

Thursday, January 14, 2021

#HowWeHeal: National Day of Racial Healing

The Mount Sinai Health System acknowledges the fifth annual National Day of Racial Healing, recognized as the Tuesday following Martin Luther King, Jr Day.

On this day, we note the racial divide in our country and acknowledge that work must be done to heal the wounds created by racial, ethnic, and religious bias. In light of the last year's galvanizing protests for racial justice, both Martin Luther King, Jr Day—observed on Monday, January 18—and the National Day of Racial Healing present opportunities to actively listen to and stand in solidarity with marginalized communities as we work toward building an equitable and just society.

This year, the Mount Sinai will host a virtual Chats for Change on Tuesday, January 19, at 12 pm. During the event, Mount Sinai employees and community members will engage in a virtual dialogue to share truth, deepen relationships, and explore how we heal. Attendees will also learn about the Mount Sinai #HowWeHeal campaign.



For more information on the National Day of Racial Healing, [visit the Mount Sinai Health System events page](#). Click here to [register](#) for this special Chats for Change.

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