HOW TO WASH YOUR HANDS THE RIGHT WAY

1. Wash with cold or warm water
2. Use liquid or bar soap, rub hands together
3. Lather the back of your hands
4. Between your fingers
5. Under your fingernails
6. Scrub for at least 20 seconds
7. Rinse with running water
8. Dry with clean towel or air dry

Mount Sinai