



# COVID-19 Headlines

March 26, 2020

## ■ NEW WELL-BEING RESOURCES

In these challenging times, **your mental and physical well-being is more important than ever**. It is critical to help us meet the challenge of COVID-19. We have created a [new page](#) with a variety of staff resources — from basic needs like child care, to your mental health and spiritual needs — to support your well-being. Each of us should find the time to become familiar with what is there.

## ■ DRESS CODE CHANGES

It is now acceptable for **any staff or faculty member who will be wearing scrubs** during their time at work to wear appropriate casual clothes to and from work. Of course, clothing considered inappropriate for work should not be worn to work. Let's use our best judgment.

## ■ COVID PLASMA VOLUNTEERS

We are delighted that so many of you have volunteered to be tested for antibodies (immunity) to SARS-CoV-2, the virus that causes COVID-19. At this time, the highest priority is to identify potential plasma donors, whose antibodies can help severely ill COVID-19 patients in our hospitals. We hope that **anyone with a confirmed COVID-19 viral test at least 14 days ago who has completely recovered** will volunteer to be tested by emailing us at [COVIDSerumTesting@mountsinai.org](mailto:COVIDSerumTesting@mountsinai.org). At this time, we cannot test employees who had a cold or viral syndrome in the preceding weeks that was not confirmed as COVID-19.