Mount Sinai Selikoff Centers for Occupational Health

Outreach Toolkit

Who We Are

The Mount Sinai Selikoff Centers for Occupational Health are proud to serve the Mid-Hudson Valley and the five boroughs of New York City for their occupational health needs.

We diagnose and treat occupational injuries and diseases. Our dedicated team evaluates the work conditions of our patients to determine whether other co-workers may be at risk. We assist unions, work centers, community groups, and employers to establish effective workplace interventions to prevent injuries and enhance the health of all.



What You Can Do

Follow us on social media. Spread awareness about our services and programs by re-sharing our posts.

Partner with us on an event or webinar. Our outreach team will work with you to create an event that is tailored to your specific community.

Share our materials. In this toolkit, you will find downloadable PDF resources and links to videos that showcase our services and programs.

Spread the word about our services. We included sample letters that provide an overview of who we are and what we do at the Selikoff Centers.

212-241-1554

OccMed@mountsinai.org

Scan the QR code to visit our website

Social Media

Follow and connect with us on our social media channels. You will find us on Instagram, LinkedIn, X (formerly known as Twitter), and YouTube.

@sinaioccmed

Connect with us on LinkedIn

@SinaiOccMed

Visit our YouTube channel

Sample Social Media Posts

For general posts about the Selikoff Centers:

Sample social media post: "The Mount Sinai Selikoff Centers for Occupational Health are committed to providing specialized care to keep workers healthy and their workplaces safe. Learn more about the broad range of clinical services and programs that the Selikoff Centers has to offer at the link below."

Please share a link to **our website** with this post.

Share our clinic overview videos:



Click here to view our Staten Island Clinic Video



Click here to view our Mid-Hudson Valley Clinics Video

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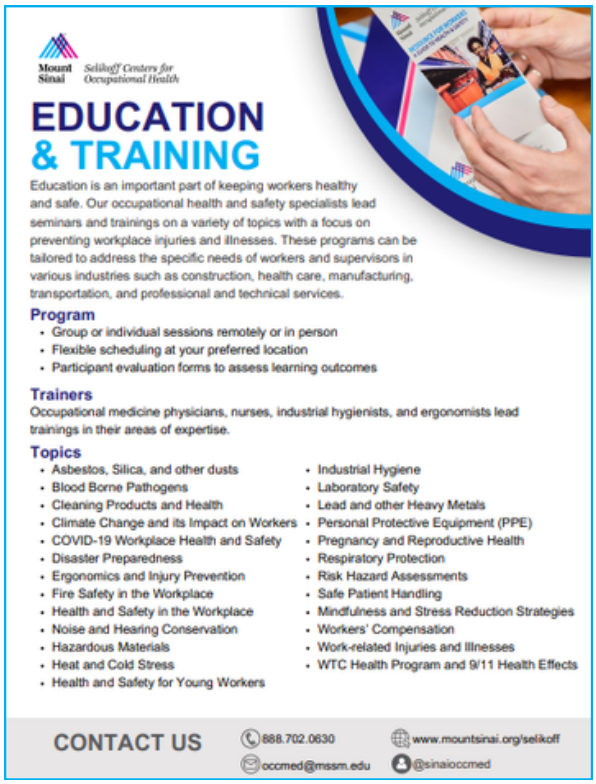
Education and Training

Our occupational health and safety specialists lead seminars and trainings on a variety of topics with a focus on preventing workplace injuries and illnesses.

Trainings can be tailored to address the specific needs of workers and supervisors in different industries such as construction, health care, manufacturing, transportation, and professional and technical services.

Here are some examples of topics we can address in our trainings:

- Asbestos
- Disaster Preparedness
- Ergonomics and Injury Prevention
- Health and Safety in the Workplace
- Industrial Hygiene
- Laboratory Safety
- Noise and Hearing Conservation
- Respiratory Protection
- Work-related Injuries and Illnesses
- World Trade Center Health Program (WTCHP) and the Health Effects and Exposures of 9/11



Click here to download our flyer to learn more.

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Services and Programs

Ergonomics and Injury Prevention Program

Our Ergonomics team provides expert recommendations on how to prevent injuries and physical discomfort with education and suggestions for improvement to the work environment.



Sample social media post:

"The Mount Sinai Selikoff Centers for Occupational Health's **Ergonomics and Injury Prevention Program** focuses on preventing work-related musculoskeletal injuries and supporting overall worker well-being. Watch the video below to learn more."



Ergonomics and Injury Prevention Program – Selikoff Centers

Please share our Ergonomics and Injury Prevention program video with this post.

Emergency Medical Services (EMS) Injury Prevention Program

Our EMS Injury Prevention Program aims to reduce EMS work-related musculoskeletal injuries, where we provide hands-on and virtual education for EMS providers and their safety leadership.



Sample social media post:

"The **EMS Injury Prevention Program** at the Mount Sinai Selikoff Centers for Occupational Health is dedicated to supporting the health and safety of EMS providers. Visit the link below to learn more about this program."



Please share our EMS Injury Prevention program webpage with this post.

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Industrial Hygiene

Our Industrial Hygiene team identifies and assesses exposures to physical, biological, and chemical hazards and develops prevention and control systems.

Sample social media post:

"The Industrial Hygiene team at the Mount Sinai Selikoff Centers for Occupational Health addresses workplace health and safety through program development, worksite assessments, exposure monitoring, and specialized training. **Learn more here.**"



Please share our Industrial Hygiene webpage with this post.

Disaster Preparedness Program

Our Disaster Preparedness Program is tailored to stakeholders planning to deploy workers to natural and man-made disaster areas to assist with recovery efforts.

Sample social media post:

"Did you know that the Mount Sinai Selikoff Centers for Occupational Health offer **disaster preparedness** education, training, and clinical support? Watch the video below to learn more about this important program."



Disaster Preparedness Program – Selikoff Centers

Please share our Disaster Preparedness program video with this post.

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Firefighter Evaluation

Our comprehensive Firefighter Evaluation Program is designed to provide efficient, high-quality clinical care and ongoing support, prioritizing firefighters' health and well-being.

Sample social media post:

"Prioritizing the health and well-being of firefighters is essential because when they're at their best, we are all safer. **Learn more** about how the Mount Sinai Selikoff Centers for Occupational Health supports firefighters health at the link below."



Please share our Firefighter Evaluation Program video with this post.

Hearing Conservation Program

Our tailored Hearing Conservation Programs act as a comprehensive solution designed to help workers and employers reduce the risk of hearing loss when noise exposure is a concern.

Sample social media post:

"In noisy work environments, hearing loss is a serious risk. The Mount Sinai Selikoff Centers for Occupational Health offers tailored hearing conservation programs to address noise exposure in the workplace. **Learn more here**."



Please share our Hearing Conservation Program video with this post.

212-241-1554

OccMed@mountsinai.org

Scan the QR code to visit our website

Sample Letter to Union Leaders/Affiliates

Subject: Information on Support for Work-Related Injuries and Illnesses

Dear Members,

We would like to share information about the Mount Sinai Selikoff Centers for Occupational Health and the services available to support workers who have sustained a work-related injury or illness. Work-related injuries and illnesses are more common than many people realize. Each year in New York State, thousands of workers are affected, and many cases go unreported. These conditions can cause serious health problems, affect your ability to work, and impact your family and daily life.

The Selikoff Centers are here to help workers who are experiencing job-related health concerns. They take a 360-degree approach to care, meaning they not only treat injuries and illnesses but also focus on prevention and provide ongoing support throughout the process. With an expert team of doctors, social workers, and workplace safety specialists, they work together to support workers' health and well-being. Their services include:

- Evaluating and treating work-related injuries and illnesses
- Providing guidance and assistance with the New York State Workers' Compensation process
- Offering support from social workers and benefits counselors
- Providing guidance on workplace safety and injury prevention
- Assisting with return-to-work planning
- Education and Training on occupational health hazards

They also provide workplace-related services such as hazard assessments, medical monitoring for exposure to harmful substances (like asbestos or lead), hearing protection programs, and fitness-for-duty evaluations.

If you are experiencing any health issues that may be related to your work, we encourage you to learn more and consider reaching out. For more information or help connecting to these services, please contact [Union Contact Information] or visit **mountsinai.org/selikoff**.

We remain committed to making sure our members have access to the care and support they need.

Sincerely,
[Your name]

Sample Letter to Community Members

Subject: Information on Support for Work-Related Injuries and Illnesses

Dear Partners,

We would like to share information about the Mount Sinai Selikoff Centers for Occupational Health and the services available to support individuals in your community who have sustained a work-related injury or illness. Work-related injuries and illnesses are more common than many people realize. Each year in New York State, thousands of workers are affected by job-related health issues, many of which go unreported. These conditions can cause serious health problems, limit a person's ability to work, and place stress on families and communities.

The Selikoff Centers are dedicated to helping individuals who may be dealing with health issues related to their work. They take a comprehensive approach, focusing not only on diagnosis and treatment but also on prevention, education, and ongoing support. Their services include:

- Evaluating and treating work-related injuries and illnesses
- Providing guidance and assistance with the New York State Workers' Compensation process
- Offering support from social workers and benefits counselors
- Educating individuals and communities on workplace safety and injury prevention

The Selikoff Centers also work with community partners to raise awareness about occupational health risks and to improve access to care and resources.

We encourage you to share this information with individuals who may benefit from these services. Early evaluation and support can make a meaningful difference in health outcomes.

For more information or to connect someone with services, please call **212-241-1554**, email **occmed@mssm.edu** or visit **mountsinai.org/selikoff.**

Thank you for your continued partnership and for the work you do to support your communities.

Sincerely,
[Your name]

Our Locations

New York City

Manhattan Clinical Center
1468 Madison Avenue
Annenberg Building, 3rd Floor
New York, NY 10029

Staten Island Clinical Center
2052 Richmond Road
Suite 2A
Staten Island, NY 10306

Mid-Hudson Valley

Suffern Clinical Center
222 Route 59
Suite 106
Suffern, NY 10901

Yonkers

Yonkers Clinical Center
1020 Warburton Avenue
Suite 1
Yonkers, NY 10701

Subscribe to our e-Newsletter!

Scan the QR code or click here to sign up for our e-newsletter, where you will receive the latest news, program updates, events, and resources from the Selikoff Centers.