

COVID-19

Today's Update

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Calm • Focused • Ready

■ WHAT'S NEW:

New Rochelle in Westchester has become the epicenter and the largest area of infection in New York. Yesterday, Governor Andrew Cuomo sent the National Guard to New Rochelle to help distribute food and clean schools. The Governor also declared a “containment zone” in a one-mile area around the most infected areas, in an attempt to help slow infections.

■ WHAT'S KEY:

Mount Sinai has updated its travel policy to formally **ban any and all work-related international and domestic travel**. In addition, **any personal** travel outside of New York, New Jersey, Pennsylvania, and Connecticut will **require pre-approval** by managers. This ban goes into effect Monday, March 16, through April 30.

■ WHAT'S GOOD TO KNOW:

Smaller meetings of 20 or fewer people **should be held virtually and are only permitted face-to-face if they are essential**. Meetings of more than 20 people remain banned and should be canceled or held virtually.

