**YOUR PRE-OPERATIVE CHECKLIST**

*We want to make sure that you are prepared for surgery! This checklist tells you everything you need to prepare before you come to the hospital.*

* List of medications you are actively taking now
  + Name of medication, dosage (how much), when you take it
* Personal toiletries (tooth brush etc.)
* Loose, comfortable clothes
  + Baggy shorts/sweatpants, t shirt, loose fitting pajamas
* Supportive walking shoes or sneakers
  + No sandals, flip-flops, or open back shoes
* Phone numbers of people you may want to contact
* Credit card, only small amounts of money may be needed
* Eyeglasses
* Photo ID
* Insurance card
* Prescription card
* Health care proxy or Power of Attorney
* Cell phone and charger
* Headphones
  + If you do not have headphones, we can provide them
  + TV is free of charge, but please use your headphones

**What NOT to Bring**

* Valuables
* Computers
* Large amounts of money