

Providing the COVID-19 Vaccine To Mount Sinai Health System Employees

Updated 4-6-2021

As of now, in accordance with New York State Department of Health (DOH) guidelines, we are offering vaccination to all Mount Sinai faculty, staff, students, and trainees who work onsite in all facilities; voluntary physicians and their patient-facing staff; and employees who work remotely if they live in New York State and are 16 and over. If you are in one of these groups and have not yet scheduled your vaccination, please put your name on the waiting list [here](#). We recommend that you also try to schedule through the [New York State](#) or [New York City](#) websites.

We strongly encourage all eligible Mount Sinai Health System faculty, staff, trainees, and students to get the vaccine when they are offered. However, **it is not mandatory and will not affect your work assignment**. Vaccines will be provided at most Mount Sinai hospitals and will be given at no cost. If you have insurance, it may be billed but you will not be charged a copay or other fee.



We have created a website for staff to help answer questions you may have about the vaccine. For more information about the new COVID-19 vaccines, visit <https://www.mountsinai.org/about/covid19/vaccine-information> or **scan the QR code**.

Here are some useful points for you to consider:

- **These vaccines have been shown to work exceptionally well at protecting people from COVID-19. All three federally authorized vaccines have been shown to be nearly 100 percent effective at preventing hospitalization and death from COVID-19. The trials have included diverse populations and all populations have had good outcomes from the vaccine.**
- Like all vaccines, the COVID-19 vaccines can cause side effects. Common side effects include pain at the injection site, tiredness, headache, chills, joint pain, and fever. These side effects occur more frequently after the second dose, **are temporary, rarely interfere with daily activities, and often go away with over-the-counter pain medications.**
- **Pregnant and breastfeeding persons are encouraged to speak to their health care providers** about the potential benefit of vaccination, especially if they are a health care worker or an essential worker, or have underlying medical conditions.
- **Do not get the Pfizer, Moderna, or Johnson & Johnson COVID-19 vaccines if you have had a severe allergic reaction** (i.e., anaphylaxis) to vaccines or the components of that vaccine. If you have a history of severe medication allergies, please discuss with your health care provider.