

COVID-19 Health System Updates

April 8, 2020 Wednesday

The encouraging trend that we have seen over the past few days is continuing. The three-day hospitalization rate in New York State has flattened, and officials are beginning to see small decreases in the numbers of hospitalizations, ICU admissions, and daily intubations. I still remain measured in my optimism—as I believe we all should—but also deeply heartened. There is light at the end of the tunnel.

Now more than ever it is important to take whatever measures you can to pace yourselves. It can be hard to keep our energy up, and certainly sleep can be challenging at times like this. I hope you will take the time to visit the psychosocial support section of our COVID-19 Employee Resources website, [here](#).

We continue to meet with success in sourcing all the PPE and other supplies needed for this work. And we will never let down our guard in making sure that you have what you need and that your patients have what they need. It is for that reason that we maintain the enormous, ongoing daily efforts to ensure a sufficient supply at all our hospitals. We will be with you every step of the way, no matter what circumstances we face.

Governor Cuomo announced yesterday that the state now has about 90,000 beds available for patients, a major improvement from where we started in this outbreak. The Governor also signed an executive order allowing the state to redistribute essential supplies like ventilators and PPE to areas with the highest need—including our region. This is a welcome development. And we are meeting with more success in getting patients over to the Javits Center and the USNS Comfort.

As of yesterday afternoon, we had 1,982 COVID-19 positive patients in our hospitals. That included 412 patients in our ICUs. We had another 150 inpatients under investigation (PUIs).

Where to Send Your Ideas and Questions

As always, if you have questions or suggestions, you can get them to us at CovidQuestions@mountsinai.org. And the COVID-19 [Employee Resources website](#) is a rich source of information. Since we created it, it has been visited more than 100,000 times.

Final Thought

Václav Havel was a Czech playwright and former dissident who led his nation after the collapse of communism. He wrote:

“History is not something that takes place ‘elsewhere’; it takes place here; we all contribute to making it.”

Together, we are making history.

Vicki R. LoPachin, MD, MBA
Senior Vice President
Chief Medical Officer
Mount Sinai Health System