



**Mount
Sinai**

*Office for Diversity
and Inclusion*

ASIAN RESOURCE NETWORK EMPLOYEE RESOURCE GROUP

**** The organizations and websites shared here are for informational purposes. ****

RESOURCES TO ACT:

1. [REPORT: a confidential and anonymous report of a Mount Sinai workplace Incident](#) or call the Compliance Helpline at 800-853-9212
 2. **REPORT** an Incident with MSHS Security @ 212-241-6068
 3. [REPORT: an Incident with NYC Commission on Human Rights](#)
 4. [REPORT: an Incident with Stop AAPI Hate](#)
 5. **REPORT** an Incident with Asian Americans Advancing Justice <https://www.standagainsthatred.org/report>
 6. Report a Hate Crime with the FBI <https://www.napaba.org/page/HateCrimeResources>
 7. Attend on April 3rd @ 1pm, Columbus Park [RALLY TO STOP ASIAN HATE: Responding to the recent NYC hate crime attacks \(facebook.com\)](#)
 8. [Bystander Intervention Training: Hollaback!](#)
 9. [Compilation of basic escape techniques to get out of an altercation](#)
 10. [How to Respond to Coronavirus Racism | Learning for Justice](#)
 11. [Chinatown Block Watch Looking For New Volunteers Amid Spike In Anti-Asian Crimes – CBS New York \(cbslocal.com\)](#)
 12. Email Karlin Chan to volunteer with the Chinatown Block Watch: Blockwatch@cfmac.org
 13. [PETITION: Get Mainstream News Coverage of AAPI Assaults](#)
 14. [PETITION: End Hate Crimes Against Asian Americans](#)
 15. Instagram @SafewalksNYC offers accompanied walks to or from home for those who feel unsafe
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RESOURCES TO EDUCATE:

1. [UNITED IN SOLIDARITY \(mountsinai.org\)](https://mountsinai.org)
2. [Chats for Change | Mount Sinai | Change Now \(mssm.edu\)](https://mssm.edu)

3. One compilation of links: [Anti-Asian Violence Resources \(anti-asianviolenceresources.carrd.co\)](https://anti-asianviolenceresources.carrd.co)
 4. [America's long history of scapegoating its Asian citizens](#) from National Geographic
 5. Another compilation of links: [Asians for Black Lives, A Call to Action — Asian American Advocacy Fund](#)
 6. [Asians 4 Black Lives – Medium](#) “Structural Racism is the Pandemic, Interdependence and Solidarity is the Cure”
 7. Another compilation of links: [Black/Asian Solidarity \(crossculturalsolidarity.com\)](https://crossculturalsolidarity.com)
 8. A compilation of videos: [Violence Against Asian Americans \(pbs.org\)](https://pbs.org)
 9. ['Model Minority' Myth Again Used As A Racial Wedge Between Asians And Blacks : Code Switch : NPR](#)
 10. [Advancing Justice Bystander Intervention & Conflict De-Escalation Training Sessions](#)
 11. [After Atlanta: Teaching About Asian American Identity and History | Learning for Justice](#)
 12. [Ellie Yang Camp](#): Learning materials from a former public high school teacher focusing on the intersections of race, history, and faith.
 13. A broader historical perspective with race as an instrument of empire [A Different Asian American Timeline \(aatimeline.com\)](#)
 14. AABANY's report “A Rising Tide of Hate and Violence against Asian American in New York During COVID-19: Impact, Causes, Solutions” [Asian American Bar Association of New York \(aabany.org\)](https://aabany.org)
 15. [The Chinatown Block Watch, One Year Later \(curbed.com\)](https://www.curbed.com)
 16. [Culinary Expert Grace Young Is Documenting the Toll of the Pandemic and Anti-Asian Hate on NYC's Chinatown | At the Smithsonian | Smithsonian Magazine](#)
 17. [The Sisterhood: Filipina Nurses and the Pandemic - The Atlantic](#)
 18. [Self Evident: Asian America's Stories Podcast](#)
 19. [AAPIERN.org - AAPI Emergency Response Network](https://aapiern.org)
 20. April is Minority Health Month [National Minority Health Month - The Office of Minority Health \(hhs.gov\)](https://hhs.gov)
 21. [PBS Asian Americans Series](#)
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RESOURCES TO COPE:

1. <https://www.mountsinai.org/about/covid19/staff-resources/well-being/mental-health-psychosocial-support>
2. <https://icahn.mssm.edu/about/departments/psychiatry/clinical/stress-resilience-personal-growth-center>

3. Asian Pacific Islander South Asian American NYC Therapists <https://bridgesmentalhealth.com/directory/>
 4. [Asian Mental Health Collective \(asianmhc.org\)](http://asianmhc.org)
 5. [8 Ways Managers Can Support Employees' Mental Health \(hbr.org\)](http://hbr.org)
 6. [How U.S. Companies Can Support Employees of Color Through the Pandemic \(hbr.org\)](http://hbr.org)
 7. <https://www.instagram.com/asiansformentalhealth/?hl=en>
 8. <https://www.nbcnews.com/news/asian-america/mental-health-toll-being-model-minority-2020-n1249949>
 9. [5 Asian-Founded Wellness Resources to Encourage Self-Care This Week \(and Every Week\) | Glamour](http://glamour.com)
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NYC-based ORGANIZATIONS TO SUPPORT

1. [Asian American Legal Defense Fund \(AALDEF\) https://www.aaldef.org/](https://www.aaldef.org/)

New York-based national organization combining litigation, advocacy, education and organizing to secure human rights (including voting rights, economic injustice) for all. Many on staff are attorneys or paralegals.

2. [Asian Americans for Equality \(AAFE\) https://www.aafe.org/](https://www.aafe.org/)

Pro bono attorneys assist with immigrant advocacy, tenants' rights. They also assist seniors and have youth development programs. Through community development, AAFE advances racial, social and economic justice for Asian Americans and other systematically disadvantaged communities.

3. [Chinese American Planning Council \(CPC\) https://www.cpc-nyc.org/](https://www.cpc-nyc.org/)

Extensive elementary school programs, as well as senior centers, workforce development education.

4. [Korean Community Services of NY \(KCS\) https://www.kcsny.org/](https://www.kcsny.org/)

Korean organization that focuses on social engagement for immigrants and seniors and economic security for their community.

5. [Minkwon Center http://minkwon.org/](http://minkwon.org/)

Korean group that works on social injustice and housing security.

6. [Committee Against Anti-Asian Violence \(CAA AV\) https://caaav.org/](https://caaav.org/)

Anti-Asian violence isn't new or shocking. This group has been advocating against hate crimes since the 1980's.

7. [Chinatown Manpower Project \(CMP\) https://www.cmpny.org](https://www.cmpny.org)

They assist with social services and have an excellent ESL program for recent immigrants of all backgrounds and ethnicities.

8. [Garden of Hope https://gohny.org/](https://gohny.org/)

COVID-19 has also caused a spike in domestic violence. A group to assist victims of domestic violence. They provide services in Mandarin and Cantonese.

9. [Coalition for Asian American Children and Families \(CACF\) https://www.cacf.org/](https://www.cacf.org/)

Founded by social workers to assist families with social services, has focused in recent years on leadership development and youth programs.

10. [Welcome to Chinatown](#)

A grassroots organization helping to support small-businesses in Manhattan's Chinatown

11. [Stop AAPI Hate](#)

Tracks and responds to incidents of hate, violence, harassment, etc. against AAPI communities in the US

12. [GoFundMe](#)

Local and national Stop Asian Hate GoFundMe Pages

13. <https://www.sendchinatownlove.com/>

NYC-based engineers, designers, creators, and storytellers from various industries giving Chinatown restaurants and merchants an on-line platform to sustain themselves during the pandemic and over the long-term.

14. <https://www.thinkchinatown.org/>

Manhattan Chinatown non-profit with a mission to foster inter-generational community through neighborhood engagement, storytelling and the arts.

Asian (Woman) American Advocacy Groups to support:

1. RedCanarySong (<https://www.redcanarysong.net/>)
2. MonSooniowa (<https://monsooniowa.org/>)
3. Napiesv (<https://napiesv.org/>)
4. iamwomankind (<https://www.iamwomankind.org/>)
5. AAPI Women Lead (<https://www.imreadymovement.org/>)