



## December 15, 2022

## Road Map Bulletin: A Year in Review

Happy Thursday, Mount Sinai Community-

As we reflect during a time that many people are celebrating holidays, we wanted to thank each and every one of you for reading these weekly *Bulletins* and sharing in Mount Sinai's journey to be an anti-racist institution. We hope that if you are celebrating, the holidays and the coming year bring you happiness, peace, and success. We continue to highlight the diverse religious, spiritual, and cultural reflections and traditions that are meaningful to you here on Mount Sinai Daily. We hope they warm your heart as we enter a new year.

Over the past year, we've continued our efforts to promote and establish an antiracist culture within Mount Sinai Health System, while acknowledging the work that remains to achieve this goal. Every Thursday, the *Bulletin*, has—we hope—served as a guide, discussing leading research about bias in the medical profession, recognizing our colleagues' hard work, exploring strategies to deal with microaggressions at work, and more. Throughout the year, we have featured interviews with colleagues including Lorisa Richards, MSN, RN, Vice President of Nursing Operations at The Mount Sinai Hospital; Tamiesha Frempong, MD, MPH, Assistant Professor of Ophthalmology, Medical Education, and Pediatrics; and Sidney Hankerson, MD, MBA, Vice Chair for Community Engagement for the Department of Psychiatry, and Director of Mental Health Equity Research at the Institute for Health Equity Research; among many others.

In total, we've published more than 60 Bulletins since we started in August 2021 and we know there are more topics to discuss, research to uncover, and stories to share from within MSHS. So today, in our last Bulletin of 2022, we have a question for our readers: **What do you want to hear about?** 

Was there a topic we covered months ago that you think we should revisit? Are you working on research related to racial disparities that you want to share with the MSHS community? Do you or a colleague have insights or expertise you think will help advance our anti-racist efforts? Who have we missed in our interviews and Q&As that should be highlighted?

Send us an email at RoadMap@mountsinai.org to suggest a topic, highlight a coworker, or just provide some feedback. In the meantime, you may look back at past *Bulletins* here.

All the best,

Angela and Shawn

While we will are taking a holiday break before issuing our next Bulletin, you may join us at an upcoming event:

## Join Us for an Upcoming Event

## Chats for Change: Deeper Dive Series | White Supremacy Culture

**Characteristics: Liberation**—Equity is often discussed as an end goal for antiracist work: a world where fairness prevails against the systems that marginalize groups of people, but how can we liberate our world from the system itself? Join Chats for Change on **Tuesday, December 27, from noon-1 pm** as we dream of breaking the wheel and inspiring a fight toward liberation for all. Chats for Change is a production of the lcahn School of Medicine's Racism and Bias Initiative. Register on Zoom.

**Road Map for Action** 

**Past Bulletins**