Follow-Up Calls
A Transition of Care nurse will call you twice to check in with you after you leave the hospital. You will receive the first call a couple of days after discharge, and a second one about a week later to ensure your recovery is on track.

Text to Chat
Enroll with us by texting 646-647-1899. You will receive text messages from this number during your recovery period, which will invite you to chat with us about any questions or concerns you may have. We encourage you to engage in these text messages to support your safety and recovery.

Follow-Up Video Visits
We are taking extra steps to make it easier and safer for you to see your doctor. Therefore, the majority of the follow-up visits with our providers are being scheduled as video or telephonic visits. In order to complete your video visit you MUST have a MyChart account.

MyChart offers personalized and secure on-line access to manage and receive information about your health and is a gateway to communicating with your provider. Use the 10-digit activation code you were provided with to create an account. Then visit the MyChart signup page https://mychart.mountsinai.org/mychart/accesscheck.asp