

The Mount Sinai Perinatal and Pediatric Bereavement Committee

Resource Guide

Neonatal and Infant Loss

- <https://nationalshare.org/26454-2/>
- The Problem | Skyler's Gift Foundation (skylersgift.org)

Literature resources for parents, families and children of all ages for grief and bereavement:

- Literature Resources - Bereavement Support - Golisano Children's Hospital - Rochester NY - University of Rochester Medical Center

Helping Children Cope - Bereavement Support - Golisano Children's Hospital - Rochester NY - University of Rochester Medical Center

General Burial/Memorial:

- NYC City Website's Burial Financial Assistance: low-income NYC residents may be eligible for up to \$900 in financial assistance to meet funeral expenses of no more than \$1700. You can get an application for benefits with written instructions (<http://www1.nyc.gov/site/hra/help/other-services.page>)
 - [Funeral Financial Assistance · NYC311](#)

General Grief support resources:

- The Tears Foundation: financial and emotional assistance programs for families who lost infants under one year of age <https://thetearsfoundation.org/>
- Compassionate Friends (<http://www.compassionatefriends.org>): assists families in resolving grief after the death of a child of any age and provides information to help

others be supportive. Sibling resources; online chatting. Support groups in English and Spanish in NYC. Call for the location of the nearest chapter: (877) 969-0010.

- A Caring Hand – Billy Esposito Foundation Bereavement Center (<http://www.acaringhand.org>): a free-standing comprehensive bereavement center in Manhattan. Offers individual evaluation and help for grieving individuals as well as 8-week group bereavement sessions for children, teens, and caregivers. Free of charge. Call for information and help: (212) 229-2273.
- COPE Foundation (<https://copefoundation.org/>): offers free grief support groups for parents and siblings who are grieving the death of a child; offers a teen support group; has a grief support line; one on one peer support; offers workshops (e.g., drama therapy, songwriting, meditation, yoga, Tai Chi, Zumba, Reiki, talks by authors of books about bereavement)
- Miss Foundation (<https://www.missfoundation.org/>): helps families find quick access to counseling resources, advocacy information, research on traumatic grief, education for healthcare providers and community members, and support services for those grieving the death, or impending death, of a child. Offers grief retreats.
- Camp Erin NYC (run by COPE): a free weekend bereavement camp for youth who are grieving the death of a significant person in their lives. Children and teens (ages 6-17) attend a weekend camp at Camp Wayne in the Poconos Mountains (2.5 hours from NYC) that combines grief education and emotional support with fun, traditional camp activities. Largest national network of grief programs for bereaved children and adolescents. Director's contact: Ann Fuchs (914) 552-6919 afuchs@copefoundation.org
- Greenwich House-Children's Safety Project (Ph: 212-242-4140 ext 251): accepts Medicaid; provides therapy (play therapy, individual therapy, parent-child therapy, family therapy, art/music therapy) to children who have been affected by traumatic events and losses, including death of a loved one, abuse, domestic violence, etc. Services are provided for children of all ages, adolescents, young adults and family members; offers services in English/Spanish. <https://www.greenwichhouse.org/health-services/csp/>

Contact: Linda Giuliano, Director of Mental Health Services, at
lgiuliano@greenwichhouse.org

- Comfort Zone Camp <https://comfortzonecamp.org/> offers free therapeutic programs for children ages 7-17 who are grieving the loss of a parent or sibling.

If you have questions or are in need of further support please contact your social worker or wchbereavement@mountsinai.org