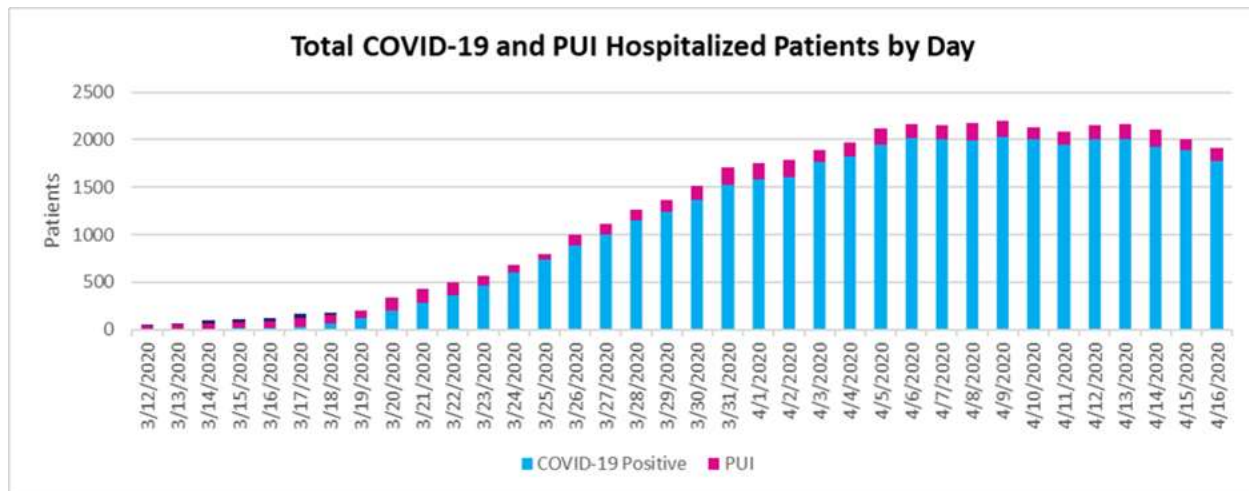


COVID-19 Health Systems Update

April 17, 2020 Friday

As of this morning, more than 2,800 patients with COVID-19 have been discharged from Mount Sinai hospitals. The work remains intense and exhausting, and death remains all too common. There is nothing easy about any of this. But the trends are moving in the right direction.

Here is a day-by-day graph of the number of patients with COVID-19, and those likely to have COVID-19, in our hospitals from March 12 through yesterday. After a very rapid increase, and then a sustained plateau, it is heartening to see us starting down the other side of this mountain.



Together we have saved thousands of lives. In the days to come, we will save many more.

As of yesterday afternoon, we had 1,733 COVID-19-positive patients in our hospitals. That included 431 patients in our ICUs. We had another 165 inpatients under investigation (PUIs).

Updates to the PPE Directory

We continue to meet with success in sourcing PPE. There are new gowns that will go into use. They have been evaluated by our infection prevention, life safety, and other clinical experts and validated as safe and effective. You can find them in the PPE directory [here](#).

The Governor's Executive Order on Masks

The Governor recently issued an executive order that all individuals wear a mask when in a public setting and not able to socially distance. We will be providing surgical masks to all staff for this purpose. For staff at clinical sites, please speak with your supervisor about obtaining a mask. Supervisors should communicate with Materials Management if they need additional

masks for their team. For all administrative sites, the Real Estate Division will contact each site lead and deliver masks for individual distribution. If you are not contacted or need more masks, please contact the real estate property manager assigned to your office location. If you have any additional questions please direct them to Jonathan Ciappetta, Director of Real Estate Compliance at Jonathan.Ciappetta@mountsinai.org.

Free Citi Bike Memberships for Mount Sinai Staff

Citi Bike launched a new program to offer a free one-month membership to all health care workers in New York City to ensure staff can safely and reliably reach their facilities. The offer is available to anyone who signs up by **April 30**. To sign up, go to citibikenyc.com/mountsinai, and enter code TYFHK1WC. The membership will include unlimited 45-minute rides on classic Citi Bike bicycles and e-bikes for 30 days from the date you finish signing up.

New Wellness Message

There is an important new [wellness letter](#) on the COVID-19 [employee resources website](#). It offers useful guidance on processing grief and loss.

Final Thought

Uroosa Ibrahim, MD, a member of our Mount Sinai family, wrote me recently about her experience being redeployed to assist in the COVID-19 response. I share this with her permission.

“Life's biggest lessons come with full force either making us stronger or breaking us into pieces. This one, even though it has shook us to the core of our beings, has made us stronger to deal with what remains of life. It has also made us focus more on where we are needed rather than what we need. All our efforts have been directed towards proving ourselves to be selfless beings earning gratification as well in the process. Kindness knows no limits, and we have proven so to each other.”

Kindness knows no limits, and we have proven so to each other.

A perfect ending to another week in this humanitarian mission of our lifetimes.

Vicki R. LoPachin, MD, MBA
Senior Vice President
Chief Medical Officer
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