



The Reproductive Genetic Counseling Program



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Our Reproductive Genetic Counseling Program consists of an expert team of genetic counselors and medical geneticists. Our mission is to provide comprehensive genetic counseling services to help guide patients and families through their reproductive options allowing them to make decisions that work best for them.

We work closely with obstetrician-gynecologists, Maternal Fetal Medicine physicians, reproductive endocrinologists, and other specialists who manage the health and well-being of pregnant women and their fetuses or women attempting to become pregnant.

We provide a range of services from preconception counseling to in-depth discussion of prenatal testing options. During appointments, our genetic counseling team provides reproductive risk assessments, which incorporate personal and family medical history information, discussion of the benefits, limitations, and risks of reproductive screening and diagnostic testing options, and interpretation of complex genetic testing results.

Common reasons for referral include:

Prenatal Screening and Testing Options

- Advanced Maternal Age (>35 years of age at delivery)
- Advanced Paternal Age
- Abnormal ultrasound findings
- Abnormal first and/or second trimester screening (such as increased Down Syndrome risk, increased nuchal translucency/NT measurement, etc.)
- Abnormal non-invasive prenatal screening using cell-free DNA (such as Panorama, Maternity 21, Harmony, Verify, etc.)

Carrier Screening

- Standard and expanded carrier screening for individuals or couples or specialized carrier screening as needed
- Comprehensive discussion and interpretation of positive carrier screening results

Personal and Family History Assessment

- Family history of genetic disorder (such as Cystic Fibrosis, Duchenne Muscular Dystrophy, sickle cell disease, Fragile X, etc.)
- Family history of chromosomal disorder (Down Syndrome, translocation, etc.)
- Personal and/or family history of birth defects
- Family history of intellectual delay, autism, or other remarkable family history
- Recurrent miscarriages or stillbirth
- Assessment for egg/sperm donation

High Risk Pregnancy

- Multifetal pregnancy
- Maternal condition (diabetes, epilepsy, etc.)
- Teratogen/medication safety in pregnancy

Scheduling an Appointment

Patients or their referring provider can **call 212-241-6947** to make an appointment with a reproductive genetic counselor. **Telehealth visits are available.** Supporting medical records should be **faxed to 212-860-3316** or **e-mailed to Genetics-Front-Desk@mssm.edu** in advance of the appointment to allow for the most accurate and informative discussion. It is recommended that patients complete family medical history forms in advance of their appointment and bring them on the day of their visit or fax them in advance if possible (see website link below).

Insurance Information

Our department accepts most major insurance plans. Whenever possible, counseling and testing is coordinated through the patients' insurance plans.

Address

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(cross street 99th St.)
1st floor, Atrium building
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