

Hospitalization at Home

Hospitalization at Home allows you to be treated for your medical condition in the comfort of your own home, instead of the hospital.

The Mount Sinai doctors and staff you already know and trust will still care for you. In addition to doctors, your care team at home may include nurse practitioners, registered nurses, social workers, care coordinators, physical therapists, or other specialists.

Patients often choose Hospitalization at Home because they receive quality, safe care, comfortably in their own home environment.



**Mount
Sinai**

Call 24/7
212-241-1101

Hospitalization at Home



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The care provided in your home includes:

- Transportation back home
- Delivery and set up of any necessary equipment you may need, including IV medications
- Computer tablet that allows you to see and talk to your doctor from your home.
- Daily visits from our doctors or nurse practitioners (NPs) in person or through the computer tablet
- Daily visits by a registered nurse
- Support from our social workers and physical therapists
- A dedicated Recovery Care Coordinator (RCC) who will guide your care and communicate with you and your doctors
- Assistance scheduling follow-up appointments

Frequently Asked Questions:

What is the difference between being treated at home vs. the hospital?

Generally, patients who participate in Hospitalization at Home are very satisfied. Our patients find being cared for at home to be a more restful experience than the hospital.

Our team provides the same excellent care at home as you would receive in the hospital. This includes services such as: IV medication, lab tests, physical and/or occupational therapy, and oxygen concentrators.

What is the cost of Hospitalization at Home?

There is no additional cost to you. You only pay the cost of the services provided to you in your insurance plan. While in Hospitalization at Home, the computer tablet is provided to you at no cost, but must be returned at the end of program.

Can I leave my home while in the program?

To ensure your safety, we ask that you stay home during the first 3-5 days. Just as if you were staying in the hospital, the level of activity you are permitted will depend on your individual condition and overall health status. Your doctor will let you know when you may resume regular activities.

Example Schedule of Hospitalization at Home Visits*

TIME	MONDAY Start	TUESDAY Home Visits / Day 1	WEDNESDAY Home Visits / Day 2	THURSDAY Home Visits / Day 3	FRIDAY Home Visits / Last Day	DAYS 5+ (Up to 30)
7AM - 12 PM	<ul style="list-style-type: none"> • Our doctor meets you in the hospital • Our team arranges your travel home 	<ul style="list-style-type: none"> • Doctor or NP • RN • RCC • Social worker 	<ul style="list-style-type: none"> • Doctor or NP • RN • RCC 	<ul style="list-style-type: none"> • Doctor or NP • RN • RCC 	<ul style="list-style-type: none"> • Doctor • RN 	<ul style="list-style-type: none"> • RCC • PCP follow up appointments
12 - 7 PM	<ul style="list-style-type: none"> • RN 	<ul style="list-style-type: none"> • Physical therapist • RN 	<ul style="list-style-type: none"> • RN 	<ul style="list-style-type: none"> • Physical therapist • RN 		
ADDITIONAL VISITS AS NEEDED						
	<ul style="list-style-type: none"> • Respiratory therapist with oxygen concentrator 	<ul style="list-style-type: none"> • Lab tech • X-ray / EKG tech 	<ul style="list-style-type: none"> • 3rd RN visit 			

*PLEASE NOTE: The schedule is an example only. The actual number of visits per will vary based on your individual needs.