



Five Things to Know About the COVID-19 Vaccines

The vaccines are our best form of protection.

As new variants spread across the world, vaccination—including booster shots—is more important than ever. It is the No. 1 way you can protect yourself and your loved ones. It is our best chance at ending this terrible pandemic.

Children six months and older should get vaccinated.

COVID-19 can make children very sick, and it can cause serious complications, including hospitalization and death. Protect your child by scheduling an appointment for the Pfizer vaccine.

Booster shots are available for everyone 16 years and older.

Getting a booster shot increases your protection against COVID-19. If it has been at least six months since you received your second dose of the Pfizer or Moderna vaccines, or at least two months since you received your Johnson & Johnson vaccine, it's time for your booster shot.

The vaccines are safe and effective.

Billions of people worldwide have now been vaccinated—people of all races and ethnicities. You may experience mild side effects immediately following vaccination. This is normal and expected. They should go away quickly, within a day or two.

Even if you've had COVID-19, you should still get vaccinated.

The vaccines will reduce your chance of becoming reinfected in the future. If you do get COVID-19 again, vaccination helps prevent serious illness, hospitalization, and death.

**To find a vaccine location
scan the QR codes to take
you to the link:**



**Mount Sinai
Health System
Sites**



**New York State
1-833-NYS-4-VAX
(1-833-697-4829)**



New York City

**To learn more about COVID-19
vaccines, scan this QR code:**

