## Pediatric Incontinence Program

When children have a hard time urinating properly, they—and their families—need advanced and compassionate care. The condition, called voiding dysfunction, can affect children physically, socially, and psychologically. If left untreated, it can damage the kidneys.

The Pediatric Incontinence Program at Mount Sinai Kravis Children's Hospital can help children with voiding dysfunction. Run by our specialized pediatric urology nurse practitioners, this program works with children and their families to diagnose and successfully treat voiding dysfunction. We also treat children for daytime incontinence and bed-wetting, urinary frequency, urinary tract infections, and constipation.

Our approach is holistic and integrates state-of-the art diagnostic and therapeutic technologies to help treat your child. In addition to voiding dysfunction, we can help diagnose and treat other conditions. These include:

**Bed-wetting:** Involuntary urination during sleep after age five.

**Daytime incontinence:** Also called daytime wetting, this is urine leakage or passing urine unexpectedly during the day after toilet-training age.

**Urgency frequency syndrome:** The sudden and strong urge to urinate and/or the need to urinate more often than normal. **Urinary Tract Infection (UTI):** An infection in any part of the urinary system, including the urethra, bladder, ureters, or kidneys.

Constipation: The bowel is filled with too much stool. This can happen when food takes too long to pass from the mouth to the toilet. It can lead to infrequent bowel movements or difficult passage of stools that persists for several weeks.

Overactive bladder (OAB): Your bladder sends a signal to the brain that it needs to empty, even before it is full. Also called "detrusor instability" or "unstable bladder." With OAB, your child may have urinary urgency, frequency, and bedwetting, with or without urinary incontinence.

## Contact us

If you would like to speak with someone during the day about an issue that is not an emergency, please call our office at

## 212-241-7640, option 4.

If it is after hours and you need to speak to someone immediately, please call the operator at **212-241-7640** and ask for the pediatric urologist on call to be paged.



