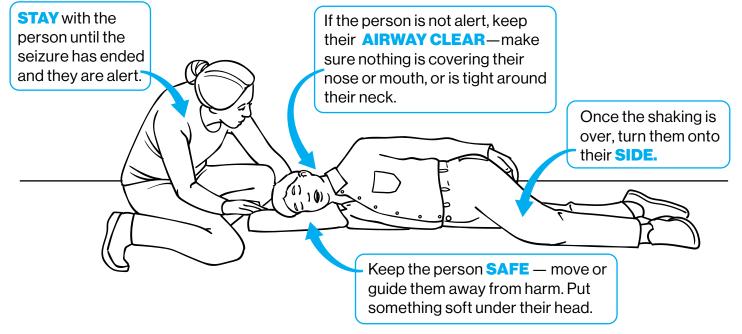
What to do when someone is having a seizure





Once the person is alert and able to communicate, calmly tell them what happened in simple terms.

Do NOT

X Do **NOT** hold the person down or restrain them.

X Do **NOT** put any objects in the person's mouth.

X Do **NOT** try to give CPR (mouth-to-mouth breaths).

X Do **NOT** offer water or food to the person until they are fully alert.

Call 911 and go to the Emergency Room if:



- This is the first time the person has ever had a seizure.
- The seizure lasts longer than 5 minutes.
- The person has two or more seizures in a short period of time without returning to their normal self in between.
- The person is injured or having trouble breathing.
- The person is pregnant or the seizure takes place in water.

Rescue medications

medical professional.

can be given only if

prescribed by a