Coronavirus (COVID-19)

Discharge Follow-Up Program



You are ready to leave the hospital. Our team is committed to caring for you.

Here is what you should expect for the next 21 days.

Follow-Up Calls

A Transition of Care nurse will call you twice to check in with you after you leave the hospital. You will receive the first call a couple of days after discharge, and a second one about a week later to ensure your recovery is on track.

MyChart offers personalized and secure on-line access to manage and receive information about your health and is a gateway to communicating with your provider. Use the 10-digit activation code you were provided with to create an account. Then visit the MyChart signup page https://mychart.mountsinai.org/ mychart/accesscheck.asp

Follow-Up Video Visits

We are taking extra steps to make it easier and safer for you to see your doctor. Therefore, the majority of the follow-up visits with our providers are being scheduled as video or telephonic visits. In order to complete your video visit you MUST have a MyChart account.

Plasma Donations

If you are age 18 to 65, have tested positive for SARS-CoV-2, and have fully recovered, you may be a candidate for plasma donation, which can help treat or prevent COVID-19 in others. Please scan the QR code to complete

our prescreening questionnaire.



For more information:

Email: SinaiPlasmaDonation@mountsinai.org Visit: mountsinai.org/SinaiPlasmaDonation



