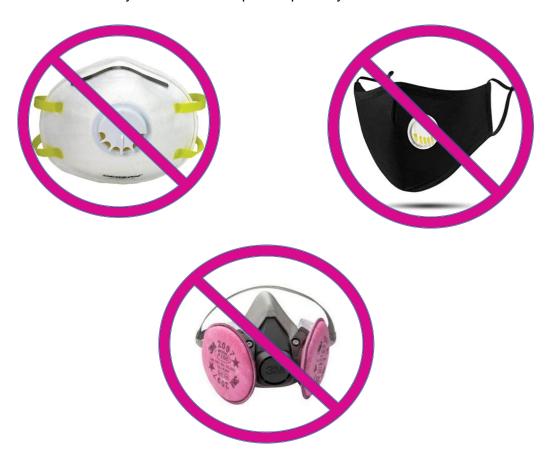# Proper Use of Face Coverings to Protect Our Patients and Each Other

To provide the best protection for yourself and others, please remember to comply with the below masking guidelines.

Face Coverings

⇨ Face coverings should be worn both at work and in public settings. This is true even if you have antibodies to COVID-19.

⇨ Wearing a proper face covering **over your nose and mouth** prevents the spread of droplets.

⇨ While at work, all staff should wear masks that are provided by the Mount Sinai Health System Supply Chain. These masks have been vetted by Infection Prevention.

⇨ Masks with exhalation valves and elastomeric respirators (i.e. P100s, half or full face piece respirators—see below for examples) should **NOT** be worn at work because they allow air to escape and possibly infect others.

If you have any questions you would like to escalate to the System, please email COVIDQuestions@mountsinai.org