

28 Street
Downtown

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I can receive
all of my
health care
**IN ONE
PLACE**



The Center for
Transgender Medicine
and Surgery at Mount Sinai

Institute for Advanced Medicine
275 Seventh Avenue
New York, New York 10011
212-604-1730
CTMSInfo@mountsinai.org
www.mountsinai.org/transgender



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**I'M
READY**
to explore
gender-
affirming
procedures

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What services are available?

We offer gender-affirming surgeries performed by experienced surgeons, including genital, breast/chest, and facial procedures. CTMS also provides primary care, endocrinology, reproductive counseling, spiritual counseling, mental health care, and social support to make transition as easy as possible.

How do I become a patient?

Call us directly at 212-604-1730, send us an email at CTMSinfo@mountsinai.org, or sign up on the web at www.mountsinai.org/transgender. You don't even need a referral to come in!

What will it cost?

Can I use my health insurance?

We help our patients work with their health insurance to obtain necessary approvals for pre-surgical and surgical transitioning reimbursements.





How do I decide if surgery IS RIGHT FOR ME?

Surgery for Transgender Women

Vaginoplasty is a procedure where the surgeon creates a vagina, clitoris, and labia from existing genitals. Most people are able to have an orgasm after surgery, and pee sitting down.

Orchiectomy is a procedure where the surgeon removes the testicles. It can be done as a part of a vaginoplasty, or on its own to eliminate testosterone production.

In breast augmentation, the surgeon uses silicone or saline implants to make the breasts larger and fat grafting to create a more feminine chest.

With facial feminization surgery, the surgeon creates a more female-appearing face, often by performing a tracheal shave, and changing the shape of facial bones.

Surgery for Transgender Men

Chest reconstruction is a procedure where the surgeon removes mammary and fat tissue to create a flatter, more masculine-appearing chest.

Hysterectomy is the removal of the uterus and ovaries, and is necessary for some of the other genital surgeries.

In phalloplasty, the surgeon uses forearm skin to create a 5-7 inch penis which is attached to existing genital structures. This usually results in a penis that has sensation. Additional surgeries are needed to pee out of the penis and to get erections.

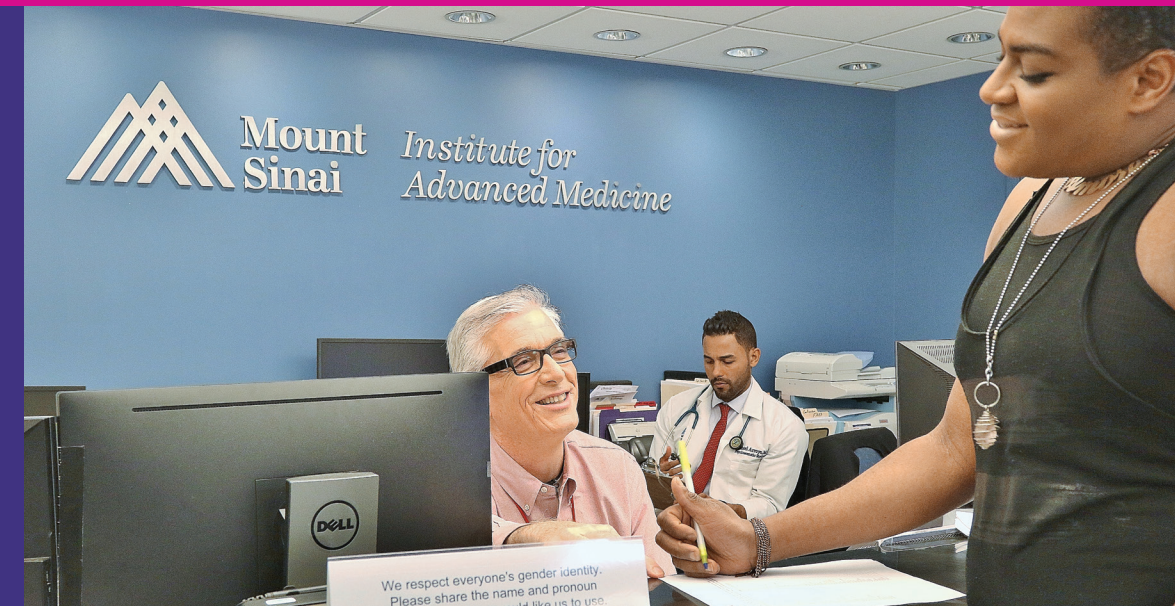
Metoidioplasty is a procedure in which the surgeon creates a small 1– 3 inch penis using only parts of the genitals, and can create a penis that can be used to pee standing up in one procedure.

Our Team

The Center for Transgender Medicine and Surgery at Mount Sinai (CTMS) provides care for transgender people throughout their lifespan, regardless of how much someone has done to transition. At CTMS, mental health providers can help people decide if they want hormones, surgery, or any other transition-related change. Endocrinologists offer the expertise to start and monitor hormone therapy. Surgical specialists trained in plastic surgery, urology, otolaryngology, and gynecology provide the full spectrum of gender-affirming surgical care. Vocal coaches help people change the pitch of their voice. Spiritual counselors are available to support patients in coping with all the changes in their lives. And primary care providers offer medical care throughout the process of transition and beyond.

This team approach allows affordable access not only to transition-related care, but holistic care to address concerns ranging from counseling to fertility to hormones to surgery.

Meet our team at www.mountsinai.org/transgender



Becoming a Patient

Our multi-specialty team will assist you with all the steps to help you transition with ease. Everyone is different, and our team will meet with you one on one to decide the best way to reach your transition and health-related goals and connect you with any outside services or supports you may need.

To make an appointment, please call or email us at 212-604-1730, CTMSinfo@mountsinai.org

CTMS sees transgender people as young as 18 years old at our primary site. Transgender youth between the ages of 10 and 18 years old will be referred to the Mount Sinai Adolescent Health Center. The **Mount Sinai Adolescent Health Center** offers transgender health programs that can be individually tailored to fit the different needs of young people and their families. Services include primary and endocrine care, counseling, and family support.

To find out more or to make an appointment, call the Adolescent Health Center at 212-423-3000.