

Cancer Risk Evaluation Program for Breast Cancer



The Cancer Risk Evaluation Program

(CaRE) is designed for individuals who are at high risk for developing breast cancer. This risk may be attributed to a variety of factors including genetic mutation or family history of cancer.

CaRE offers comprehensive services for risk assessment, screening, cancer prevention, and education, and helps patients understand, reduce, and manage their risk for developing breast cancer.

Who is eligible for the CaRE program?

- Patients with a known gene mutation for BRCA or other syndrome
- Untested relatives of a known BRCA mutation carrier
- Patients with a significant family history of pre-menopausal breast, ovarian, or male breast cancer
- Patients who have had a breast biopsy or surgery revealing lobular carcinoma in-situ (LCIS) or atypical ductal hyperplasia (ADH) or atypical lobular hyperplasia (ALH)
- Patients with a history of radiation to the chest

What do we offer?

- Comprehensive and personalized evaluation and counseling by multidisciplinary specialists
- Assessment of risk for breast cancer and individualized strategy for care
- Breast imaging with 3D mammography, ultrasound, and MRI as needed

- Expert review by specialized breast pathologists for patients with previous biopsy or those requiring biopsy
- Discussion of options for risk reduction
- Genetic counseling and testing
- Follow-up and surveillance exams
- Psychosocial counseling services and support groups
- Clinical research studies for novel risk-reducing treatments
- Consultation with medical oncology or plastic surgery specialists when needed
- Lifestyle counseling and referrals related to risk reduction including recommendations on diet, weight loss, and exercise

Additional Support

Individuals with a high risk for developing breast cancer often need emotional support. We offer counseling and other services to address these needs. Additionally, our physicians can help patients participate in clinical research studies of novel preventive therapies for minimizing breast cancer risk.

Exceptional Expertise

The **CaRE** program features a team of health care professionals who have extensive experience in the management of patients at increased risk for breast cancer. With advanced expertise, they offer evaluation and management through specialized screening protocols and risk reducing therapy.

To learn more about the **CaRE** program, call us at **888-MD-CANCER**.

Center of Excellence for Breast Cancer

[mountsinai.org/care/
cancer/services/breast](https://mountsinai.org/care/cancer/services/breast)



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