



Reproductive Genetic Counseling Program



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Our Reproductive Genetic Counseling Program consists of an expert team of genetic counselors and medical geneticists. Our mission is to provide comprehensive genetic counseling services to help guide patients and families through their reproductive options allowing them to make decisions that work best for them.

We work closely with obstetrician-gynecologists, Maternal Fetal Medicine physicians, reproductive endocrinologists, and other specialists who manage the health and well-being of pregnant individuals and their fetuses or individuals attempting to become pregnant.

We provide a range of services from preconception counseling to in-depth discussion of prenatal testing options. During appointments, our genetic counseling team provides reproductive risk assessments, which incorporate personal and family medical history information, discussion of the benefits, limitations, and risks of reproductive screening and diagnostic testing options, and interpretation of complex genetic testing results.

Scheduling an Appointment

1. An ambulatory referral in EPIC can be made to: “(REPRODUCTIVE) GENETIC COUNSELING” with Dept: 1428 Madison Genetics
2. Patients can call Medical Genetics at (212) 241-6947
3. Supporting medical records should be faxed to 212-860-3316 or e-mailed to ReproductiveGenInfo@mssm.edu in advance of the appointment.

Insurance Information: Our department accepts most major insurance plans. Whenever possible, counseling and testing is coordinated through the patients' insurance plans.

We provide **in-person** and **telehealth** services (patient must be located in New York and New Jersey for telehealth).

Common reasons for referral include:

Prenatal Screening and Testing Options

- Advanced maternal age (> 35 years of age at delivery)
- Advanced paternal age
- Abnormal ultrasound findings
- Abnormal nuchal translucency
- Increased MSAFP
- Abnormal non-invasive prenatal screening using cell-free DNA (Panorama, Maternity 21, etc.)

Carrier Screening

- Standard and expanded carrier screening for individuals or couples
- Comprehensive discussion and interpretation of positive carrier screening results

Personal and Family History Assessment

- Family history of genetic disorder (such as Cystic Fibrosis, Sickle Cell Disease, Fragile X, etc.)
- Family history of chromosomal disorder (Down Syndrome, Translocations, etc.)
- Personal and/or family history of birth defects, intellectual delay, autism, or other remarkable family history
- Recurrent miscarriages or stillbirth
- Assessment for egg/sperm donation

High-Risk Pregnancy

- Multifetal pregnancy
- Maternal condition (diabetes, epilepsy, etc.)
- Teratogen/medication safety in pregnancy

More information is available on our website:

mountsinai.org/care/genetics/services/reproductive-genetic-counseling

Address

1428 Madison Avenue (cross street 99th St.) 1st floor, Atran building
New York, NY 10029

