

# Annual Influenza Vaccine Is Available

September 14, 2020, Monday

It is especially important to get your flu shot this year.

The Centers for Disease Control and Prevention has recommended that all individuals six months of age or older be vaccinated by the end of October or earlier. One reason is that the flu can mimic signs and symptoms of COVID-19. Additionally, the flu vaccine will help prevent co-infection with both influenza and the COVID-19 virus, which can lead to worse outcomes. By getting vaccinated, you protect yourself, your family, and your patients.

Even if you are working from home, it is important to get vaccinated to protect yourself and your family. Below, you will find information about getting a flu shot while working from home.

Employee Health Services (EHS) will be providing the flu vaccine to all Mount Sinai Health System staff, including volunteers. There is no cost to staff and volunteers who receive their flu vaccine through EHS.

EHS will be providing flu vaccines at local places of distribution (PODs) across Mount Sinai campuses and at local EHS offices. To ensure appropriate physical distancing, **appointments are required at both the PODs and EHS.**

Click [here](#) to make an appointment. Upon receiving the vaccine, staff will receive a “21 FLU” sticker for their Mount Sinai ID badges.

If you are working from home, you are welcome to make an appointment at the EHS office closest to where you live. Flu vaccines are also available at your local pharmacy or primary care provider’s office. This may be a more convenient option for employees who do not live near a Mount Sinai campus. If you receive the flu vaccine at a non-EHS location (e.g. pharmacy, MD office, other site) you must submit written documentation to EHS which includes the date of the vaccination, where you received the vaccine, and who administered the vaccine. You can bring

the documentation or fax it to any EHS site; a list of locations and fax numbers can be found [here](#).

Below is a list of flu vaccine PODs by site for the next two weeks; an appointment is required and can be made by clicking [this link](#) (for appointments at 150 East 42nd Street, please call (646) 605-4700). The EHS [intranet site](#) and scheduling system will be updated with additional dates and times in the coming weeks.

### **Individual Site Flu Pods: September**

#### **Mount Sinai Brooklyn**

*Hospital Lobby*

Monday, September 14

Monday, September 21

7:45 am – 9:15 am

Tuesday, September 15

7:45 am – 9:15 am and 2:20 pm – 3:30pm

Wednesday, September 16

Wednesday, September 23

7:45 am – 9:15 am

Thursday, September 17

7:45 am – 9 am and 2:20 pm – 3:30pm

Tuesday, September 22

Thursday, September 24

2:20 pm – 3:30 pm

#### **Mount Sinai Beth Israel**

*2 Dazian Rotunda*

Tuesday, September 15

Monday, September 21

Wednesday, September 23

9 am – 11 am and 1 pm – 3 pm

*Podell Building*

Thursday, September 24

9 am – 11 am and 1 pm – 3 pm

**New York Eye and Ear Infirmary of Mount Sinai**

*310 East 14th Street, Extended Eye Clinic- Rooms (2) and (3)*

Thursday, September 24

10 am – 1 pm and 2 pm – 4pm

**The Blavatnik Family – Chelsea Medical Center at Mount Sinai**

*325 West 15th Street, Main Conference Room H-01*

Wednesday, September 16

9 am – 11 am and 1 pm – 3 pm

**The Mount Sinai Hospital**

*Guggenheim Pavilion Lobby*

Wednesday, September 16

Thursday, September 17

8 am – 4 pm

**Corporate Services Center, 150 East 42 Street**

*EHS Office, Fourth Floor*

By appointment only; call (646) 605-4700

**Mount Sinai Queens**

*Fourth Floor Conference Room*

Tuesday, September 15

9 am – 11:30 am and 3 pm – 5 pm

Wednesday, September 16

9 am – 11 am

Friday, September 18

12:30 pm – 2:30 pm

Monday, September 21

7 am – 9 am

Friday, September 25

2 pm – 4 pm

**Mount Sinai Queens**

*Tent A*

Wednesday, September 23

11 am – 1:30 pm

**Mount Sinai Morningside**

*1111 Amsterdam Avenue, Babcock Lobby*

Tuesday, September 15

Thursday, September 17

Tuesday, September 22

Thursday, September 24

8:15 am – 3:35 pm

**Mount Sinai West**

*1000 Tenth Avenue, Main Lobby*

Wednesday, September 16

Friday, September 18

Tuesday, September 22

Thursday, September 24

8:15 am – 3:35 pm

**Vicki LoPachin, MD, MBA**

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