage therapy	occupational therapy	Parkinson's specialist	pediatrics (orthopedic)	pelvic floor	personal training	pilates	SCHROTH	TMJ	vestibular	womens' health	OTHER
MIDTOWN continued																						
SPEAR 57 W 57th St 15th fl, NY, NY 10019 646-790-7464 ph 212-379-2075 spearcenter.com				✓	✓	✓		✓	✓				✓	✓	✓						✓	• Return to Play Testing • sports certified specialist • Pelvicore class
Orthology 200 West 57th St Suite 702, NY, NY 10019 212-245-5500 ph 646-893-5183 fx orthology.com			✓	✓							✓	✓	✓		✓	✓		✓				• alter-G • dorsaVi • running analysis
MOTION Sports Medicine 244 West 54th St Suite 404 212-496-1187 ph, 212-496-8196 fx motionptg.com			✓	✓															✓			• certified manual therapist (CMPT)
SPEAR 36 W 44th St Suite 403, NY, NY 10036 212-759-2280 ph, 212-938-0015 fx spearcenter.com			✓	✓	✓		✓		✓				✓		✓			✓	✓			• Return to Play Testing
SPEAR 450 7th Ave, Suite 1800, NY, NY 10123 646-518-5555 ph, 646-695-3130 fx spearcenter.com																						• sports certified specialist
DOWNTOWN																						
Mount Sinai Union Square 10 Union Square East NY, NY 10003 212-844-8750 212-241-6321 https://www.mountsinai.org/locations/union-square/services/physical-occupational-therapy	✓		✓							✓									✓			• APOS
Ear Institute of Mount Sinai Eye and Ear Infirmary 380 2nd Ave NY, NY 10010 212-646-438-7804 ph, 646-438-7809 fx https://www.nyee.edu/patient-care/otolaryngology/ear-institute/vestibular-rehabilitation																			✓			• pediatric speech and swallowing • adult swallowing

PRACTICE																					OTHER
	acupuncture	aqua therapy (pool)	certified hand specialist (CHT)	certified orthopedic specialist (OCS)	cert. strength & conditioning spec.	concussion	cupping	golf swing analysis	home or office	lymphedema	massage therapy	occupational therapy	Parkinson's specialist	pediatrics (orthopedic)	pelvic floor	personal training	pilates	SCHROTH scoliosis	TMJ	vestibular	
DOWNTOWN continued																					
Orthology 120 West 23rd St New York, NY 10011 212-320-9797 ph 646-893-5183 fx orthology.com			✓	✓	✓			✓		✓		✓	✓	✓				✓			
SPEAR 269 West 16th St, NY, NY 10011 646-841-1411 ph 212-379-2121 fx spearcenter.com					✓		✓	✓	✓		✓		✓	✓	✓				✓	✓	• Return to Play Testing • sports certified specialist • running analysis
Orthology 37 Union Sq West New York, NY 212-897-2868 ph 646-893-5183 fx orthology.com			✓	✓	✓		✓	✓		✓	✓	✓		✓	✓	✓		✓	✓	✓	• not w/c accessible • sports certified specialist • dorsaVi (separate charge)
SPEAR 16 Park Place, Grnd Flr NY, NY 10007 646-518-5558 ph 646-805-2943 fx spearcenter.com			✓				✓		✓		✓		✓	✓							• Pelvicore class
Body Harmony Physical Therapy 233 Broadway Suite 2060 NY, NY 10279 212-233-9494 ph, 212-233-9496 fx bodyharmonipty.com									✓		✓			✓						✓	• men's pelvic health
Spring Forward Physical Therapy 55 Broadway Suite 201 New York, NY 10006 646-870-5440 ph, 646-870-5442 fx springforwardpt.com				✓												✓					• running analysis
SPEAR 30 Broad St, Lvl A, NY, NY 10004 646-790-7454 ph 212-379-2076 spearcenter.com					✓		✓		✓	✓		✓		✓	✓			✓	✓	✓	• Return to Play Testing • pain management • Pelvicore class

PRACTICE	acupuncture	aqua therapy (pool)	certified hand specialist (CHT)	certified orthopedic specialist (OCS)	cert. strength & conditioning spec.	concussion	cupping	golf swing analysis	home or office	lymphedema	massage therapy	occupational therapy	Parkinson's specialist	pediatrics (orthopedic)	pelvic floor	personal training	SCHROTH scoliosis	TMJ	vestibular	womens' health	OTHER
DOWNTOWN continued																					
SPEAR 70 Pine St, NY, NY 10005 646-973-5433 ph 212-379-2135 fx spearcenter.com				✓		✓	✓	✓					✓	✓	✓	✓		✓	✓	✓	• Return to Play Testing
BROOKLYN																					
SPEAR 41 Clark Street Brooklyn, NY 11201 646-518-5566 ph, 646-805-2946 fx spearcenter.com				✓		✓		✓		✓			✓	✓	✓	✓	✓	✓	✓	✓	• Return to Play Testing
Park Sports Physical Therapy 142 Prospect Park West, Bklyn, NY 11215 718-398-8800 ph, 718-230-1197 parksportspt.com			✓	✓										✓	✓	✓	✓		✓		• Pelvicore class
QUEENS																					
Mount Sinai Queens 25-10 30th Avenue, Astoria, NY 11102 718-808-7370 ph, 718-808-7393 fx https://www.mountsinai.org/locations/queens/care/rehabilitation			✓							✓								✓			
MOTION Sports Medicine 27-17 Crescent Street Astoria, NY 11102 718-545-0700 ph 718 545-3282 fx motionptg.com										✓								✓			
Orthology 47-01 Queens Blvd, Sunnyside, NY 11104 917-310-2772 ph, 646-365-7155 fx orthology.com																					• certified kinesiotape staff
Buddies in Motion 33-47 91st St Jackson Heights, NY 11372 347-495-2219 ph, 347-242-3733 fx buddiesinmotion.com													✓				✓				• adult orthopedics and neurological • neurological pediatrics

PRACTICE	acupuncture aqua therapy (pool) certified hand specialist (CHT) certified orthopedic specialist (OCS) cert. strength & conditioning spec. concussion cupping golf swing analysis home or office lymphedema massage therapy occupational therapy Parkinson's specialist pediatrics (orthopedic) pelvic floor personal training pilates SCHROTH scoliosis TMJ vestibular womens' health																			OTHER
NASSAU COUNTY																				
South Nassau Community Hospital SMART Center 440 Merrick Road Oceanside, NY 11572 516-255-8200 ph, 516-255-8251 fx https://www.southnassau.org/sn/sports-medicine				✓	✓														✓	• concussion • certified kinesiotape staff
SUFFOLK COUNTY																				
Orthology 474 New York Avenue, Huntington, NY 11473 631-629-7705 ph, 646-365-7155 fx https://www.orthology.com/huntington-practitioners/					✓															• certified functional movement assessment • certified ergonomic assessment • sports certified specialist
NEW JERSEY																				
Excel OrthopedicPhysical Therapy 32 Piermont Road Cresskill, NJ 07626 201-567-0044 ph, 201-567-0048 fx http://www.exceltherapy.com/facilities/cresskill/				✓	✓			✓										✓		• certified athletic trainer (ATC) • Return to Sports • spine • foot and ankle
Excel OrthopedicPhysical Therapy 216 Old Tappan Rd, Old Tappan, NJ 07675 201-781-5700 ph, 201-781-5777 fx http://www.exceltherapy.com/facilities/old-tappan/								✓												• certified ergonomic assessment • foot and ankle • concussion
Excel OrthopedicPhysical Therapy 333 15th St Suite 3A Hoboken, NJ 07030 201-630-8880 ph, 201-630-8922 fx http://www.exceltherapy.com/facilities/hoboken/																	✓			• post mastectomy
Valley Health Medical Fitness Center 1400 MacArthur Blvd, Mahwah, NJ 07430 201-447-8134 ph, 201-316-8442 https://www.valleyhealth.com/SupportPrograms.aspx?id=3726		✓			✓	✓				✓		✓		✓		✓	✓		✓	

PRACTICE																			OTHER		
	acupuncture	aqua therapy (pool)	certified hand specialist (CHT)	certified orthopedic specialist (OCS)	cert. strength & conditioning spec.	concussion	cupping	golf swing analysis	home or office	lymphedema	massage therapy	occupational therapy	Parkinson's specialist	pediatrics (orthopedic)	pelvic floor	personal training	piates	SCHROTH scoliosis		TMJ	vestibular
NEW JERSEY continued Valley Health Outpatient Therapies 505 Goffle Road, Ridgewood, NJ 07540 201-447-8131 ph, 201-447-8720 fx https://www.valleyhealth.com/Outpatient_Rehabilitation.aspx					✓				✓		✓	✓							✓		• oncology specialist