# Mount Sinai SARS-CoV-2 Collection Kit Instructions



## Warning: Read All Instructions Before You Start

### **Saliva Collection Kit Contents**



#### How to Collect the Saliva Sample

Do not drink, eat, smoke, or chew gum 30 minutes before saliva collection. Do not use mouthwash or brush teeth 2 hours before saliva collection.



Please wash and dry, or sanitize, your hands.



Attach funnel, if you are using one to assist saliva collection.



Remove the saliva collection tube from the specimen bag.



Pool saliva in mouth then drool into the tube. Repeat as many times as necessary to collect required amount of saliva.



Unscrew tube cap and place the cap on a clean surface.



Please make sure you have filled the tube with enough saliva to test, about a half-inch to an inch high in the tube.



#### Mount Sinai SARS-CoV-2 Collection Kit Instructions continued



After collection, discard the funnel and close the tube tightly.



Wash and dry, or sanitize, your hands after capping the tube before re-packaging.

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On the enclosed card, write your name, life number, and the date and time you produced the saliva sample.



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At the time of your sample drop-off at EHS, **pick up a new kit** for the next week's test.

Within 12 hours of producing your saliva sample, deliver it at room temperature to the Mount Sinai SARS-CoV-2 collection kit drop-off at your EHS office.