



Subject: Action Needed: Your Essential Plan health insurance coverage ended June 30

Preheader: The deadline to enroll in a new plan is Sunday, August 30

Dear Patient,

This is a reminder that because of changes in federal law, your Essential Plan 5 (also known as Essential Plan 200-250) health insurance plan ended on Tuesday, June 30. If you have already changed to a different insurance plan, please disregard this message.

To ensure you have health coverage you need to act now by either:

- **Enrolling in a Qualified Health Plan (QHP) through NY State of Health by Sunday, August 30, or**
- **Enrolling in employer- or union-based insurance if this is an option through your or your spouse's employer or union.**

Other options may be available if your income has changed, but you must update your account at the NY State of Health website for this to be determined.

For help enrolling, you can call NY State of Health at 1-855-355-5777 (TTY: 1-800-662-1220) or contact them through their website at www.nystateofhealth.ny.gov. Make sure when you log into your NY State of Health Account that you **update your personal information**, as NY State of Health will use this information to determine your plan eligibility.

You should have already received notices from NY State of Health about this. Please review these notices carefully. Most of you will be eligible to enroll in a QHP through the NY State of Health. Most of you should also be eligible for reduced monthly premiums for these plans.

You may be able to enroll in a QHP that Mount Sinai Health System participates in. Please call your provider's office to find out which QHPs your provider is in network with. In general, Mount Sinai participates with the following QHPs:

- EmblemHealth Exchange Plans
- Fidelis Exchange/QHP Plans
- Healthfirst Exchange/QHP Plans
- MetroPlus*
- Oscar

*Note: Mount Sinai South Nassau does not participate in MetroPlus' network



You may qualify for financial assistance from Mount Sinai. You can learn more about our financial assistance policy [here](#).

We know these federal changes have put you in a difficult situation, and we want to help you as much as we can. To speak to someone at Mount Sinai for help with changing your health insurance coverage, please call us at 212-987-3100 and select the option for financial assistance. You may also visit our [website](#) for more information.