

Happy Mother's Day

May 8, 2020 Friday

It is our pleasure to celebrate Mount Sinai mothers on the front line who help make Mount Sinai great. Many mothers and caregivers among us were already stretched thin, balancing their work and home lives. During these trying and unprecedented times, moms continued to care for loved ones, facing new challenges every day, yet managed to take on significantly more responsibility by also caring for patients, conducting research, and keeping our Health System running. Mothers who made the difficult decision to separate from their families while on the front line weaned their babies early, read their toddlers books over video, and had virtual dance parties, game nights, and holiday dinners with their families. Others of us helped Mount Sinai moms by tutoring their children, running their errands, and providing emotional support.

Here's what's happening:

Local chalk artists will display messages of gratitude and honor outside our hospital sites on Saturday night. If you're onsite on Sunday or Monday, please enjoy the messages, take photos with them, and [share them with us](#).

The Office of Gender Equity [webpage](#) has a place for you to write a note in recognition of a mom you know who works within the Mount Sinai community, or a mom who has been one of your heroes. We'll share them on our page and on social media.

We hope to have other surprises throughout the week to show our community of moms how heroic and important they are to us and those around them.

Please join us in honoring Mount Sinai mothers and other caregivers.

Happy Mother's Day.

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