



# Televisit Instructions Prior to Your Consult

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## Preparing Your Upcoming Video Visit

Whether using Zoom or MyChart, we highly recommend you log in 15 - 20 minutes prior to your scheduled appointment time. This gives time to complete and review your personal information, ensure that you are able to connect to your video visit, and allows you to begin your appointment on time.

## MyChart App

In preparation for your upcoming video visit appointment through MyChart, you will be **required** to use your smart phone and the MyChart App to connect to your video visit appointment.

### Downloading the MyChart App

- Go to your App Store, search for "MyChart"
- Download the app with the red folder icon and white heart
- You may also click the link to download the MyChart App  
<http://mountsinai.rx.health/mychart>

### Connecting to your video visit

Follow the below steps to connect to your video visit appointment:

1. Open the MyChart app on your smart-phone
2. Search for **Mount Sinai** as your healthcare provider network
3. Select **My Mount Sinai MyChart**
4. Log into your MyChart account
5. Select **Appointments** to get to your scheduled video visit appointment
6. Select **eCheck-In** to review the required check-in portion of your visit
7. A green camera icon will appear, click on your appointment
8. Begin video visit by clicking on **Begin Visit** button

## Zoom

### Downloading the Zoom

- Go to your App Store, search for "Zoom" or "Zoom Cloud Meetings"
- Download the app with the white video camera