

COVID-19 Travel Policy



March 5, 2020

With COVID-19 continuing to spread around the world, it is important that we keep our faculty, students, employees, and families safe. While the risk remains low in the New York metropolitan region, other countries and regions have seen significant outbreaks.

This means that we must impose restrictions on travel to countries listed as Level 2 and Level 3 by the Centers for Disease Control and Prevention (CDC). As of today, these countries are China, Iran, Italy, Japan, and South Korea. But the list may change at any time, so please consult the [CDC list](#) for updates.

Effective immediately, here are the rules for travel to these countries:

- **Work-related travel** is prohibited to these countries, unless and until they are removed from the Level 2/3 list.
- **If you made work-related travel arrangements** through Amex Global, you can get help with canceling or rescheduling at **669-272-1447**.
- **If you travel for personal reasons** to any of these countries—or are currently on a trip to these countries—you must self-quarantine at home for 14 days upon your return.

- **If you are a student** and live in a Mount Sinai building, you may be required to cover the cost of self-quarantine.
- **If you are an employee**, you may be required to take paid time off (PTO) for the self-quarantine time.

Anyone who has traveled to or had a connecting flight or otherwise transited through any Level 2 or 3 countries within the past 14 days or who does so while this policy is in effect must contact the Employee or Student Health Services as follows:

- Employee Health Services: **212-824-7690** or MSHEHSProviders@mountsinai.org
- Student Health Services: **212-241-6023**

These restrictions may change with little notice as the COVID-19 situation evolves. Our recommendations will be guided by the CDC, the New York State Department of Health, and the New York City Department of Mental Health and Hygiene.

We recommend that you keep abreast of the [CDC's general recommendations](#) for COVID-19 as well as the list of restricted countries.

Thank you for your cooperation. We hope that we will be able to lift these restrictions soon.

