

# COVID-19

## Today's Update

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Calm • Focused • Ready

### ■ WHAT'S NEW:

There are a handful of additional confirmed cases in our region. As with the flu, we can expect these numbers will continue to grow but we are prepared to handle and help those impacted.

### ■ WHAT'S KEY:

**Wash your hands every time you arrive home**, as soon as you enter. This simple and effective step can ensure that you and your family do their part to help avoid the spread of the disease.

### ■ WHAT'S GOOD TO KNOW:

We've [updated our travel policy](#). In accordance with the CDC, Mount Sinai is placing restrictions on work-related travel to countries listed as Level 2 and Level 3.

